



UNIVERSITY OF HEALTH SCIENCES, LAHORE

MS (Nursing) Synopses

Agenda of the meeting of **Speciality Review Committee in Nursing** for review of MS synopses to be held on **Wednesday, 15th February 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Agenda for Day-1

Sr. #	Name of Candidate	Supervisor	Title
1.	Ms. Rashida Kanwal		Relationship between uncertainty and health outcomes among patients undergoing coronary artery bypass graft surgery
2.	Ms. Shabana Nasim		Practices and outcomes of neonatal resuscitation for newborns with birth asphyxia in Tertiary Care Hospitals in Lahore, Pakistan
3.	Ms. Shazia Saleem		Factors contributing to medication administration errors in emergency department of cardiac hospitals of Punjab, Pakistan
4.	Ms. Razia Sultana		Nurses's attitude and challenges in caring for obese patients admitted in tertiary care hospital, Lahore
5.	Ms. Samreen Manzoor	Prof. Samina Kausar Head Institute of Nursing, University of Health Sciences, Lahore	Impact of kangaroo mother care on selected bio marker and maternal-infant bonding in preterm neonates in a tertiary care hospital of Lahore, Pakistan
6.	Ms. Shahida Parveen		Awareness and perceived efficacy in the utilization of assisted reproductive technologies among women attending infertility clinics of tertiary care hospitals in Lahore, Pakistan
7.	Ms. Arooj Fatima		Emotional-behavioral disorders in healthy siblings of children with neurodevelopmental disorders and its impact on family in Lahore, Pakistan
8.	Ms. Rifat Yasmeen		Knowledge & Attitude Among Nurses regarding Nursing Process and Factors Affecting its Implementation in public hospitals of Lahore



UNIVERSITY OF HEALTH SCIENCES, LAHORE

MS (Nursing) Synopses

Agenda of the meeting of **Speciality Review Committee in Nursing** for review of MS synopses to be held on **Thursday, 16th February 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Agenda for Day-2

Sr. #	Name of Candidate	Supervisor	Title
1.	Ms. Sakina Bibi	Ms. Meshal Margrate Principal/Assistant Professor College of Nursing, Akhtar Saeed Medical & Dental College, Lahore	Perception of nursing students related to their educational environment in Baluchistan
2.	Ms. Nazia Parveen	Mr. Tanzeel-Ur-Rehman Nursing Instructor Directorate of Training Research & Production, Population Welfare Department, Punjab, Lahore	Nurses knowledge and organizational readiness towards implementation of Evidence-Based Practice (EBP): The first step in creating an evidence-based practice culture
3.	Ms. Kalsoom Nazar	Prof. Samina Kausar Head, Institute of Nursing, University of Health Sciences, Lahore	Correlation among relational coordination, work engagement and proactive work behavior of head nurses working in major tertiary care hospitals of Punjab, Pakistan
4.	Ms. Maryam Rabbani	Prof. Samina Kausar Head, Institute of Nursing, University of Health Sciences, Lahore	Nurses awareness for the use of situation background assessment recommendation during handoff communication in public sector hospitals Lahore, Pakistan
5.	Ms. Rabia Khadim	Prof. Suriya Shahnaz Principal, Multan College of Nursing, Multan	Perceived benefits and barriers in implementation of nursing process in public sectors of South Punjab, Pakistan
6.	Ms. Huma	Prof. Suriya Shahnaz Principal, Multan College of Nursing, Multan	Identification of the alarm fatigue and its associated factors among the nurses working in critical care area in tertiary care hospital Punjab, Pakistan: A cross sectional study
7.	Ms. Nazia Ashraf	Prof. Suriya Shahnaz Principal, Multan College of Nursing, Multan	Identification of associated factors and nurses response to unsafe practice in tertiary care hospitals



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Monday, 14th April 2025, at 09:30 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr.#	Name, program & Session	Discipline	Supervisor	Title of the Proposal	Study Setting
1.	Ayesha Ghazal (2016-17) Revised Once (Presented in IRB held on 29-02-2024)	PhD Microbiology	Prof. Sidrah Saleem MBBS(Pb), M.Phil (Pb), PhD (Pb) HoD Microbiology, UHS, Lahore	Intestinal Flora and Fecal Bio-Markers for Colorectal Cancer in local patients	<ul style="list-style-type: none">Department of Microbiology, UHS, LahoreSamples will be collected from Shaikh Zayed Hospital.
2.	Prof. Afeef Umar Zia 2013-14	MHPE	Prof. Dr. Muhammad Luqman Professor of Pathology/Director of Medical Education · YUSRA Medical and Dental College, Islamabad	Influence of students motivation on academic performance across undergraduate dental education years a qualitative analysis	Margalla College of Dentistry
3.	Dr. Muhammad Shahid Farooq 2015-16		Prof. Dr. Sumera Ehsan Professor of Medical Education University Of Health Sciences, Lahore	Faculty perceptions regarding organizational justice in a public sector medical college	SIMS
4.	Dr. Humair Abdullah 2020-21		Dr. Noor-I-Kiren Haris HOD Medical Education ABWA Medical College, Faisalabad	Measurement of professionalism among dentists in private dental hospital a study using the PAT (Professionalism assessment tool)	<ul style="list-style-type: none">1. A private dental hospital of Punjab.2. Shahida Islam Dental Hospital
5.	Dr. Erum Zahid 2020-21		Prof. Dr. Amina Ahmad Dean, Department of Medical Education CMH Lahore Medical College & Institute of Dentistry, Lahore	Optimizing the Psychometric Worth of MCQ-Based Assessments through structured feedback to item writers	A Public and Private Medical Institute
6.	Dr. Muhammad Anwar 2016-17		Prof. Dr. Soufia Farrukh Principal, Quaid-e-Azam Medical College & Allied Institutions Bahawalpur	Valuation of Learners' attitude towards medical professionalism (LAMPS) among undergraduates in Government and private medical colleges	<ul style="list-style-type: none">1. QAMC, Bahawalpur2. Shahida Islam Medical College, Lodhran

