

Community Medicine (SEQs and MCQs)

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1. CURRICULUM CONTENT

- Concept of Health and Disease
- Introduction to Public Health and Health Systems in Pakistan
- Epidemiology and disease control
- Biostatistics
- Demography and population dynamics
- Food and Nutrition
- Reproductive and Child Health
- Health of school children
- Environmental health
- Occupational health
- Arthropods and their public health importance
- Prevention and control of parasitic diseases of public health importance
- Snake bite, personal protection and management
- Mental health
- Behavioral sciences and lifestyle
- Information, education and communication
- Disaster preparedness and management
- Medical ethics

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2. THIRD PROFESSIONAL (M.B.B.S) THEORY PAPER (Total Marks : 135)

PART 1 (65 Marks)

65 MCQs (one best answer/one correct answer)

• Each carrying 1 mark

PART II (70 Marks)

14 SEQS

• Each carrying 5 marks

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3. VIVA (Total marks 70)

Topics and marks for Internal Examiner: 35 Marks

Topics		Marks
•	Introduction to Public Health and Health Systems in Pakistan	5
•	Reproductive and Child Health	8
•	Concept of Health and Disease	10
•	Demography and Population Dynamics	
•	Arthropods and their Public health importance	8
•	Prevention and control of Parasitic disease of Public health importance	
•	Snake bite, personal protection and management	
•	Behavioral Sciences and lifestyle	
•	Disaster preparedness and management	4
•	Medical Ethics / Mental Health	

Topics and marks for External Examiner: 35 Marks

Topics	Marks		
• Epidemiology and Disease Control	10		
• Biostatistics			
Food and Nutrition	10		
Environmental Health Sciences	10		
Occupational Health			
Health of school aged children	5		
Information, Education and communication			

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4. SPOTTING (30 Marks)

Identification of 10 specimens with relevant questions, each carrying 3 marks.

LIST OF SPECIMENS:

- Immunization
- Contraceptives
- Models: vectors, etc.
- Parasites
- Slides of common infectious diseases
- Short questions on prevention
- Anthropometric measures
- Simple calculations based on scenarios related to Community Medicine
- Sterilization and Disinfection
- Nutrition
- Pictures and diagrams

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5. <u>TABLE OF SPECIFICATIONS FOR THE MCQs EXAM.</u> Total marks allocated: 65

Total Questions: 65

Sr. #	Topics	C1	C2	Weighting	% of items and marks per content
1	Concept of heath and disease, natural history of the disease, levels of prevention, control, elimination, eradication and surveillance, Sterilization and Disinfection	v	√	3MCQs	5% (3 MCQs = 3 Marks)
2	Introduction to public health and health systems in Pakistan, primary health care, leadership and motivation, national and international health agencies	√	~	3 MCQs	5% (3 MCQs = 3 Marks)
3	Epidemiology 3.a General Epidemiology and research methodology, dynamics of infectious disease transmission	 ✓ 	~	5 MCQs	8% (5MCQs = 5 Marks)
	3.b: Epidemiology, control and prevention of communicable diseases,	✓	✓	4 MCQs	6% (4 MCQs = 4 Marks)
	3.c: Epidemiology, control and prevention of non communicable diseases	✓	✓	2 MCQs	$\frac{3\%}{(2 \text{ MCQs} = 2 \text{ Marks})}$
	3.d: Immunology	✓	√	5 MCQs	8% (5 MCQs = 5 Marks)
4	Biostatistics + HMIS	✓	~	4 MCQs	6% (4 MCQs =4 Marks)
5	Demography and Population dynamics	✓	✓	3 MCQs	5% (3 MCQs = 3 Marks)
6	Food and nutrition	✓	~	5 MCQs	8% (5 MCQs = 5 Marks)

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7	MCH + reproductive health + family planning	· ✓	√	6 MCQs	9% (6 MCQs = 6 Marks)
8	School health	~	~	3 MCQs	5% (3 MCQs = 3 Marks)
9	Environment 9.a: Air 9.b: Water 9.c: Radiation 9.d: Climate 9.e: Noise 9.f: Housing 9.g: Waste disposal	•	✓	6 MCQs	9% (6 MCQs = 6 Marks)
10	Occupational health	~	✓	4 MCQs	6% (4 MCQs = 4 Marks)
11	Entomology and arthropod bone diseases	~	✓	2 MCQs	3% (2 MCQs = 2 Marks)
12	Parasitology and parasitic diseases	✓	~	2 MCQs	$\frac{3\%}{(2 \text{ MCQs} = 2 \text{ Marks})}$
13	Snake bite	~	✓	1 MCQ	2% (1 MCQ = 1 Mark)
14	Mental health / Medical Ethics	~	✓	1 MCQ	2% (1 MCQ = 1 Mark)
15	 Behavioural sciences and life style 15.a: Drug abuse 15.b: Addiction 15.c: Smoking 15.d: Personal hygiene 15.e: Child abuse / Child labor 	•	•	4 MCQs	6% (4 MCQs = 4 Marks
16	Information, Education and Communication (IEC)	✓	✓	1 MCQ	$\frac{2\%}{(1 \text{ MCQ} = 1 \text{ Mark})}$

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17	Accidents / Disasters	 ✓ 	✓	1 MCQ	$\frac{1\%}{(1 \text{ MCQ} = 2 \text{ Mark})}$			
 6. <u>TABLE OF SPECIFICATIONS FOR THE SEQs EXAM.</u> <u>Total marks allocated:70</u> <u>Total questions : 14</u> Sr. Topics C1 C2 Weighting % of items and marks per 								
#					Content			
1	 Concept of heath and disease, natural history of the disease, levels of prevention, control, elimination, eradication and surveillance. 1.a: General Epidemiology and research methodology, dynamics of infectious disease transmission. 1.b: Epidemiology, control and prevention of Communicable and non communicable diseases 	•	✓	2 SEQs	14% (2 SEQs = 10 Marks)			
2	Introduction to public health and health systems in Pakistan, primary health care, leadership and motivation, national and international health agencies	~	√	1 SEQ	7% (1 SEQ = 5 Marks)			
3	Immunology	✓	~	1 SEQ	7% (1 SEQ= 5 Marks)			
4	Biostatistics / HMIS	✓	~	1 SEQ	7% (1 SEQ = 5 Marks)			
5	Demography and Population Control	✓	✓	1 SEQ	7% (1 SEQ = 5 Marks)			

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6	Food + Nutrition	~	✓	1 SEQ	7% (1 SEQ = 5 Marks)
7	MCH / Reproductive Health	~	~	1 SEQ	7% (1 SEQ = 5 Marks)
8	Environment 8.a: Air pollution 8.b: Water 8.c: Radiation 8.d: Housing 8.e: Waste disposal 8.f: Climate 8.g: Noise	✓	V	1 SEQ	7% (1 SEQ = 5 Marks)
9	Occupational Health	~	~	1 SEQ	7% (1 SEQ = 5 Marks)
10	Parasitology + Entomology + Snake Bite	~	~	1 SEQ	7% (1 SEQ = 5 Marks)
11	Mental health + Behavioral Sciences	✓	 ✓ 	1 SEQ	7% (1 SEQ = 5 Marks)
12	Dental Health / School Health / Health Education	~	~	1 SEQ	7% (1 SEQ = 5 Marks)
13	Accidents / Disasters	~	~	1 SEQ	7% (1 SEQ = 5 Marks)

7. <u>Recommended Text Books</u>

- Public Health and Community Medicine (Mohamed Iliyas Shah Ansari)
- Preventive and Social Medicine (J.E. Park)