

Quality Assurance: UHS gets top “W” rating by HEC

The Quality Assurance Agency (QAA) of Higher Education Commission (HEC), assesses the progress of the Quality Enhancement Cells (QECs) established in public and private sector Universities through quantitative/scorecard system. In this regard as per the latest quantitative assessment, QEC at UHS, headed by Dr Arif Rashid Khawaja, has obtained total score of 87.62 per cent and has been given top “W” rating by the HEC. The Director General, HEC-QAA, Dr Muhammad Rafiq Baloch has lauded the efforts of Dr Arif Rashid Khawaja for achieving the ‘objectives of strengthening the internal quality assurance processes’.

International Symposium at UHS

Family medicine key to primary healthcare: HEC head

Punjab Higher Education Commission’s chairman, Prof Dr Nizamuddin has said that as the country struggles to improve health care delivery, it is clear that primary care providers, especially family physicians, are key to a more effective system.

Inaugurating an international symposium on “Transforming healthcare through education, training and research in family medicine”, here at the University of Health Sciences (UHS), on March 27, Prof

Nizamuddin said that general practice or family medicine is the corner stone of primary health care.

He maintained that Family physicians integrated the biological, clinical, social and behavioral sciences to provide continuing and comprehensive health care.

“Unlike specialists, family medicine encompasses all ages, sexes, each organ system,

and every disease entity. Family physicians also pay special attention to their patients’ lives within the context of family and the community”, he added.

Punjab HEC Chairman emphasized the need of collecting fresh data with regards to health and promoting research in public health. He also called for revamping community medicine departments in medical colleges to promote preventive care concepts.

Former dean postgraduate medical education

of Cambridge University, Prof John Biggs, said that family medicine departments should be established in medical colleges and a separate cadre of teachers of family medicine be developed as per the direction of Pakistan Medical and Dental Council.

He quoted researchers that primary healthcare services in Pakistan, particularly in rural areas, were



Prof. John Biggs speaks at the inaugural session. Prof. Riaz Qureshi, Punjab HEC Chairman Prof. Dr. Nizamuddin, UHS Vice Chancellor Prof. Muhammad Aslam and Prof. Waris Qidiwai are present on the stage.

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UHS VC urges research scholars to stand out

University of Health Sciences' (UHS) Vice Chancellor Maj Gen (R) Prof Muhammad Aslam has said that science and Islam are compatible and our religion, history and legacy even spurs scientific innovation and discovery.

backwardness today lied not with our religious beliefs, but with socio-economical and political mishmash which was controlling independent thought.

Prof Aslam stressed the need of developing an urge to learn 'like a child who has been drawn to explore beyond the familiar streets of the

"Students should explore new ideas which might seem eminently illogical but at the same time intuitive and emotionally compelling"

neighborhood'.

He said that in our school days we recited the famous poem of Allama Iqbal daily without fail, but only few of us were able to understand its true meaning.

"It urges us to be the first or the best in

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Addressing to the newly admitted batch of MPhil scholars here at the University's Shams Auditorium on January 13, UHS VC said that roots of our scientific

Step towards semester system

UHS develops new curriculum for medical colleges

To provide students with a patient-centred and disease-focused medical education, and as a crucial step towards the introduction of semester or modular system in medical colleges, the University of Health Sciences (UHS) is developing a new integrated curriculum for MBBS programme.

To develop this integrated curriculum for MBBS in which the formal "class room" knowledge will be integrated with clinical experience, UHS has constituted 14 subject specialists committees, headed by senior academicians.

The committee for the subject of anatomy is headed by Prof Attiya Mubarik, physiology by Prof Hamid Javed Qureshi, biochemistry by Dr Nasreen Sharif, community medicine by Prof Musarrat Ramzan, pharmacology by Prof Mohammad Saeed Anwar, behavioural sciences by Dr Mowadat Hussain Rana, pathology by Dr Ghazala Jaffery, ENT by Prof. Najam-ul-Husnain, eye by Prof Nadeem Hafeez Butt, surgery by Prof Mehmood Ayyaz, medicine by Prof Sajid Nisar,

gynaecology by Dr Sohail K. Lodhi, paediatrics by Dr Humayun Iqbal Khan, and of forensic medicine by Dr Aamir Bashir. This team has been further strengthened by the presence of fifteen medical educationists.