7.	Dr. Javeria Javed 2020-21	Dr. Noor-I-Kiren Haris HOD Medical Education ABWA Medical College, Faisalabad	Frequency of stress, anxiety and depression among female medical doctors and their coping strategies.	1. Isfand Yar Bukhari (DHQ) Hospital Attock. 2. Shaheed Uzair Mehmood THQ Hospital Jand District Attock, 3. THQ Hospital Hassan Abbad, District Attock
8.	Dr. Sehrish Irfan 2020-21	Prof. Dr. Anila Jaleel Head Department of Biochemistry Shalamar Medical & Dental College, Lahore of Paediatrics University of Child Health Sciences, Lahore	A Cross-Sectional study of medical student wellbeing in public and private sectors of punjab: a comparison using the WHO-5 index and malone framework under intergrated curricula	Two UHS affiliated colleges i.e One Public One Private
9.	Dr. Imjad Husain 2018-19	Prof. Musarrat Ul Hasnain Prof. of Medical Education, Rai Medical College, Sargodha	Positioning of university of health sciences (UHS) integrated curriculum in the spectrum of spices model as percieved by subject experts.	Two UHS affiliated colleges i.e Two Public Two Private
10.	Dr. Rida Dawood 2014-15	Prof. Tanzeela Khalid Prof. of Dermatology, Chairperson Department of Dermatology University Medical & Dental College, Faisalabad	Final Professional result of medical graduates as a predictor of preparedness for house job	Punjab Medical College and Affiliated Hospitals, Faisalabad
11.	Dr. Iqbal Ahmad Azhar 2016-17	Prof. Mohammad Shahzad Anwar Prof. and HOD Department of Urology Services Institute of Medical Sciences, Lahore	Factors affecting career choice in medical students of MBBS in a private medical college	Azra Naheed Medical College
12.	Dr. Tariq Mahmood Tahir 2015-16	Prof. Musarrat Ul Hasnain Prof. of Medical Education, Rai Medical College, Sargodha	Perception and effectiveness of online pathology classes for 3 rd and 4 th year medical undergraduates	Niazi Medical and Dental College, Sargodha
13.	Dr. Owais Kareem 2018-19	Prof. Muhammad Rashad Qamar Rao Professor of Ophthalmology/Principal Nishtar Medical College, Multan	Perceptions of faculty on Integrating Wiki and Artificial Intelligence (AI) in Medical Education: A Qualitative Study	Bakhtawar Amin Medical & Dental College, Multan



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Thursday, 23rd January 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Request for Change in Study Settings of Ph.D Synopsis (Approved). Dr. Muhammad Usman Shams, Ph.D (Histopathology), UHS (Session, 2013-14)		Expression and mutational analysis of epigenetic regulator EZH2 and its related genes in squamous cell carcinomas of skin
2.	Application for re-issuance of Ethical Approval Letter for Publication of Research. Dr. Maryam Rashid, Ph.D. (Pharmacology), UHS (Session, 2012)		<i>SLC22A1</i> and <i>SLC22A2</i> Gene Polymorphisms and response of Metformin in Type II Diabetic patients
3.	Dr. Zoya Moazzam M.Phil (Anatomy) 2020-21	Dr. Shagufta Nasreen Associate Professor Department of Anatomy Postgraduate Medical Institute, Lahore	Effect of fenugreek seed extract on histomorphology of pancreatic beta cells and glut-2 receptor expression, in letrozole induced polycystic ovary syndrome in adult albino rats
4.	Dr. Maha Waqar M.Phil (Anatomy) 2020-21		Association of RUNX2 with caffeine induced longitudinal bone growth inhibition in murine model
5.	Dr. Rija Arif M.Phil (Microbiology) 2019-20	Prof. S. M. Abbas Naqvi Professor of Pathology Nishtar Medical University, Multan	Isolation and characterization of Klebsiella pneumonia and Klebsiella Oxytoca in various samples at ICU of Nishtar Hospital Multan
6.	Ms. Qurat-Ul-Ain MS (Nursing) 2019-20	Ms. Shazia Ashraf Principal Multan College of Nursing, Multan	Quasi experimental study: patient visitor aggression de-escalation training of nurses in public and private hospitals of Bahawalpur and Lodhran
7.	Ms. Rukhsana Perveen MS (Nursing) 2019-20	Medical & Dental College, Multan	Factors influencing nurses compliance with CDC guidelines for catheter associated urinary tract infection prevention
8.	Dr. Mehak Batool M.Phil (Haematology) 2019-20 Revised Once Presented in IRB held on 31st October 2024	Prof. Nazish Saqlain Professor of Pathology Postgraduate Medical Institute, Lahore	COX-2 rs689466 polymorphism and aspirin resistance in ischemic heart disease patients
9.	Ms. Kishwar Anwar M.Phil MLS (Microbiology) 2020-21	Dr. Muhammad Imran Associate Professor Department of Microbiology, UHS	Molecular detection of blaNDM-1, blaIMP-1, blaVIM-2 genes and in vitro activity of cefiderocol against carbapenem resistant <i>Pseudomonas Aeruginosa</i>



