NOTIFICATION

The Syndicate has, in exercise of its powers under section 27 (1) of UHS Ordinance 2002, approved the Revised Syllabi, Table of Specifications and OSPE format for First Professional MBBS Part-I and Part-II Examinations, in the subjects of Anatomy including Histology, Physiology and Biochemistry, to be implemented with effect from the academic session 2013-2014 and onwards.

REGISTRAR

Dated: 13-12-2013

No. UHS/REG-13/3446

Copy forwarded for information to:

i. Principals/Heads of the Affiliated Medical Colleges for information of the Faculty and students
ii. Controller of Examinations
iii. Director (I.T.)
iv. PSO to Vice Chancellor
v. PS to Registrar

Encl. As above

REGISTRAR
SYLLABUS, ToS & OSPE

M.B.B.S.

FIRST PROFESSIONAL

PART-II

ANATOMY INCLUDING
HISTOLOGY
“NEURO AND GROSS ANATOMY”

The study of gross anatomy must lay emphasis on applied anatomy as related to clinical medicine and surgery. For teaching, actual dissection of cadaver, dissected specimens, models, and computer aided programs shall be used. Normal images of different diagnosis techniques i.e. X-rays and CT scans, MRI and Ultra-sonography shall also be introduced.

The time for dissection of the cadaver for each region is as under:

1. **Neuroanatomy including Brain and Spinal cord** 09 weeks
2. **Head and Neck** 13 weeks
3. **Abdomen and Pelvis** 13 weeks

**NEUROANATOMY COURSE OBJECTIVES**

After the end of the course, the students are able to:

1. Define, enumerate and describe the structure and functions of receptors.
2. Define and describe motor end plates and their functions.
3. Understand and describe the meninges of brain and spinal cord.
4. Describe subdural and subarachnoid spaces including subarachnoid cisterns.
5. Understand and describe internal structure of spinal cord at different levels:
6. Understand and describe ascending and descending tracts of spinal cord, their functions and effects of their lesions.
7. Understand and describe internal structure of medulla oblongata.
8. Comprehend and describe the internal structure of pons.
9. Understand and describe internal structure of mid brain.
10. Comprehend and describe the surfaces of cerebral hemisphere, its lobes, their sulci and gyri.
11. Locate, identify and describe functions of different functional areas of the brain.
12. Locate, identify and describe different types of projection and association fibres of brain and their functions.
13. Identify, locate and describe hypothalamus, its nuclei and their connection and functions.
14. Identify, locate and describe thalamus, its nuclei and their connection and functions.
15. Identify, locate and describe metathalamus and its connections and functions.
16. Understand and describe the ventricular system of the brain.
17. Comprehend and describe production and circulation of CSF and clinical conditions associated with it.
18. Comprehend, describe and discuss blood supply of the brain and spinal cord and the effect of hemorrhagic and thrombotic lesions.
19. Describe intra cranial course of cranial nerves and their applied aspects.
20. Identify, locate and describe cranial nerves nuclei and their connection and functions.
21. Understand and describe different lobes of cerebellum, its white and grey substances including the deep cerebellar nuclei.
22. Understand afferent and efferent connections of cerebellum and correlated these to its functions.
23. Understand and describe the signs and symptoms of cerebellum disease with logical explanation.
24. **Understand and describe clinical conditions related to nervous system.**
25. Comprehend and understand neuroanatomical basis of the following:
   a) Hemiplegia / hemiperesis.
   b) Upper motor and lower motor neuron lesions.
   c) Parkinsonism
   d) Syringomyelia.
   e) Hemi-section / complete section of spinal cord.
   f) Cerebellar ataxia
   g) Other clinical conditions

“HEAD AND NECK COURSE OBJECTIVES”

On completion of the course of Head and Neck, the students are able to:

1. Describe mandible and different normae of the articulated skull.
2. Identify individual bones of the skull, their parts with important features.
3. Give post-natal growth changes in skull and face.
4. Comprehend cranial fossae, identify the foramina of the skull base and the structures passing through them.
5. Understand the vertebral column as a whole including sacrum and coccyx; describe regional features of the vertebrae, intervertebral joints, the movements thereof, and **comprehend clinical problems of the region.**
6. Identify, comprehend and describe cervical vertebrae, and the joints of the region i.e. temporo-mandibular, intervertebral, and cranio-vertebral. (**cricothyroid and crico-arytenoid joints**).
7. Identify and describe important muscles of the region i.e. muscles of: Facial expression, Mastication, prevertebral, postvertebral, infra and suprathyroid, suboccipital, tongue and palate; (**pharynx, and larynx**) **comprehend their actions nerve supply, effect of injury to them and clinical tests applied for diagnosis.**
8. Name and identify muscles of the floor of the mouth, sternocleidomastoid, trapezius, levator scapulae, and describe their origin, insertion, nerve supply, actions, important relations and effects of injury to their nerves and clinical tests to diagnose the nature of injury.
9. Identify and describe important arteries of the region, their branches and distribution i.e. subclavian, common, internal and external carotid arteries.
10. Comprehend clinical importance related to the arteries of head and neck and their branches.
11. Identify subclavian, internal, external, and anterior Jugular veins, give their course, relationship, tributaries and clinical importance.
12. Identify and describe cranial venous sinuses and give their clinical significance.
13. Locate, identify and enlist the regional lymph nodes and describe the scheme of lymphatic drainage of the region.
14. Understand and describe the course and distribution of the cervical spinal and cranial nerves; comprehend formation of Cervical and Brachial plexuses, describe their branches and distribution.
15. Understand and describe clinical conditions related to the nerve plexuses and their clinical manifestations.
16. Comprehend, understand and clearly describe the effects of injuries to different nerves and their clinical tests.
17. Identify sympathetic trunk and describe the scheme of sympathetic and parasympathetic innervations of the region, including the four parasympathetic ganglia, their roots, branches and distribution along with the clinical and applied anatomy.
18. Identify and describe the boundaries, contents and subdivisions of the anterior and posterior triangles of the neck.
19. Understand and describe the superficial and deep fasciae of the region and correlate different fascial planes to their clinical importance.
20. Identify and describe the viscera of the region i.e. salivary, thyroid, parathyroid glands, trachea and esophagus, and describe their anatomy and its applied aspects correctly.
21. Identify the anatomical features of the oral cavity, tongue, cheek, lips, gums and teeth, and describe these in detail with particular emphasis on their clinical applications.
22. Understand and describe the anatomy of the scalp, orbital and cranial cavities, their contents including meninges with highlights on important clinical aspects.
23. Understand and describe the anatomy of the nasal cavity, Para nasal sinuses, eye ball and external, middle and internal ear along with the clinical aspects.
24. Understand and describe the anatomy of pharynx, its muscles, their nerve supply and actions; clinical and applied aspects of pharynx.
25. Comprehend and describe the anatomy of larynx, its joints, muscles, their nerve supply and actions; clinical conditions related to the organ.
26. Correlate the anatomical information of the region to their clinical applications.
27. Interpret normal radiographs, CT Scans, MRI, and Ultrasound images.