UHS Department of Medical Education has organized a three-day training workshop for the



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Marketing of library products and services stressed

Libraries must change according to changing market conditions. Libraries need to achieve an imaginative design of service and products, and develop communication methods and a feedback



Ms. Saira Soroya facilitating the workshop.

mechanism to improve service.

These views were expressed President, Pakistan Librarians Welfare Organization (PLWO) – Punjab Branch, Sher Afzal Malik, in a workshop on “Marketing Library Products and Services”, here at University of Health Sciences(UHS), on March 14.

The librarians of various public and private sector organizations from Quetta, Rahim Yar Khan, Bahawalpur, Multan, Lahore, Gujranwala, Faisalabad, Sargodha and Rawalpindi attended the workshop.

President, Pakistan Library Association

(Balochistan), Abdul Baqi Jattak, who was the chief guest on the occasion, said as demands were becoming increasingly complex, a strong commitment to marketing provided a means for the library to remain viable.

The main facilitator of the workshop, Saira Soroya, Librarian, Institute of Agricultural Sciences,



Participants of the workshop.

Punjab University, Lahore, was of the view that the impact of the information technology and the adoption of the marketing approach would help improve services for users and enhance the reputation of library and information services and professionals.

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UHS research board's meetings

In the first quarter of the year, 97th, 98th and 99th meetings of Advanced Studies and Research Board of the University of Health Sciences (UHS) were held.

The board considered the thesis reports of Dr. Muhammad Kaleem Khan MPhil (Haematology), Dr. Sadia Akbar MPhil (Haematology), Dr. Afsheen Ahmed MPhil (Oral Biology), Dr. Munazza Ghazanfar MPhil (Pharmacology), Atif Adnan MPhil (Forensic Sciences), Dr. Saima Shahid M.D. (Dermatology), Dr. Iftikhar Ahmed M.S. (Urology), Dr. Attiqah Khalid MPhil (Physiology), Dr. Shaista Hussain MPhil (Physiology), Dr. Muhammad Javed Anjum M.S. (Neurosurgery), Dr. Muhammad Ali Usman M.S. (Orthopaedics), Dr. Azhar Qayyum PhD (Morbid Anatomy & Histopathology), Dr. Shamsa Ijaz MPhil (Anatomy), Dr. Shoaib Ahmed MPhil (Biochemistry), Dr. Zille-Huma MPhil (Microbiology), Mr. Ateeq Ashraf MPhil

(Human Genetics), Dr. Sabahat Fatima MPhil (Human Genetics), Dr. Kanwar Sajid Ali MPhil (Morbid Anatomy



& Histopathology), Dr. Nasim Aslam Ghumman MPhil

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Central Punjab ratio drops in medical colleges' admissions

The number of candidates from central Punjab region admitted to public sector medical colleges has dropped from 1882 (61.2 per cent) last year to 1795 (59.4 per cent) this year as compared to southern and northern regions of the province where the number of candidates securing admissions has increased considerably.

According to the statistics analysis done by the University, from southern Punjab region 1016 (33.6 per cent) candidates succeeded in getting admission in public sector medical college as compared to 945 (31.3 per cent) last year.

Similarly, the number of candidates from northern region of the province has increased from 195 (6.5 per cent) last year to 211 (7.0 per cent) this year.

The provincial capital has once again taken lead in the admissions; out of total 3022 candidates admitted this year in MBBS, the highest number 519 belongs to Lahore. However, this number was 594 last year.

Faisalabad falls in second and Multan in third place with 252 and 235 candidates respectively.

Surprisingly, the ratio of female and male students admitted this time remained exactly the same as that of last year. This year, like last time, 1937 (64.1 per cent) female and 1085 (35.9 per cent) male students remained successful in getting admission to 17 public sector medical colleges of the province.

