

Community Medicine (SEQs and MCQs)

Table of Specifications

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1. CURRICULUM CONTENT

- Concept of Health and Disease
- Introduction to Public Health and Health Systems in Pakistan
- Epidemiology and disease control
- Biostatistics
- Demography and population dynamics
- Food and Nutrition
- Reproductive and Child Health
- Health of school children
- Environmental health
- Occupational health
- Arthropods and their public health importance
- Prevention and control of parasitic diseases of public health importance
- Snake bite, personal protection and management
- Mental health
- Behavioral sciences and lifestyle
- Information, education and communication
- Disaster preparedness and management
- Medical ethics

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2. THIRD PROFESSIONAL (M.B.B.S) THEORY PAPER (Total Marks : 135)

PART 1 (65 Marks)

65 MCQs (one best answer/one correct answer)

• Each carrying 1 mark

PART II (70 Marks)

14 SEQS

• Each carrying 5 marks

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3. VIVA (Total marks 70)

Topics and marks for Internal Examiner: 35 Marks

| Topics | | Marks |
|--------|---|-------|
| • | Introduction to Public Health and Health Systems in Pakistan | 5 |
| • | Reproductive and Child Health | 8 |
| • | Concept of Health and Disease | 10 |
| • | Demography and Population Dynamics | |
| • | Arthropods and their Public health importance | 8 |
| • | Prevention and control of Parasitic disease of Public health importance | |
| • | Snake bite, personal protection and management | |
| • | Behavioral Sciences and lifestyle | |
| • | Disaster preparedness and management | 4 |
| • | Medical Ethics / Mental Health | |

Topics and marks for External Examiner: 35 Marks

| Topics | Marks | | |
|--|-------|--|--|
| • Epidemiology and Disease Control | 10 | | |
| • Biostatistics | | | |
| Food and Nutrition | 10 | | |
| Environmental Health Sciences | 10 | | |
| Occupational Health | | | |
| Health of school aged children | 5 | | |
| Information, Education and communication | | | |

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4. SPOTTING (30 Marks)

Identification of 10 specimens with relevant questions, each carrying 3 marks.

LIST OF SPECIMENS:

- Immunization
- Contraceptives
- Models: vectors, etc.
- Parasites
- Slides of common infectious diseases
- Short questions on prevention
- Anthropometric measures
- Simple calculations based on scenarios related to Community Medicine
- Sterilization and Disinfection
- Nutrition
- Pictures and diagrams

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5. <u>TABLE OF SPECIFICATIONS FOR THE MCQs EXAM.</u> Total marks allocated: 65

Total Questions: 65

| Sr. # | Topics | C1 | C2 | Weighting | % of items and marks per content |
|----------|--|-----------------------|----------|-----------|--|
| 1 | Concept of heath and disease, natural history of the disease, levels of prevention, control, elimination, eradication and surveillance, Sterilization and Disinfection | v | √ | 3MCQs | 5% (3 MCQs = 3 Marks) |
| 2 | Introduction to public health and health systems in Pakistan, primary health care, leadership and motivation, national and international health agencies | √ | ~ | 3 MCQs | 5% (3 MCQs = 3 Marks) |
| 3 | Epidemiology 3.a General Epidemiology and research methodology, dynamics of infectious disease transmission | ✓ | ~ | 5 MCQs | 8% (5MCQs = 5 Marks) |
| | 3.b: Epidemiology, control and prevention of communicable diseases, | ✓ | ✓ | 4 MCQs | 6% (4 MCQs = 4 Marks) |
| | 3.c: Epidemiology, control and prevention of non communicable diseases | ✓ | ✓ | 2 MCQs | $\frac{3\%}{(2 \text{ MCQs} = 2 \text{ Marks})}$ |
| | 3.d: Immunology | ✓ | √ | 5 MCQs | 8% (5 MCQs = 5 Marks) |
| 4 | Biostatistics + HMIS | ✓ | ~ | 4 MCQs | 6% (4 MCQs =4 Marks) |
| 5 | Demography and Population dynamics | ✓ | ✓ | 3 MCQs | 5% (3 MCQs = 3 Marks) |
| 6 | Food and nutrition | ✓ | ~ | 5 MCQs | 8% (5 MCQs = 5 Marks) |