Additional Clinical Correlates

Cranial nerves distributions and lesions, dislocation of temporomandibular and intervertebral joints, scalp wounds, danger area of face, Little’s area, Horner’s syndrome, cavernous sinus thrombosis, intracranial hemorrhages, tracheostomy, mumps, sinusitis and retropharyngeal abscess, lymph nodes and lymphatic drainage of head and neck and, different conditions associated with lymphatics. Important muscles of head and neck their functions and effect of their nerve lesions.
“COURSE OBJECTIVES OF ABDOMEN AND PELVIS”

On completion of the Gross Anatomy of Abdomen and Pelvis, the students are able to:

1. Develop a sound understanding of the topographic anatomy of the regions.
2. Mark the regions of the abdomen on the surface of the body.
3. Mark the important abdominal and pelvic viscera on the surface of the body.
4. Understand the importance of percussion notes in eliciting the extent of resonant and non-resonant viscera and their clinical importance.
5. Give a description of the Anatomy of the anterolateral and posterior abdominal walls.
6. Understand and give clear description of inguinal canal, different varieties of external hernias and their complications.
7. Understand the peritoneum, peritoneal cavity and possible sites of internal hernias along with their clinical features.
8. Comprehend, understand and describe the abdomino-pelvic fasciae and their clinical importance.
9. Give a precise account of the Anatomy of abdominal and pelvic viscera, muscles, nerves and blood vessels of the regions and correlate anatomical information to common clinical conditions.
10. Understand the clinical effects and apply clinical tests to verify injuries to different nerves of the region.
11. Develop clear concepts of anatomy of normal male and female pelvises, and differences between them.
12. Understand the dimensions of the normal and contracted adult female pelvis and their clinical importance in the mechanism of delivery.
13. Understand the anatomy of the perineal region in both male and female and comprehend the anatomical basis of clinical conditions of the area.
14. Understand anatomical basis of possible birth injuries to the mother in difficult labor and the clinical conditions produced thereafter.
15. Understand the scheme of the regional lymphatic drainage and lymph nodes.
16. Comprehend normal radiological anatomy of the region, CT Scans, MRI, Ultrasound and, other diagnostic techniques.

Additional Clinical Correlates

Portosystemic anastomosis, spread of carcinoma stomach, duodenal and peptic ulcer, appendicitis, hemorrhoids, anal fistula, anterior abdominal wall hernias, abdominal incisions, varicocele, hydrocoele, benign prostatic hyperplasia and carcinoma of prostate and uterus prolapse.
“SYSTEMIC HISTOLOGY”

At the end of the course, the students are able to:

**Digestive System:**
1. Name and describe the epithelium lining the oral cavity, tongue, gums, hard and soft palate, pharynx and lips and, explain the histology of tongue.
2. Understand and describe the histological structure of oesophagus, stomach, small intestine, large intestine, appendix and anal canal; explain the change in structure of their epithelium in relations to the function.
3. Comprehend and describe the histological structure and functions of salivary glands.
4. Understand and describe the histological structure and functions of Liver, Pancreas and Gall Bladder.

**Urinary System:**
Comprehend and describe the histological structure of kidney, ureter and urinary bladder, and their functions.

**Male Reproductive System:**
Comprehend and describe histological structure of testis, epididymis, vas deferens, seminal vesicle and prostate, and relate it to their functions.

**Female Reproductive System:**
Understand and describe histological structure of ovaries, fallopian tube, uterus and vagina, and explained their functions related to their structure.

**Endocrine System:**
Understand and describe the histological structure and functions of the following glands:
1. Pituitary
2. Thyroid
3. Parathyroid
4. Adrenal
5. Islets of Langerhans.

**Eye and Ear:**
1. Understand and describe the histological structure of eyeball with emphasis on cornea and retina, and give their functions related to their structure.
2. Comprehend and describe the Membranous Labyrinth and give the histological structure of different parts; correlate their functions to the structure.

**Nervous System:**
Understand and describe the histological structure of spinal cord, cerebellum and cerebrum and correlate it to the functions.

**Identify, draw and label light microscopic structures of above mentioned tissues.**
At the end of the course, the students are able to:

**Head and Neck:**
1. Understand and describe the development and derivatives of pharyngeal apparatus (arch, cleft, pouch and membrane).
2. Comprehend and describe the development of tongue.
3. Describe the development of thyroid gland.
4. Understand and describe the development of pituitary gland.
5. Comprehend and describe the development of face and palate.
6. **Understand different congenital malformations of the region.**

**Digestive System, Body Cavities and Diaphragm:**
1. Understand and discuss the development of the body cavities, mesenteries and diaphragm.
2. Comprehend and describe the development of gastrointestinal tract (fore-gut, mid-gut and hind-gut).
3. Understand and describe the development of liver, pancreas and gall bladder.
4. Understand and describe the development of spleen.
5. **Understand different congenital malformations of the region.**

**Respiratory System:**
Comprehend and describe the development of upper and lower respiratory passages, and give their congenital anomalies.

**Cardiovascular System:**
1. Describe the development of heart, aortic arches, aorta, superior and inferior vena cavae and portal vein.
2. Describe the foetal circulation and changes at birth.
3. Understand and describe the congenital anomalies of cardiovascular system.

**Urinary System:**
1. Comprehend and describe the development of kidneys, ureters, urinary bladder and urethra, and their congenital malformations.