For session 2014-15, a total of 45,156 candidates appeared in the entrance test conducted

by the University of Health Sciences (UHS). Last year, this number was 41,677.

Out of these, 19,231 (42.6 per cent) secured 60 per cent and above marks; 6377 (14.1 per cent) got marks between 50 to 59 per cent; 6395 (14.2 per cent) scored 40 to 49 per cent marks, and 13,153 (29.1 per cent) got less than 40 per cent marks.

Out of total 45,156 candidates, 30,575 (67.7 per cent) were female and 14,581 (32.3 per cent) male.

Majority of the candidates – 27,265 (60.4 per cent) – who appeared in the entrance test belonged to the central Punjab districts including Lahore. A total of 13,128 (29.1 per cent) appeared from southern Punjab districts and only 4763 (10.5 per cent) from northern Punjab.

As per the criteria set this year by UHS, only the candidates who had secured 82 per cent and above aggregate marks were eligible to apply for admissions. Merit was calculated according to the Pakistan Medical and Dental Council (PMDC) formula – 10 per cent matriculation marks, 40 per cent intermediate marks and 50 per cent entrance test marks.

The ratio of students admitted from some small districts, especially from southern Punjab, increased considerably. For example, from Muzaffargarh 135 candidates, Bahawalpur 114, Rahim Yar Khan 98, D.G. Khan 78, and from Layyah 56

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Appointed

Dr Saima Chaudhry has joined as Assistant Professor in the subject of Oral Pathology. Dr Saima is a graduate of de'Montmorency College of Dentistry Lahore. She did her PhD and Post DoC from Punjab University Lahore. She has earlier served at University of Lahore and Sheikh Zayed Federal Postgraduate Institute Lahore. Dr Saima has 24 publications to her credit till date with total impact factor of 14.273.



Dr Memona Yasmin has been appointed as Assistant Professor at the Department of Forensic Sciences. She has a PhD degree in Biotechnology from National Institute from Biotechnology and Genetic Engineering, Faisalabad. Dr Memona has been appointed under Interim Placement of Fresh PhDs (IPFP) Programme of Higher Education Commission.



Prof Ijaz Ahsan's textbook launched

The launching ceremony of The Textbook of Surgery (3rd Edition), by veteran surgeon and former principal of King Edward Medical College, Lahore, Prof Dr Ijaz Ahsan, was held here at the University of Health



(from left to right) CEO, Paramount Books, Iqbal S Muhammad, UHS Pro VC Prof. Junaid Sarfraz Khan, Prof. Ijaz Ahsan and Prof. Abdul Majeed Ch.

Sciences (UHS), on March 22.

The book, which has been published by Paramount Books Pvt. Ltd., is an introduction of surgery for undergraduate medical students and physicians. This text covers the general principles of surgical practice. Designed as an entry point into the broad field of surgery, it provides an overall perspective of all the major organ systems, while

updating readers with the latest imaging methods and biochemical investigations. Full colour figures accompany the cases discussed and photo quizzes check knowledge on specialist subjects. With unusual and intriguing illustrations, this book can be read easily, providing a fascinating introduction for the young student entering the surgical world.

Prof Dr Junaid Khan, UHS Pro-Vice



A large number of eminent surgeons and academicians attended the ceremony.

Chancellor, was the chief guest on the occasion. Principal, Lahore Medical and Dental College, Prof Dr Abdul Majeed Chaudhary and CEO, Paramount Books, Iqbal S Muhammad also spoke. A number of surgeons and academicians attended the ceremony.

Tajik Ambassador Calls on UHS VC

The Ambassador of the Republic of Tajikistan, Sher Ali S. Jononov, called on UHS VC Maj. Gen (R) Prof. Muhammad Aslam, at his office on March 31. UHS Pro-VC, Prof Junaid S. Khan was also present on the occasion.

The meeting discussed various issues of mutual interest. The ambassador expressed his desire for collaboration between medical institutes of Lahore and Dushanbe. He invited UHS VC to visit Avicenna Medical University Dushanbe.

UHS VC said that Pakistan enjoys brotherly relations with Tajikistan and he assured full support with regards to collaboration between the medical institutes of the two countries.



