

# University of Health Sciences

## Harvard References Style

There are a number of systems for the citation of references. UHS expects students to use the alphabetical/name-date system, in a particular style, known as the Harvard style. In this, for a book, the author's surname and year of publication are cited in the text, e.g. (Bond, 2004) and a reference list (of these citations) is included at the end of the work, in alphabetical order by authorship with date. This reference list will also include the full details of the document.

- \* A **bibliography** lists relevant items that you have used in the preparation of the assignment but not necessarily cited in your text.

### CITING REFERENCES IN TEXT USING THE HARVARD SYSTEM

- \* When making reference to an author's work in your text, their name is followed by the year of publication of their work:

#### Examples:

##### Single Author

- \* Our results are similar to the published work of Lone (2012).
- \* Our results are similar to the published work (Lone, 2012).

##### Two Authors:

- \* Zaid (2004) and Bakr (2009) were of the opinion .....
- \* Further work by other authors (Zaid, 2004; Bakr, 2009) .....

##### Two, three or more authors for the same publication

###### \* Two Authors:

- \* It was discovered by Black and White (1999).
- \* This work has already been done (Arnold and William, 1992).

###### \* Three or more authors:

- \* Where there are several authors (more than two), only the first author should be used, followed by 'et al.' meaning "and others":

- \* *Et al.* is an **abbreviation** of the Latin loanphrase *et alii*, meaning “and others”. It is similar to *etc.* (short for *et cetera*, meaning “**and the rest**”), but whereas *etc.* applies to things, *et al.* applies to people.

**Therefore, et al., can be used in the following situations:**

- \* **Green et al. (1956) found that.....**
- \* **Recent research (Green et al., 2012) has found that.....**
- \* **This work has been reported by Green et al. (1978).**

**Several works by one author in different years:**

- \* **Work by Red (1996, 1999, 2004, 2010).....**
- \* **Lot of work is now available (Red, 1996, 1999, 2004, 2010).....**

**Several works by one author in the same year:**

- \* **Earlier work by Yellow (2007a) showed ....however, later studies (Yellow, 2007b, c).... OR (Yellow, 2007b, 2007c).... OR Yellow (2007b, c).**

**HOW AUTHORED BOOKS AND EDITED BOOKS ARE CITED**

- \* **For Authored Books**, use the title page (not the book cover because sometimes the book cover give the abridged title) for the reference details. Include the edition where it is not the first. A book with no edition statement is most commonly a first edition.
- \* The required elements for a book reference are:
- \* **Author, Initials. Year. Title of book. Edition. (include this if not the first edition) Place of publication (this must be a town or city, not a country): Publisher.**
- \* **Nelson, D.L. and Cox, M.M. 2008. Lehninger Principles of Biochemistry. 5<sup>th</sup> ed., New York, W.H. Freeman.**

**For More than 2 authors use et al. in the text and all authors in the reference list.**

**Sometimes, total pages are also included in the end. In such case they are included as:  
pp.1158**

**Edited Books**

- \* For books which are edited give the editor(s) surname(s) and initials, followed by ed. or eds. The required elements for a reference are:

- \* **Author, Initials. ed., Year. Title of book. Edition. Place: Publisher.**
- \* **Gore, A.C. ed., 2007. Endocrine-disrupting chemicals. Totowa, NJ: Humana press.**

### **Chapters of edited books**

- \* For chapters of edited books the required elements for a reference are:
- \* **Chapter author(s) surname(s) and initials. Year of chapter. Title of chapter followed by In: Book editor(s) initials and surnames with ed. or eds. after the last name. Year of book. Title of book. Place of publication: Publisher. Chapter number or first and last page numbers followed by full-stop.**
- \* **Adler, S.R., 2007. Cellular mechanisms of endocrine disruption. In: Gore, A.C. ed. Endocrine-disrupting chemicals. Totowa, NJ: Humana Press, pp. 111-134.**

### **Journal articles**

For journal articles the required elements for a reference are:

- \* **Author, Initials., Year. Title of article. Journal Title (italic and international abbreviation), Volume number (Bold), (Issue / Part number), Page numbers.**
- \* Shahid, A., Lone, K.P., Saeed, S. and Arslan, M., 2008. Male offspring of both diabetic parents have higher Insulin resistance and serum leptin levels compared to those with one diabetic parent. *Hormones*, **7**(4): 313-319.
- \* Nosadini, R., Avogaro, A., Doria, A., Fioretto, P., Trevisan, R. And Morocutti, A., 1989. Ketone body metabolism: a physiological and clinical overview. *Diabetes Metab. Rev.*, **5**: 299–319.

**Please Remember that the Journal Title Should be given in their Internationally recognized Abbreviation. Like:**

Journal of Medicine	<b>J. Med.,</b>
New England Journal of Medicine	<b>New Engl. J. Med.,</b>
Journal of Lipid Research	<b>J. Lipid Res.,</b>
Journal of Nutrition	<b>J. Nutr.,</b>
Japan Journal of Nursing Science	<b>Jpn. J. Nurs. Sci.,</b>
Journal of Advanced Zoology	<b>J. Adv. Zool.,</b>
Journal of Addictive Diseases	<b>J. Addict. Dis.,</b>

Journal of American College of Health	<b>J. Am. Coll. Health,</b>
Journal of Andrology	<b>J. Androl.,</b>
Journal of Bone and Joint Surgery	<b>J. Bone Joint Surg.,</b>
Journal of Cardiology	<b>J. Cardiol.,</b>

**\* Articles available on the internet**

\* For an article from a web based magazine or journal, which is freely available over the web, the required elements for a reference are:

\* **Authors, Initials., Year . Title of article, Full Title of Magazine, [online]. Available at: web address (quote the exact URL for the article) [Accessed date].**

\* **International osteoporosis foundation. (2009). The Asian Audit Epidemiology, costs and burden of osteoporosis in Asia 2009. [online] Available at: <<http://www.iofbonehealth.org/publications/asian-audit-2009.html>> [Accessed 24 June 2011].**

**\* Dissertations/Thesis**

\* The required elements for a reference are:

\* **Author, Year of publication. Title of dissertation. Level. Official name of University. (pages).**

\* **Butt, S.A., 2010. Effects of ultrasound on the ovary and pregnancy. Ph.D. thesis, University of Health sciences, Lahore. pp. 117.**

**\* Corporate authors and No Authors**

If the reference or work is by a recognized organization and has no personal author then it is usually cited under the body that commissioned the work. This applies to publications by associations, companies, government departments etc. such as Department of the Environment or Royal College of Nursing. You can give the names in standard abbreviations also.

**\* No Author Name Known or Given**

- \* **If the author cannot be identified use ‘Anonymous’ or ‘Anon.’ and the title of the work and date of publication. The title should be written in italics. Every effort should be made to establish the authorship if you intend to use this work as supporting evidence in an academic submission:**