**Reproductive System:**
1. Understand and describe the development of testes, epididymis, vas deferens, seminal vesicles and prostate.
2. Comprehend and describe the development of the ovaries, uterus and vagina.
3. Describe the development of external genital organs.
4. **Comprehend and describe congenital abnormalities of the regions.**

**Nervous System:**
1. Name different brain vesicles, comprehend and describe their derivatives.
2. Understand and describe the development of spinal cord.
3. Comprehend and describe the derivatives of neural crest.
4. Understand and describe congenital abnormalities of the nervous system.

**Ear:**

1. Understand and describe the development of external, middle and internal ear.
2. Describe congenital abnormalities of the region.

**Eye:**

1. Comprehend and describe the development of lacrimal apparatus, eyeball and their congenital abnormalities.

**RECOMMENDED BOOKS**

3. The Developing Human. Clinically Oriented Embryology by Keith L. Moore, 6th Ed.
4. Medical Histology by Prof. Laiq Hussain Siddiqui.

**REFERENCE BOOKS**

2. Clinical Anatomy for Medical Students by Richard S.Snell.
3. Clinical Anatomy by R.J. Last, Latest Ed.
4. Wheater’s Functional Histology by Young and Heath, Latest Ed.
5. Langman’s embryology
MBBS 1\textsuperscript{st} Professional Part (II) OSPE

Gross Anatomy, Radiological Anatomy & Embryology:

**Gross Anatomy**

1. Total No. of stations 12, each station will have 02 marks and 04 spots of identification.
2. Each station shall be given 1.5 min.
3. Total marks shall be 24.

**Time per station: 1.5 minutes (18 minutes)**

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<th>Sr.No</th>
<th>Region/ Area</th>
<th>Station No.</th>
<th>No. of Spots</th>
<th>Marks Each spot</th>
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<td></td>
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**Arrangement of OSPE in Histology:**

1. Histology Practical Examination shall also be used to cover nearly all areas of the subjects.
2. Histology long slide and Viva shall be arranged simultaneously on the same day.

**Histology OSPE and VIVA (Total Marks 20)**

There shall be 10 slides fixed on 10 microscopes.

1. They will move from one to the next slide in a predetermined direction.
2. For each station one minute shall be given, students will give point/points of identifications for each slide
   (Annexure B).
3. Total number of identifications spots 10
   a. Each spot will be given 01 mark (0.5 marks for identification and 2 points of identification, 0.25 marks each)
   b. Total marks allocated shall be 10
4. Time consumed shall be 10 min.
Long Slide (Total Marks 10):

5. Time: 15 minutes will be given for
   Identification  1 mark
   Drawing  1 mark
   Labeling  1 mark

Interactive Examination Long Slide: 7 marks

ANATOMY STRUCTURED VIVA

The following areas shall be examined; the questions are framed with emphasis on those areas which are not easily evaluated in theory examinations. Course segments, the marks allocation and number of questions for each are given as under:

<table>
<thead>
<tr>
<th>Sr. #</th>
<th>Course Area</th>
<th>Marks allocated</th>
<th>Minimum Number of Questions</th>
</tr>
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<td>1.</td>
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<td>2.</td>
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<tr>
<td>3.</td>
<td>Brain &amp; Spinal cord</td>
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<tr>
<td>6.</td>
<td>Special Embryology</td>
<td>10</td>
<td>02</td>
</tr>
<tr>
<td>Total</td>
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</table>

Note: Materials for the examination shall be the responsibility of the Department/ College which should be put in place well before the time of the examination. Examination space and facilities shall be evaluated by the external examiner who will make sure that the movements of the candidate are well organized to maintain the transparency of the procedure.
Identification Points for Histology Slides for 2\textsuperscript{nd} Year MBBS Class

**DISGESTIVE SYSTEM**

1. **Tongue:**
   a) Lingual papillae of various types
   b) Skeletal muscle fibres

2. **Esophagus:**
   a) Stratified squamous non-keratinized epithelium
   b) Submucosal glands

3. **Stomach Fundus & Body:**
   a) Shallow gastric pits
   b) Gastric glands containing chief cells and parietal cells

4. **Stomach-Pylorus:**
   a) Deep gastric pits
   b) Pyloric glands lined mostly by mucous cells

5. **Duodenum:**
   a) Leaf shaped villi
   b) Brunner's glands (submucosal glands)

6. **Jejunum:**
   a) Tall rounded villi / finger like villi
   b) Crypts of Leiberkuhn in lamina propria
   c) Muscularis externa / inner circular outer longitudinal

7. **Ileum:**
   a) Club-shaped villi
   b) Peyer’s patches

8. **Colon:**
   a) Simple columnar epithelium with abundant goblet cells
   b) Villi are absent
9. **Appendix:**
   a) Star-shaped lumen 
   b) Prominent lymph nodules in lamina propria

10. **Rectum:**
    a) Rectal folds lined by simple columnar epithelium with abundant goblet cells 
    b) Muscularis mucosa & submucosa extending into the rectal folds

11. **Parotid Gland:**
    a) All serous acini 
    b) Striated / intercalated / interlobular ducts

12. **Sublingual Gland:**
    a) Predominant mucous acini and few serous acini 
    b) Few serous demilunes 
    c) Very few intercalated ducts 

13. **Submandibular Gland:**
    a) Predominant serous acini 
    b) Many serous demilunes

14. **Pancreas:**
    a) Serous acini 
    b) Islets of Langerhans

15. **Liver:**
    a) Cords of hepatocytes radiating from the central vein 
    b) Hepatic sinusoids 
    c) Portal triad

16. **Gall Bladder:**
    a) Mucosal folds lined by simple tall columnar epithelium 
    b) Fibromuscular layer outer to mucosa
URINARY SYSTEM

17. **Kidney:**
   a) Renal corpuscles
   b) Sections of proximal and distal convoluted tubules

18. **Ureter:**
   a) Transitional epithelium
   b) Star shaped small lumen
   c) Inner longitudinal & outer circular smooth muscle layers

19. **Urinary Bladder:**
   a) Transitional epithelium
   b) A thick smooth muscle coat

20. **Testis:**
   a) Seminiferous tubules lined by spermatogenous cells and sertoli cells
   b) Groups of Leydig cells in the intertubular connective tissue

21. **Ductus Epididymis:**
   a) Pseudostratified columnar epithelium with stereocilia
   b) Numerous cut sections of the duct

22. **Ductus Deferens:**
   a) Pseudostratified columnar epithelium with stereocilia
   b) Thick muscularis externa with 3 layers of smooth muscle fibres