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228 CME/CDE activities held in first quarter of 2015

The University of Health Sciences (UHS) has been accredited by Pakistan Medical and Dental Council (PMDC) to award CME/CDE certificate to registered medical / dental doctors.

PMDC has developed standards and guidelines on use of CPD as a mandatory requirement under section 168 of PMDC (Amendment) Act 2012 for the renewal of license to practice. According to which:

“License to practice be given only to those medical/dental practitioners/ specialists who have completed at least 5 credit hours/years (for GPs) and 10 credit hours/year (for specialists) of training of CME. These trainings shall be conducted by recognized DAI/ professional bodies”

In this regard, a total of 228 CME/CDE activities were organized by UHS and other institutes who applied to the university for credit hours certification.



CME / CDE activities from 01-01-2015 to 31-03-2015

S. No.	Insitution	No. of Activities	Credit Hours
1.	Sheikh Zayed Medical College, Rahim Yar Khan.	18	36
2.	University of Health Sciences, Lahore.	18	22
3.	Allama Iqbal Medical College, Lahore.	15	19
4.	Islam Medical & Dental College, Sialkot.	12	24
5.	Punjab Medical College, Faisalabad.	11	16
6.	Shalamar Medical and Dental College, Lahore.	11	12
7.	Services Institute of Medical Sciences, Lahore.	10	20
8.	Association of Family Physicians of Pakistan.	8	8
9.	University Medical & Dental College, Faisalabad.	8	11
10.	Govt. Khawaja Muhammad Safdar Medical College, Sialkot.	8	10
11.	Quaid-e-Azam Medical College, Bahawalpur.	7	14
12.	Margalla Institute of Health Sciences, Rawalpindi.	7	13
13.	Institute of Public Health, Lahore.	7	7
14.	Sharif Medical & Dental College, Lahore.	7	11.5
15.	Avicenna Medical College, Lahore.	6	12
16.	Institute of Child Health, Children Hospital, Lahore.	6	11
17.	Gulab Devi Chest Hospital, Lahore.	6	4.5
18.	Shaikh Zayed Hospital, Lahore.	5	6.5
19.	PMA House, Pakistan Medical Association, Lahore.	4	4
20.	Gujranwala Medical College, Gujranwala.	4	2.5
21.	Spine Centre, Ghurki Trust Hospital, Lahore.	4	5
22.	Central Park Medical College, Lahore.	4	6
23.	Nishtar Medical College, Multan.	3	2.5
24.	Wah Medical College, Wah Cantt.	3	6
25.	ASPIRE Pakistan 2015: Hameed Latif Hospital, Lahore.	3	6
26.	Amna Inayat Medical College, Lahore.	3	3
27.	Independent Medical College, Faisalabad.	2	4
28.	FMH, College of Medicine & Dentistry, Lahore.	2	4
29.	Doctors Hospital and Medical Centre, Lahore.	2	4
30.	Nishtar Hospital, Multan.	2	2.5
31.	Farooq Hospital, West Wood Colony, Thokar Niaz Baig, Lahore.	2	2
32.	CMH, Lahore Medical College, Lahore.	2	2
33.	Pakistan Academy of Cerebral Palsy.	2	2
34.	Pakistan Glaucoma Association	2	4
35.	Lahore General Hospital, Lahore.	1	2
36.	Multan Medical & Dental College, Multan.	1	1
37.	Akhtar Saeed Medical College & Dental College, Lahore.	1	1
38.	ASPIRE Pakistan 2015: Rashid Latif Medical College, Lahore.	1	2
39.	ASPIRE Pakistan 2015: Services Hospital, Lahore.	1	1
40.	ASPIRE Pakistan 2015: Lahore Institute of Fertility & Endocrinology (LIFE)	1	2
41.	Nishtar Institute of Dentistry, Multan.	1	1
42.	Dera Ghazi Khan Medical College, D. G. Khan.	1	1.5
43.	Mohtarma Benazir Bhutto Shaheed Medical College, Mirpur, AJ&K.	1	2
44.	Medical Specialist Awan Clinic, Tehsil Chowk, Chakwal.	1	4
45.	Aziz Fatima Medical & Dental College, Faisalabad.	1	0.5
46.	Pakistan Academy of Family Physicians	1	1
47.	Sargodha Medical College, Sargodha.	1	1
48.	Skin Laser Center, Faisal Town, Lahore.	1	1
Total		228	338

Family Medicine...