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|----|--|-------------|----------|--------|--|
| 7 | MCH + reproductive health + family planning | · ✓ | √ | 6 MCQs | 9% (6 MCQs = 6 Marks) |
| 8 | School health | ~ | ~ | 3 MCQs | 5% (3 MCQs = 3 Marks) |
| 9 | Environment 9.a: Air 9.b: Water 9.c: Radiation 9.d: Climate 9.e: Noise 9.f: Housing 9.g: Waste disposal | • | ✓ | 6 MCQs | 9% (6 MCQs = 6 Marks) |
| 10 | Occupational health | ~ | ✓ | 4 MCQs | 6% (4 MCQs = 4 Marks) |
| 11 | Entomology and arthropod bone diseases | ~ | ✓ | 2 MCQs | 3% (2 MCQs = 2 Marks) |
| 12 | Parasitology and parasitic diseases | ✓ | ~ | 2 MCQs | $\frac{3\%}{(2 \text{ MCQs} = 2 \text{ Marks})}$ |
| 13 | Snake bite | ~ | ✓ | 1 MCQ | 2% (1 MCQ = 1 Mark) |
| 14 | Mental health / Medical Ethics | ~ | ✓ | 1 MCQ | 2% (1 MCQ = 1 Mark) |
| 15 | Behavioural sciences and life style 15.a: Drug abuse 15.b: Addiction 15.c: Smoking 15.d: Personal hygiene 15.e: Child abuse / Child labor | • | • | 4 MCQs | 6% (4 MCQs = 4 Marks |
| 16 | Information, Education and Communication (IEC) | ✓ | ✓ | 1 MCQ | $\frac{2\%}{(1 \text{ MCQ} = 1 \text{ Mark})}$ |

| | MBBS Third I | | | | | | | |
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| 17 | Accidents / Disasters | ✓ | ✓ | 1 MCQ | $\frac{1\%}{(1 \text{ MCQ} = 2 \text{ Mark})}$ | | | |
| 6. <u>TABLE OF SPECIFICATIONS FOR THE SEQs EXAM.</u> <u>Total marks allocated:70</u> <u>Total questions : 14</u> Sr. Topics C1 C2 Weighting % of items and marks per | | | | | | | | |
| # | | | | | Content | | | |
| 1 | Concept of heath and disease, natural history of the disease, levels of prevention, control, elimination, eradication and surveillance. 1.a: General Epidemiology and research methodology, dynamics of infectious disease transmission. 1.b: Epidemiology, control and prevention of Communicable and non communicable diseases | • | ✓ | 2 SEQs | 14% (2 SEQs = 10 Marks) | | | |
| 2 | Introduction to public health and health systems in Pakistan, primary health care, leadership and motivation, national and international health agencies | ~ | √ | 1 SEQ | 7% (1 SEQ = 5 Marks) | | | |
| 3 | Immunology | ✓ | ~ | 1 SEQ | 7% (1 SEQ= 5 Marks) | | | |
| 4 | Biostatistics / HMIS | ✓ | ~ | 1 SEQ | 7% (1 SEQ = 5 Marks) | | | |
| 5 | Demography and Population Control | ✓ | ✓ | 1 SEQ | 7% (1 SEQ = 5 Marks) | | | |

| | MBBS Third Community Med | | | | |
|----|--|-------------|-----------------------|-------|-------------------------|
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| 6 | Food + Nutrition | ~ | ✓ | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 7 | MCH / Reproductive Health | ~ | ~ | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 8 | Environment 8.a: Air pollution 8.b: Water 8.c: Radiation 8.d: Housing 8.e: Waste disposal 8.f: Climate 8.g: Noise | ✓ | V | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 9 | Occupational Health | ~ | ~ | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 10 | Parasitology + Entomology + Snake Bite | ~ | ~ | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 11 | Mental health + Behavioral Sciences | ✓ | ✓ | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 12 | Dental Health / School Health / Health Education | ~ | ~ | 1 SEQ | 7% (1 SEQ = 5 Marks) |
| 13 | Accidents / Disasters | ~ | ~ | 1 SEQ | 7% (1 SEQ = 5 Marks) |

7. <u>Recommended Text Books</u>

- Public Health and Community Medicine (Mohamed Iliyas Shah Ansari)
- Preventive and Social Medicine (J.E. Park)