23. **Seminal Vesicles:**
   a) Pseudostratified columnar epithelium
   b) Highly convoluted lumen with crypts and cavities

24. **Prostate:**
   a) Glandular acini containing corpora amylacea
   b) Fibromuscular stroma in between the acini

25. **Ovary:**
   a) Outer surface covered by simple cuboidal epithelium
   b) Ovarian follicles in various stages of development in cortex
26. **Fallopian Tubes:**
   a) Simple columnar ciliated epithelium
   b) Very prominent mucosal folds

27. **Uterus: (in proliferative phase)**
   a) Endometrium with simple columnar epithelium
   b) Simple tubular glands in lamina propria

28. **Vagina:**
   a) Stratified squamous non-keratinized epithelium
   b) No glands  
   c) Thick muscular layer

29. **Mammary glands-inactive state:**
   a) Lobules and abundant inter lobular connective tissue
   b) Cord like tubules lined by simple cuboidal epithelium

30. **Mammary gland (lactation state):**
   a) Alveoli of various sizes and shapes containing secretions
   b) Scanty connective tissue stroma

31. **Thyroid gland:**
   a) Follicles lined by simple cuboidal epithelium
   b) Colloid in follicles
   c) Parafollicular cells

32. **Parathyroid gland:**
   a) Anastomosing cords of chief cells
   b) Oxyphil cells

33. **Pituitary gland:**
   a) Chromophiles and chromoprophiles
   b) Acidophils and basophils

34. **Adrenal gland:**
   a) Three zones of cortex (Zona glomerulosa, fasciculata and reticularis)
   b) Medulla with irregular cords of chromaffin cells and sinusoids
SPECIAL SENSES

35. **Eye Lid:**
   a) Thin skin with hair follicles
   b) Tarsal plate containing tarsal glands

36. **Cornea:**
   a) Stratified squamous non keratinized epithelium
   b) Bowman’s membrane, substantia propria and Descemet’s membrane

37. **Retina:**
   a) Ten layers
   b) Rods & Cones present

38. **Pinna:**
   a) Thin skin
   b) Elastic cartilage
SYLLABUS, ToS & OSPE

M.B.B.S.

FIRST PROFESSIONAL

PART-II

PHYSIOLOGY
PHYSIOLOGY (MBBS 1st Prof. Part-II)

At the end of the course the student should be able to:

**Body Fluids and Kidney**

1. Describe the components and quantitative measurements of body fluids.
2. Discuss the different fluid compartments, tissue and lymph fluid.
3. Describe the structure of the kidney and nephron, and explain general functions of the kidney.
4. Describe the GFR and its regulation.
5. Describe the formation of urine including filtration, re-absorption and secretion.
6. Discuss plasma clearance.
7. Describe the mechanism of concentration and dilution of urine
8. Describe regulation of osmolality, water balance and acid base balance
9. Describe the role of the kidney in blood pressure regulation.
10. Describe the hormonal functions of the kidney.
11. Describe acidification of urine and its importance.
12. Describe the mechanism of micturition and its control.

**Applied Physiology:**

Understands:

1. Renal plasma clearance tests and their clinical significance.
2. Dehydration, rehydration, overhydration and oedema.
3. Renal failure and dialysis.
5. Abnormalities of micturition.

**Nervous System**

1. Describe general organization of the nervous system.
2. Describe the properties of synaptic transmission.
3. Classify the neurotransmitters and explain their functions.
4. Explain neuropeptides and their functions.
5. List the types and describe the properties and functions of sensory receptors.
6. Describe the pathways for transmission of somatic sensations.
8. Describe the muscle spindle and Golgi tendon organ. Explain their functions.
9. Describe the physiology of pain and analgesia system.
10. Explain the functions of the cerebral cortex.
11. Differentiate between the sensory and motor cortex and their functions.
12. Describe the motor pathways including pyramidal and extrapyramidal.
13. Describe basal nuclei (basal ganglia) and their functions.
15. Describe the functions of vestibular apparatus.
16. Explain the organization and functions of reticular formation.
17. Explain mechanism and regulation of the muscle tone.
18. Describe the control of posture and equilibrium.
19. Explain the physiology of sleep.
20. Describe the physiology of memory.
21. Describe the mechanism and control of speech.
22. Discuss the functions of thalamus
23. Discuss the functions of hypothalamus
24. Explain the components and functions of limbic system.
25. Describe the production, circulation, absorption and functions of CSF.
26. Describe the blood brain and blood CSF barriers and their clinical significance.
27. Describe the organization and functions of the autonomic nervous system.

**Applied Physiology**

Understands:

1. Significance of dermatomes.
2. Injuries of the spinal cord.
3. Hemiplegia and paraplegia.
4. Diseases related to Basal ganglia.
5. Effects of cerebellar dysfunction.
6. Hydrocephalus.
8. Speech disorders
9. Sleep disorders.
**Endocrinology**

1. Classify the hormones and describe mechanism of their action
2. Name the hormones secreted by the anterior and posterior pituitary and describe their regulation and functions.
3. Describe the neuroendocrine functions of the hypothalamus
4. Describe the physiological changes of growth and aging.
5. Describe the functions and regulation of the hormones secreted by thyroid gland.
6. Describe the hormones regulating calcium homeostasis (parathormone, vitamin D and calcitonin)
7. Name the hormones secreted by the adrenal cortex and describe their functions and regulation.
8. Name the hormones secreted by the adrenal medulla and describe their functions and regulation.
9. Describe the endocrine functions of the pancreas and regulation of pancreatic hormones.
10. Describe the endocrine functions of pineal gland.

**Applied Physiology**

Understands:

1. Acromegaly, gigantism and dwarfism.
2. Effects of panhypopituitarism.
3. Diabetes insipidus.
4. Thyrotoxicosis, myxoedema and cretinism
5. Pheochromocytoma.
6. Cushing’s disease / syndrome.
7. Addison’s disease.
8. Hypocalcemia and hypercalcemia.
10. Conn’s syndrome.
11. Diabetes mellitus and hypoglycaemia.