Continued from Page 1....

in dismal state.

"If quality of care is not high on an agenda, a quality culture is not possible", Prof Biggs said recommending that an advisory group on family medicine be established which worked with the



Prof. Nizamuddin presenting shield to Dr. Usman Jawad. UHS VC Prof. Muhammad Aslam is also present.

government on raising quality of standards in primary care.

He also said that institutions such as UHS should have to play a role in the training of family physicians and there should be an agreement on a national curriculum, standards and assessment in this regard.

The distinguished professor at King Saud University, Riyadh, Saudi Arabia, Prof Riaz Qureshi, said that research shows that countries which emphasize primary care and family medicine have better health outcomes at lower costs.

He said that in UK, in case of common illness, 75 per cent people resorted to self-care, 22.5 per cent consulted family physicians and 2.5 per cent

went to hospitals.

UHS Vice Chancellor, Maj. Gen (R) Prof Muhammad Aslam, emphasized the need of learning lessons from the past and making collective efforts for the provision of training and education of family physicians.

UHS Family Medicine department's head and the organizing secretary of the symposium, Dr Usman Jawad, said that UHS aimed to bring all the stakeholder of family medicine in Pakistan under one roof to discuss various aspects of general practice and primary care.

UHS Pro-Vice Chancellor Prof Junaid Sarfraz Khan, Prof Waris Qidwai, Dr Sumera Badar, Dr Amina Ahmed, Dr Saima Iqbal, Dr Nasir Shah, Dr Marie Andradeas, Dr Noor Ahmed, Dr Hina Javed, Dr Basharat Ali, Dr Rukhsana Insari, Dr Usman Jawad,



Dr Shehryar Bhatti, Dr Mazhar ul Islam, Dr Tariq Mian, Dr Shahid Shahab, Dr Tariq Aziz and Dr Aftab Iqbal also spoke on the occasion.

UHS VC...

Continued from Page 2....

whatever we do; it wants us to stand out; and this behaviour is rooted in our genes", UHS VC expounded adding that students should explore new ideas which might seem eminently illogical but at the same time intuitive and emotionally compelling.

He also said that despite all odds, the interest of students in basic medical sciences was increasing as this year 550 applied for admission to MPhil programme as compared to 451 last year for just over 100 slots.

Library...

Continued from Page 3....

She added that library and information products and services are now being recognized as commodities that can be sold, exchanged, lent, and transmitted.

UHS librarian, Muhammad Asif Munir, said that by using social media libraries could promote their users, services, resources, events and communication.

UHS registrar, Dr. Asad Zaheer, distributed certificate among the participants of the workshop.



New Curriculum...

Continued from Page 2....

members of these committees which started on March 18. The workshop is being facilitated by the Dean, Quest International University, Perak, Malaysia, Prof Dr Alam Sher Malik. During the workshop, Prof Alam will review the submissions of each committee and integrate them into a five year modular calendar and time table.

UHS Pro-VC, Dr Junaid S. Khan, inaugurated the workshop. He said that the development of this integrated curriculum was only the first step towards meeting the World Federation for Medical Education standards for accreditation of the MBBS programme.

"The implementation of an integrated contextually relevant curriculum that puts emphasis on the development of self-directed life-long adult learning traits and focuses on experiential learning of skills, attitudes and concepts will require considerable logistics and human resources challenges to be met by all stakeholders", he added.

Dr Junaid said once a contextually relevant modular curriculum designed to meet the requirements of the Pakistani medical education and healthcare delivery system was available, further plans to build the capacity of all institutions across the length and breadth of Punjab could be formulated before implementing the curriculum.

He clarified that the curriculum would go through necessary approvals from various statutory bodies of the UHS before it could be implemented.

New Curriculum...

Continued from Page 12....

to maintain patient interests above physician self-interest. Professionalism, however, extended beyond interactions with patients, he added. Professionalism also involved the relationships between physicians and other health professionals. It should pervade all of activities in medicine, the veteran physician maintained.

Prof Maqbool Jafri said that professionalism embodied the relationship between medicine and society as it formed the basis of patient-physician trust. He added that medicine was a moral endeavor which demanded integrity, competence, and high ethical standards among other key attributes.

UHS Vice Chancellor Maj. Gen.(R) Prof Muhammad Aslam said that the university would keep on promoting positive activities among its students.

The in-charge of the project, UHS Pro-Vice Chancellor, Prof Junaid S. Khan, said that the basic objective was to examine and understand the development of concepts of professionalism across the learner's lifespan of students, trainees and faculty.

"We also want to understand the influence of environment, society, culture, education, parenting, in essence the social fabric, on the development of the medical professional identity", Prof Junaid expounded adding that it was first-of-its-kind project in the country.

Prof Junaid was of the view that there is a hidden wealth in reflective writing through narratives, which have promising potential for application in medical education. He urged medical students and faculty to take part in the activity.

Hundreds of medical student, senior faculty members and principals of affiliated colleges attended the event.

Admissions...

Continued from Page 9....

candidates got admission whereas from Islamabad only 46 candidates were able to secure admissions.

Gender-wise distribution of students admitted to various medical colleges this year is: King Edward Medical University, Lahore, 125 boys, 177 girls; Allama Iqbal Medical College, Lahore, 131 boys, 170 girls; Rawalpindi Medical College, Rawalpindi, 110 boys, 187 girls; Punjab Medical College, Faisalabad, 104 boys, 183 girls; Nishtar Medical College, Multan, 117 boys, 163 girls; Quaid-e-Azam Medical College, Bahawalpur, 88 boys, 185 girls; Services Institute of Medical Sciences, Lahore, 63 boys, 128 girls; Sheikh Zayed Medical College, Rahim Yar Khan, 48 boys, 78 girls; Ameer-ud-Din Medical College, Lahore, 44 boys, 56 girls; D.G. Khan Medical College, Dera Ghazi Khan, 33 boys, 67 girls; Gujranwala Medical College, Gujranwala, 27 boys, 73 girls; Sahiwal Medical College, Sahiwal, 33 boys, 67 girls; Khawaja Muhammad Safdar College, Sialkot, 30 boys, 70 girls; Shaikh Khalifa Bin Zayed Al Nahyan Medical & Dental College, Lahore, 52 boys, 38 girls; Nawaz Sharif Medical College, Gujrat, 28 boys, 62 girls; Sargodha Medical College, Sargodha, 20 boys, 59 girls. Whereas in Fatima Jinnah Medical College, Lahore, all 206 candidates admitted were girls.

GLIMPSSES - JAN TO MAR 2015



Symposium on Family Medicine (March 27)



Winners of first Project Professionalism Punjab competition - Amna Riaz, Ammara Aftab and Dr. Sara Khalid



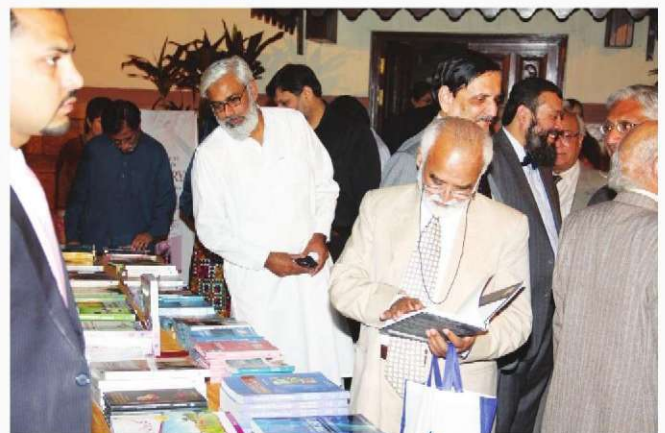
Prof. Junaid Sarfraz Khan presenting a shield to a participant



Construction work is at full swing at Kala Shah Kaku Campus.