**Gastrointestinal Tract**

1. Describe the general functions of gastrointestinal tract.
2. Describe the enteric nervous system, control of gastrointestinal motility and secretion
3. Describe mastication, swallowing and their control
4. Describe the motility of the stomach, small intestine, large intestine and regulation.
5. Describe the functions of GIT hormones
6. Describe gallbladder motility and its regulation
7. Explain mechanism of vomiting and its control pathway
8. Explain defecation and its control pathway

Applied Physiology
Understands:

1. Dysphagia
2. Achalasia cardia
3. Diarrhea and constipation
4. Megacolon

Reproduction

1. Describe the functions of the male reproductive system.
2. Describe the mechanism of erection and ejaculation.
3. Describe the production and function of testosterone.
4. Describe the physiological changes during male puberty.
5. Describe the function of the female reproductive system.
6. Explain the production and function of oestrogen and progesterone.
7. Describe the functions of hypothalamo-hypophysio-gonadal axis.
8. Describe the ovarian and endometrial cycle.
9. Describe the physiological changes during female puberty and menopause.
10. Discuss pregnancy and explain the physiological changes taking place in the mother.
11. Describe the functions of placenta.
12. Discuss the hormones regulating parturition, lactation and development of breast.

Applied Physiology
Understands:

1. Male infertility.
2. Female infertility.
3. Postmenopausal syndrome / Andropause.
5. Basis for pregnancy tests.
7. Cryptorchidism.

Special Sense
1. Describe the optics of the eye, mechanism of accommodation, light reflex.
2. Explain visual acuity, depth perception, neural functions of the retina.
3. Describe the errors of refraction and their corrections.
4. Describe the secretion, circulation, drainage and functions of aqueous humor.
5. Describe the movements of eyeballs.
6. Describe the visual transduction, color vision, visual cortex and visual pathway.
7. Describe the mechanisms for the light and dark adaptation.
8. Describe the functions of external ear.
9. Enumerate the contents of middle ear cavity and functions of the middle ear.
10. Describe the structure and functions of internal ear.
11. Explain the determination of the sound frequency, loudness, direction of sound, auditory pathway and auditory cortex.
12. Describe the signal transduction for hearing.
13. Describe the signal transduction for taste and smell.
14. Describe the pathways for the sense of taste and smell.

Applied Physiology
Understands:
1. Types of deafness.
2. Errors of refraction.
3. Lesions of the visual pathway.
4. Night blindness.
5. Colour blindness.
7. Argyll Robertson pupil.
PHYSIOLOGY PRACTICAL

Nervous System
1. Examination of superficial reflexes.
2. Examination of deep reflexes.
3. Examination of motor system.
4. Cerebellar function tests.
5. Examination of sensory system.
6. Examination of 12 cranial nerves (3-4 settings).

Special Senses
1. Plotting of the field of vision (perimetry and confrontational methods).
2. Testing the visual acuity for near and distant vision.
3. Elicitation of light reflex (direct and consensual) and accommodation reflex.
4. Ophthalmoscopy.
5. Testing the colour vision.
7. Testing taste and smell.

Pregnancy Tests

RECOMMENDED BOOKS
1. Textbook of Physiology by Guyton and Hall, Latest Ed.

REFERENCE BOOKS
1. Human Physiology by Laurali Sherwood
2. Physiology by Berne and Levy, Latest Ed.
3. Essentials of Medical Physiology by Prof. Dr. Mushtaq Ahmad
4. Physiology by Linda and Constanzo
MBBS FIRST PROFESSIONAL (Part-II)

PHYSIOLOGY

Objectively Structured Performance Evaluation (OSPE)

(Total Marks: 90)

The structure of OSPE/ Practical/ Viva should be as follows:

- **Viva Voce (35 marks)**
  - Internal ------- 15 marks
  - External ------- 20 marks

- **OSPE (25 marks)**
  - Non-observed stations 10 of 01 marks each (2 minutes each)
  - Observed stations 03 of 05 marks each (4 minutes each)

\[
30\% \text{ C1} \quad \text{OSPE} \quad 40\% \text{ C2} \quad 30\% \text{ C3}
\]

- **Practical (30 marks)**
  - Practical 20 marks
  - Procedure Writing 05 marks
  - Yearly Workbook Assessment 05 marks
SYLLABUS, ToS & OSPE

M.B.B.S.
FIRST PROFESSIONAL
PART-II

BIOCHEMISTRY
SYLLABUS MBBS 1st PROF. PART-II
BIOCHEMISTRY

Course Duration

- 35 weeks per academic year
- Four hours lecture per week for 35 weeks (175 hours)
- Two hours practicals per week for 35 week (70 hours)
- Two hours tutorial/interactive group discussion classes per week (70 hours)
- Seminar / clinically-oriented presentation / case discussion one hour per week (35 hours)
- Total teaching hours for the subject of biochemistry (350 hours)

Teaching objectives (Biochemistry Part-II):

The general objectives and overall aim of the teaching course include:

1. To teach sufficient biochemistry to give the student a basic understanding of life processes at the molecular level.
2. To provide an understanding of the normal biochemical processes in the human body in which the function of the various organs and tissues are integrated.
3. To comprehend the principles of metabolic integration that would contribute to the students’ understanding of the biochemical basis of various disease processes.
4. To familiarize the students with laboratory instruments / equipment used in biochemistry laboratory.
5. To undertake practical classes that would familiarize the student with the various chemical methods which are used in the diagnosis of disease.
6. To familiarize the students with modern biochemical techniques and their uses in the diagnosis of diseases especially genetic diseases.

Learning objectives (Part-II)

At the end of the Part-II course, the student should be able to demonstrate his knowledge and understanding on the subject with following learning objectives

1. To be familiar with the homeostatic mechanisms through the concepts of inter-regulation of carbohydrates, lipids and protein metabolism and its relation to hormone actions in the human body.
2. Once these basic concepts are understood, it will be straightforward to understand how alterations in the basic processes can lead to a disease state.
3. To have understanding and knowledge about many pathological situations where these can be related to biochemical defects, and to have some experience of biochemical techniques in order to understand the practical/clinical problems in biochemistry.
4. To develop skills as a self-directed learner, recognize continuing educational needs; use appropriate learning resources and critically analyze relevant
literature in order to have a comprehensive understanding and knowledge of biochemistry.

5. To learn and understand the basic biochemical processes taking place in the body, since these underline an understanding of normal and abnormal human metabolism. In order to accomplish this, the student should learn how large molecules are synthesized and used (DNA, RNA, and proteins), and how energy is generated, stored, and retrieved (metabolism).

6. To describe digestion and assimilation of nutrients & consequences of malnutrition. Integrate the various aspects of metabolism & their regulatory pathways.

7. To explain biochemical basis of inherited disorders with their associated sequelae.

8. To outline the molecular mechanisms of gene expression, the principles of genetic engineering & their applications in medicine.

9. To outline the biochemical basis of cancer & carcinogenesis.

10. To make use of conventional techniques/instruments to perform biochemical analysis relevant to clinical screening & diagnosis. Familiarize with principles of various conventional & specialized lab investigations & instrumentation analysis & interpretation of a given data.

11. Applying basic knowledge of protein synthesis, post translational modification and targeting to its cellular destination.

12. Principles of various conventional and specialized laboratory investigations and instrumentation, analysis and interpretation of a given data; the ability to suggest experiments to support theoretical concepts and clinical diagnosis

1- Bioenergetics and Biologic Oxidation

   a) Endergonic and exergonic reactions, free energy, free energy change, ATP and other compounds as carriers of energy

   b) Electron transport chain: Components and organization of electron transport chain (ETC)

   c) Reactions of electron transport chain, redox potential, methods of electron transfer among the components of electron transport chain, and energy release during electron transport

   d) Oxidative phosphorylation: ATP synthesis in ETC, inhibitors and uncouplers of oxidative phosphorylation, and chemiosmotic hypothesis of oxidative phosphorylation.

2- Metabolism of Carbohydrates

   a) Glycolysis

      • Reactions of aerobic and anaerobic glycolysis occurring in RBCs and other tissues

      • Biomedical significance and energy yield of aerobic and anaerobic glycolysis and its significance, and substrate-level phosphorylation

      • Regulation of glycolytic pathway
• Metabolic fates of pyruvate
  • Lactic acidosis; genetic deficiency of pyruvate kinase and pyruvate dehydrogenase

b) Tricarboxylic acid (TCA) cycle
  • Reactions of TCA cycle and their regulation along with energy yield.
  • Importance of TCA cycle and its amphibolic role

c) Gluconeogenesis
  • Reactions of gluconeogenesis using pyruvate and glycerol as precursors, and regulation of gluconeogenesis.
  • Important gluconeogenic precursors: Entrance of amino acids, intermediates of TCA cycle, glycerol, and other compounds as gluconeogenic precursors.
  • Biomedical significance of gluconeogenesis: Role of gluconeogenesis in plasma glucose level regulation, and the Cori cycle, and glucose-alanine cycle.

d) Glycogen metabolism
  • Synthesis and importance of UDP glucose
  • Reactions of glycogenesis and glycogenolysis
  • Regulation of glycogenic synthase and glycogen phosphorylase
  • Importance of allosteric regulation of glycogen phosphorylase ‘a’ (a plasma glucose sensor) by plasma glucose
  • Disorders of glycogen metabolism (glycogen storage diseases)

e) The hexose monophosphate pathway and other pathways of hexose metabolism
  • Hexose monophosphate (HMP) pathway: Reactions of oxidative and non-oxidative phases of HMP pathway, importance of HMP pathway along with uses of NADPH, and glucose 6-phosphate dehydrogenase deficiency.
  • Reactions of uronic acid pathway along with its biologic importance.
  • Metabolism of fructose: Metabolic fate of fructose in human body, sorbitol metabolism along with effect of hyperglycemia on sorbitol metabolism, essential fructosuria and hereditary fructose intolerance.
  • Metabolism of galactose: Metabolic fate of galactose in body and synthesis of lactose; and disorders of galactose metabolism (galactokinase deficiency and classic galactosemia).
  • Metabolism of ethanol

f) Regulation of blood glucose level
  • Regulation of plasma glucose hormonally (insulin, glucagon, growth hormone, epinephrine, and cortisol) and non-hormonally, and the role of various metabolic pathways in blood glucose level regulation
• Hypoglycemia and hyperglycemia: An overview of hypoglycemia and hyperglycemia, their important causes, and clinical manifestations.

• Diabetes mellitus: Types of diabetes mellitus along with its clinical manifestations, metabolic changes in type 1 and type 2 diabetes mellitus, and diagnosis of diabetes mellitus.

3- Metabolism of lipids

a) de novo synthesis of fatty acids: Production of cytosolic acetyl CoA, fatty acid synthase multienzyme complex, reactions of cytosolic fatty acid synthesis, elongation of fatty acid chain, synthesis of polyunsaturated fatty acid, and regulation of fatty acid synthesis.

b) Synthesis and storage of triacylglycerols in body.

c) Mobilization of stored triacylglycerols along with its regulation.

d) Oxidation of fatty acids: Activation of fatty acid, translocation of fatty acyl CoA into mitochondrial matrix, reactions of β-oxidation of saturated and unsaturated fatty acids, energy yield of β-oxidation, fate of acetyl CoA, and other types of fatty acid oxidation (alpha-oxidation, omega-oxidation, and oxidation of odd-carbon fatty acids).

e) Synthesis and utilization of ketone bodies: Reactions of hepatic ketogenesis, and utilization of ketone bodies by extrahepatic tissues.

f) Ketoacidosis and regulation of ketogenesis.

g) Synthesis of eicosanoids, their regulation and functions along with their biomedical importance.

h) Metabolism of phospholipids and sphingolipids: Synthesis of phospholipids (phosphatidylcholine and phosphatidylethanolamine), synthesis of glycerol ether phospholipids (cardiolipin and platelet activating factor), degradation of phospholipids, deficiency of lung surfactant, metabolism of glycolipids, biosynthesis of ceramide, sphingomyelin, and gangliosides, and degradation of sphingolipids along with sphingolipidoses.

i) Cholesterol metabolism: Reactions and regulation of cholesterol biosynthesis, and fate and functions of cholesterol in body.

j) Biosynthesis and fate of bile acids and their significance in health and disease.

k) Plasma lipoproteins: Synthesis, transport, and fate of chylomicrons, VLDL, IDL, LDL, and HDL; disorders associated with impairment of lipoprotein metabolism, and atherogenic effect of oxidized LDL.

l) Biochemical defects leading to fatty liver

4- Metabolism of Proteins and Amino Acids

a) An overview of protein turnover in human body; nitrogen balance (positive and negative).