Prize distribution ceremony of Project Professionalism Punjab (March 6).



A book fair organized on the campus (March 22).

Research Board...

Continued from Page 3....

(Morbidity Anatomy & Histopathology), Dr. Maleeha Ahmed MPhil (Science of Dental Materials), Dr. Sadia Minhas MPhil (Oral Pathology), Dr. Arslan Tayyab MPhil (Oral Pathology), Dr. Muhammad Abdul Raziq MPhil (Physiology), Dr. Attia Anwar MPhil (Pharmacology), Dr. Salman Bakhtiar MPhil (Pharmacology), Dr. Shams-ud-Din M.D. (Medicine), Dr. Muhammad Hamid M.D. (Medicine), Dr. Sheraz Anjum M.D. (Medicine), Dr. Saeed Ahmed M.D. (Paediatrics), Dr. Aamer-ud-Din M.S. (General Surgery), Dr. Bashir Ahmed M.S. (Neurosurgery), Dr. Faisal Feroze Rana M.S. (Neurosurgery), Dr. Ejaz Ahmad M.S. (Orthopaedics), Dr. Syed Rizwan ul Haq M.S. (Orthopaedics), Dr. Rahim Khan M.S. (Orthopaedics), Dr. Tariq Zaman M.S. (Orthopaedics), Dr. Yasir Iqbal M.S. (Orthopaedics), Dr. Usman Ahmad M.S. (Orthopaedics), Dr. Zuhair Bhatti M.S. (Orthopaedics), Dr. Syed Asim ali Bukhari M.S. (Urology), Dr. Iram Aftab MPhil (Haematology), Dr. Mahrukh Ghafoor MPhil (Microbiology), Dr. Tanveer Mustafa MPhil (Morbidity Anatomy & Histopathology), Dr. Zakia Wahid MPhil (Morbidity Anatomy & Histopathology), Dr. Ali Raza MPhil (Oral Pathology), Dr. Gul Nabi M.D. (Cardiology), Dr. Muhammad Saeed Afridi M.S. (Cardiac Surgery), Dr. Aqeel Moazzam M.S. (Orthopaedics), Dr. Muhammad Umer Ishaque M.S. (Orthopaedics), Dr. Kashif Ikram M.S. (Urology), Dr. Muhammad Azeem M.D. (Internal Medicine), Dr. Khizer Ghalib M.S. (Orthopaedics), Dr. Aneeqa Chughtai M.Phil (Anatomy), Shabbir Hussain M.Phil (Biochemistry), Dr. Rabia Saif M.Phil (Oral Pathology), Dr. Saima Bukhari M.Phil (Pharmacology), Dr. Shahzad Naveed Javaid M.S. (General Surgery) and Dr. Arbindra Shah M.D. (Radiology).

The following synopses were also considered for registration of students in various postgraduate courses:

"Effect of Moringa oleifera on Bisphenol A induced histological changes in the liver of adult albino rats" by Dr. Attiya Shahid M.Phil (Anatomy), "Comparison of molecular factors and first tooth eruption time in preterm and normal infants" by Dr. Naseem Akhter M.Phil (Oral Biology), "Comparison of estimated glomerular filtration rate by cystatin C and serum creatinine in burn patients" by Dr. Nabila Rauf M.Phil (Chemical Pathology), "Diagnosing acute pancreatitis with and without biliary obstruction with the help of