b) Inter-organ amino acid exchange in normal post-absorptive state.
c) Degradation of amino acids; removal of nitrogen from amino acids by transamination and deamination; sources of ammonia in body; transport of ammonia, ammonia toxicity; fate of ammonia in body, reactions and regulation of the urea cycle along with metabolic disorders of the urea cycle.

d) An overview of amphibolic intermediates formed from the carbon skeleton of amino acids.

e) Concept of glucogenic and ketogenic amino acids; an outline of the metabolism of individual amino acids like glycine, cysteine, arginine, proline, phenylalanine, tyrosine, histidine, tryptophan, methionine amino acids; causes and salient features of important metabolic defects in amino acid metabolism like phenylketonuria, maple syrup urine disease (MSUD), histidinemia, alkaptonuria, cystathioninuria, homocystinuria, hyperprolinemia, cystinuria, cystinosis, tyrosinemia, and albinism.

f) Metabolism of epinephrine and norepinephrine, creatine, creatinine, histamine, gamma-aminobutyrate, serotonin, melatonin, and melanin

5- Integration and Regulation of Metabolic Pathways

a) Fed-fast cycle and starvation.

b) Basic concepts of intermediary metabolism, introduction of anabolic and catabolic pathways.

c) An overview of regulation and integration of various metabolic pathways (role of liver, heart, brain, skeletal muscle and adipose tissue).

6- Metabolism of Nucleotides

a) de novo Synthesis of purines and pyrimidines; the salvage pathways of nucleotide synthesis; degradation of purine and pyrimidine nucleotides

b) Disorders associated with purine nucleotide metabolism like adenosine deaminase deficiency, purine nucleoside phosphorlyase deficiency, and hyperuricemia

c) Natural and synthetic derivatives of purines and pyrimidines and their role in health and disease.

7- Biochemical Genetics (Informational Flow in the Cell)

a) The structural basis of cellular information

b) Organization of DNA: chromosomes, Karyotyping.

c) Replication of DNA: Reactions of DNA replication in eukaryotes and prokaryotes; types of damage to DNA and DNA repair; mutations

d) Transcription (DNA-dependent RNA synthesis): Steps in the transcription of eukaryotic and prokaryotic genes; post-transcriptional modifications (processing) of RNA; reverse transcription in retroviruses and its relation to cancers and AIDS.
e) Translation (protein synthesis): The genetic code; components required for protein synthesis, composition of eukaryotic and prokaryotic ribosomes; steps of protein synthesis; post-translational modifications of polypeptide chains; protein targeting.

f) Regulation of gene expression in prokaryotes and eukaryotes

g) Molecular biology techniques: Basic information and biomedical importance of molecular biology techniques; DNA extraction; recombinant DNA technology; DNA cloning; polymerase chain reaction (PCR); hybridization; blotting techniques.

h) Oncogenes and their role in carcinogenesis; mechanisms of activation of proto-oncogenes; mechanism of action of oncogenes; tumour supressor genes and oncogenic viruses.

i) Genetic basis of disease

j) Important tumor markers and their clinical significance (Carcinoembryonic Antigen, Alpha fetoprotein, human chorionic gonadotropin, calcitonin and prostatic acid phosphatase).

8- Biochemistry of Endocrine System

a) An overview of endocrine system; classification of hormones based on their mechanism of action and chemical nature; mechanisms of action of each class of hormone; general characteristics of various types of hormone receptors; types and actions of various kinds of G-proteins in mediating the actions of hormones; signal transduction pathways of various hormones; types and role of various kinds of second messengers

b) Pituitary and hypothalamic hormones: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of all hypothalamic and pituitary hormones; disorders associated with hyper- and hypo-activities of these hormones such as growth hormone deficiency (dwarfism), gigantism, acromegaly, Cushing’s syndrome, Addison’s disease, Diabetes insipidus, and the inappropriate secretion of ADH (SIADH).

c) Thyroid Hormones: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of all thyroid hormones; disorders associated with hyper- and hypo-activities of these hormones like goiter, hypothyroidism, hyperthyroidism, Graves' disease.

d) Calcium Regulating Hormones: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of parathyroid hormone; disorders associated with hyper- and hypo-activities of these hormones like; role of parathyroid hormone, calcitriol, and calcitonin in calcium homeostasis; hypoparathyroidism, hyperparathyroidism (primary, secondary, and tertiary), pseudohypoparathyroidism, rickets, and osteomalacia.

e) Adrenal Cortical Hormones: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of all adrenal cortical hormones; disorders associated with hyper- and hypo-activities of these hormones like Cushing's disease / syndrome, secondary adrenal deficiency, Addison’s disease, primary aldosteronism and secondary aldosteronism.
f) **Adrenal Medullary Hormones**: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of all adrenal medullary hormones; and associated disorders like pheochromocytoma

g) **Male and Female Gonadal Hormones**: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of all male and female gonadal hormones; disorders associated with hyper- and hypo-activities of these hormones like; hypergonadism and hypogonadism in males and females.

h) **Hormones of Pancreas**: Structure, biosynthesis, secretion, transport, regulation, catabolism, and biologic actions of all pancreatic hormones (insulin, glucagon, somatostatin and pancreatic polypeptide); disorders associated with hyper- and hypo-activities of these hormones like; pathophysiology of insulin deficiency and diabetes mellitus

### 9- Biochemistry of Digestive Tract

a) Introduction, chemical composition, and secretion and regulation of various digestive juices of GIT such as saliva, gastric juice & HCl, pancreatic juice, bile, and succus entericus

b) Hydrolysis (digestion) of carbohydrates, lipids, proteins, and nucleic acids in gastrointestinal tract

c) Absorption of carbohydrates, lipids and amino acids.

d) Disease states associated with GIT disorders like achlorhydria, peptic ulcers, lactose intolerance, cholelithiasis and pernicious anemia, cystic fibrosis and celiac disease.

e) Site of synthesis and major actions of gastrointestinal hormones like gastrin, cholecystokinin (CCK), secretin, gastric inhibitory peptide (GIP), vasoactive intestinal polypeptide (VIP), motilin, enkephalins, substance P, neurtensin, and enteroglucagon.

### 10- Metabolism of Xenobiotics

a) Definition and classes of important xenobiotics of medical relevance, their phases of metabolism and clinical significance (Cytochrome P450: Cytochrome P450 hydroxylase cycle in microsomes; role of cytochrome P450 in phase I metabolism of xenobiotics; induction of cytochrome P450)

b) Phase II metabolism of xenobiotics; types of phase II reactions;

c) Responses to xenobiotics including pharmacologic, toxic, immunologic and carcinogenic effects

### 11- Water & electrolyte balance; acid-base regulation

a) Biochemical mechanisms to regulate water and electrolyte balance in body: Fluid compartments of the body; gain and loss of body water; regulation of body water balance, effect of pure water deprivation, water excess or water
intoxication; and electrolytes of body fluids (sodium, potassium, magnesium and chloride).

b) Body buffer systems, role of lung and kidney in maintenance of acid-base balance.

c) Acid-base disturbance in the body like respiratory and metabolic acidosis (lactic acidosis and ketoacidosis); respiratory and metabolic alkalosis; concept of anion gap, base excess and base deficit.

d) Clinical interpretation of laboratory report of arterial blood gases.

Laboratory Experiments

- The introduction of techniques and instrumentation of clinical biochemistry like centrifugation, spectrophotometry (visible, UV, infra red and atomic absorption), pH metry, chromatography, electrophoresis, enzyme-linked immunosorbent assay (ELISA), micropipetting, flame photometry and ion selective electrode (ISE) technique
- Collection, preservation, and storage of blood sample
- Estimation of various substances in blood and other biological fluids, like glucose, creatinine, urea, protein, albumin, uric acid, and calcium, total cholesterol; HDL cholesterol, and triacylglycerols; demonstration of creatinine clearance; and oral glucose tolerance test (OGTT)
- Determination of plasma enzyme activities of alanine aminotransferase (ALT), aspartate aminotransferase (AST), amylase, creatine phosphokinase (CK), alkaline phosphatase (ALP), and lactate dehydrogenase (LDH)
- Clinical interpretation of common laboratory values of the compounds and enzymes as listed above
- Determination of amino acids in urine by paper chromatography (demonstration)

RECOMMENDED BOOKS

- Lippincott’s Illustrated Reviews: Biochemistry by Harvey R and Ferrier D, Latest edition, published by Lippincott Williams & Wilkins
- Practicals and Viva in Medical Biochemistry by Dandekar SP and Rane SA, latest edition, published by Elsevier.
REFERENCE BOOKS

- Lehninger Principles of Biochemistry by David L Nelson and Michael M. Cox
- Tietz Textbook of Clinical Chemistry by Burtis CA and Ashwood ER published by Saunders.
- Fundamentals of Biochemistry Life at Molecular Level by Donald Voet, Judith G Voet and Charlotte W. Pratt
- Tietz Textbook of Clinical Chemistry by Burtis CA and Ashwood ER published by Saunders.
- Clinical Chemistry and Metabolic Medicine by Martin A. Crook, latest edition, Edward Arnold (Publishers) Ltd
- Practicals and Viva in Medical Biochemistry by Dandekar SP and Rane SA, latest edition, published by Elsevier.
Table of Specifications for Biochemistry Oral & Practical Examination
MBBS First Professional Examination (Part-II)

Oral and Practical Examination carries 100 marks

<table>
<thead>
<tr>
<th>Examination Component</th>
<th>Marks</th>
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<tbody>
<tr>
<td>A- Internal Assessment</td>
<td>10</td>
</tr>
<tr>
<td>B- Practical Notebook/Manual (Internal Examiner)</td>
<td>05</td>
</tr>
<tr>
<td>C- Viva voce</td>
<td>50</td>
</tr>
<tr>
<td>a. External examiner: 25 Marks</td>
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<tr>
<td>b. Internal Examiner: 25 Marks</td>
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<tr>
<td>D- OSPE</td>
<td>22</td>
</tr>
<tr>
<td>a. <strong>Observed stations (6 Marks):</strong> There are two observed stations; 3 marks for each station – time allowed is 3 minutes for each observed station)</td>
<td></td>
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<tr>
<td>b. <strong>Non-observed stations (16 Marks):</strong> There are eight non-observed stations; 2 marks for each station – time allowed is 2 minutes for each non-observed station.</td>
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<tr>
<td>E- Practical</td>
<td>13</td>
</tr>
<tr>
<td>a. Principle, supposed calculation, etc: 4 Marks (External Examiner)</td>
<td></td>
</tr>
<tr>
<td>b. Performance of the experiment: 4 Marks (Internal Examiner)</td>
<td></td>
</tr>
<tr>
<td>c. Structured table viva: 5 Marks (External Examiner)</td>
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Format (Practical Examination / OSPE)  
MBBS First Professional Examination (Part-II)  
BIOCHEMISTRY (PART-II)  

Total Marks: 100  
Total marks allocated to Oral and Practical Examination are 100  

Internal Assessment: 10 Marks  

General Viva (Theory Viva): 50 Marks  
25 Marks are allocated to internal examiner and 25 marks to external examiner.  

Practical Examination: 40 Marks  

Practical examination comprises three components i.e. Yearly Workbook, OSPE and experiment  

A- Yearly Workbook: 5 Marks (Internal Examiner)  

B- OSPE: 22 marks  
OSPE comprises 10 stations (two observed stations carrying 3 marks each and 8 non-observed stations 2 marks each).  

List of Tests for Observed Stations (3 minutes at each station)  
i. Spectrophotometer.  
ii. Centrifuge Machine.  
iii. Pipettes.  
iv. Blood samples.  

Non-Observed Stations (2 minutes for each station)  
i. Tests to determine the concentration of total cholesterol, HDL cholesterol, and triacylglycerols, in plasma.  
ii. Tests to determine the concentration of total proteins, and glucose in plasma and CSF, and albumin in plasma.  
iii. Determination of plasma uric acid and calcium.  
iv. Determination of creatinine and urea in plasma, and creatinine clearance.  
v. Determination of activities of ALT and alkaline phosphatase in plasma.  
    Estimation of plasma bilirubin.  
vi. Determination of activities of creatine kinase, LDH, and AST  

C- Experiment: 13 marks  
- Principle/supposed calculations of the experiment:: 4 Marks (External Examiner)  
- Performance of experiment: 4 Marks (Internal Examiner)  
- Table viva: 5 Marks (External Examiner)