enzymatic markers" by Dr. Moazem Ali M.Phil (Chemical Pathology), "Determining of hereditary resemblances of lip prints among members of biological families" by Dr. Aftab Alam Tanoli M.Phil (Forensic Medicine & Toxicology), "Analysis of HMGB1, FASL, PTEN mRNA expression levels for determination of early postmortem interval" by Dr. Nasir Abbas M.Phil (Forensic Medicine & Toxicology), "Expression of C4d in different grades of astrocytomas" by Dr. Sana Tariq M.Phil (Morbidity Anatomy & Histopathology), "Expression of MMP 7 in human intervertebral disc degeneration" by Dr. Zubaria Rafique M.Phil (Morbidity Anatomy & Histopathology), "Hemostatic effect of Justicia adhatoda (Malabar Nut) leaf extract on drug-induced coagulopathy in mice" by Dr. Sehrish Zaffar M. Phil (Pharmacology), "Effect of extra virgin olive oil supplementation on serum levels of interleukin-1 β and immunoglobulin-E in childhood asthma" by Dr. Rabia Tariq M. Phil (Pharmacology), "Study the effect of 3 IU of oxytocin on uterine contraction and hemodynamics during elective caesarian section in spinal anesthesia" by Dr. Hina Mumtaz M.S. (Anaesthesia), "Outcome of distal femoral fractures with intraarticular extension treated with locking compression plate (Anatomical Plate)" by Dr. Sheikh Nadeem Roshan M.S. (Orthopaedics), "Effect of flax seed oil on lipofundin-induced hepatotoxicity in male albino rats" by Dr. Lubna Malik MPhil (Anatomy), "Effect of ethanolic extract of coconut (Cocos nucifera) on aspirin-induced gastric ulcer in albino rats" by Dr. Madiha Amjad MPhil (Anatomy), "Renoprotective effect of Spinacea oleracea extract on cyclosporine-A induced changes in renin aldosterone system of adult male albino rat" by Dr. Masooma Ahmad MPhil (Anatomy), "Protective effects of Nigella sativa on aspirin induced nephrotoxicity in albino rats" by Dr. Sania Asif MPhil (Anatomy), "Comparison of 3-dimensional microplate with conventional microplate and arch bar in the management of paediatric anterior mandibular fractures" by Dr. Muhammad Adnan Akram MDS (Oral & Maxillofacial Surgery), "Validation of Urdu translation of DREEM inventory at a local medical college in Lahore Pakistan" by Dr. Meher-un-Nisa MHPE, "Relative quantification of Intercellular Adhesion Molecule-1 (ICAM-1) and Vascular Endothelial Growth Factor-c (VEGF-c) in colorectal carcinoma" by Dr. Mujahid Habib M.Phil (Morbidity Anatomy & Histopathology), "Expression of Ki67, S100, CFA and Vimentin in adenoid cystic carcinoma and polymorphous low-grade adenocarcinoma of salivary gland" by Dr. Saima Umer M.Phil (Oral Pathology).

UHS launches “Project Professionalism Punjab”

The first prize distribution ceremony of the ‘Project Professionalism Punjab’ was held) on March 06.

Former principal of King Edward Medical College, Lahore, Prof Mahmood Ali Malik, and noted cardiologist from Karachi, Prof Dr Maqbool H. Jafri, distributed cash prizes among the winners. UHS has launched this novel project to foster medical

In this project, every month one caricature sequence, one photograph and one video is uploaded on UHS website (www.uhs.edu.pk). Medical students,

residents and faculty are invited to write a short story, on the basis of the uploaded content, reflecting their own personal similar experiences and commenting on the best practices in healthcare delivery across the globe and how they



“Project Professionalism Punjab is based on the idea of narrative writing to enhance self-reflection and empathy”

professionalism identity in medical students and health professionals. ‘Project Professionalism Punjab’ is based on the idea of narrative writing to enhance self-reflection and empathy, which opens the door for deeper understanding of patients’ and health professionals’ experiences of illness. Similarly, it

would have evolved.

These stories are then evaluated at the end of the month and the best story is awarded a cash prize. Besides, the top three stories are published on UHS website.

For the month of January 2015, the prize for best story on caricature sequence was won by Amna Riaz of Avicenna Medical College, Lahore, for picture story by Dr Sara Khalid Khan, and the prize for best story based on a video clip was given to Ammara Aftab of Avicenna Medical College, Lahore. They were given cash prize of Rs. 5000 each.

Addressing on this occasion, Prof Mahmood Ali Malik said that the core of professionalism comprised those attributes and behaviors that served

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