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Monday, 24rd February 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Sadia Ahmad	Prof. Dr. Anila Jaleel Head Department of Biochemistry Shalamar Medical & Dental College, Lahore	Integration of case based discussion in traditional training of house officers effect on clinical reasoning skills
2.	Prof. Dr. Rizwan Waseem	Prof. Dr. Attia Bari Ex-Professor of Paediatrics University of Child Health Sciences, Lahore	To assess the impact of communication skills workshop designed for neonatal intensive care unit residents
3.	Dr. Somer Masood	Prof. Ahmad Zeeshan Jamil Head Department of Ophthalmology Sahiwal Medical College, Sahiwal	Evaluating the effectiveness of the flipped classroom model in teaching basic surgical skills to undergraduate medical students: A quantitative study
4.	Prof. Dr. Adil Shahnawaz	Prof. Dr. Muhammad Luqman Professor of Pathology/Director of Medical Education · YUSRA Medical and Dental College, Islamabad	Preferred Learning and Teaching Styles: Impact on Academic Performance and Perceptions among undergraduate dental students
5.	Dr. Muhammad Tauseef Omer	Dr. Noor-i-Kiran Haris Head Department of Medical Education Abwa Medical College Faisalabad	Impact of test timing on the effectiveness of test enhanced learning: in-lecture multiple formative assessments compared with an end-of-lecture formative
6.	Prof. Dr. Brig (R.) M Waqar Khan	Prof. Abdul Majeed Chaudhry Professor of Surgery and Medical Education LMDC, Lahore	Evaluation of Patients centered communication skills workshop using KIRKPATRICKS model
7.	Dr. Aliya Muzaffar	Prof. Dr. Attia Bari Ex-Professor of Paediatrics University of Child Health Sciences, Lahore	Perceptions of Pakistani undergraduate medical students and house officers towards patients safety
8.	Dr. Muhammad Faheem Anwer	Dr. Amina Ahmad Dean, School of Health Profession's CMH Lahore	Comparison of flipped classroom versus traditional class room teaching methodology in undergraduate course of surgery
9.	Dr. Shumaila Shakoor	Prof. Dr. Attia Bari Ex-Professor of Paediatrics University of Child Health Sciences, Lahore	Medical Teachers' perception of modular versus traditional teaching and assessment methods in medical colleges: A comparative study in private and public medical colleges of Lahore
10.	Dr. Nausheen Bakht	Dr. Musarrat Ul Hussnain Prof & Head Department of Medical Education, Rai Med & Dental College, Sargodha	Exploring stakeholders' perspectives on poor death certificate completeness at a tertiary care hospital
11.	Prof. Dr. Khawaja Amjad Hassan	Prof. Dr. Muhammad Shahzad Anwar Professor of Urology Services Institute of Medical Sciences, Lahore	The comparison between structured training programs with conventional training in final year students of paediatric medicine AIMC
12.	Dr. Hafsa Jameel	Prof. Dr. Asghar Naqi Principal Allama Iqbal Medical College, Lahore	Comparison of the effectiveness of video based feedback vs ask-tell-ask feedback technique on DOPS scores of surgical trainees in a public sector hospital of Lahore, Pakistan

13.	Prof. Dr. Syed Shahid Nafees Zaidi	Prof. Dr. Musarrat Ul Hussnain Head of Medical Education Rai medical College, Sargodha	Comparative effectiveness of basic life support (BLS) training by traditional mannequins versus high-fidelity mannequins/ simulation training in a tertiary care hospital
14.	Dr. Sumair Anwar	Prof. Dr. Musarrat Ul Hussnain Head of Medical Education Rai medical College, Sargodha	Exploration of factors for effectiveness of mentorship program at Gujranwala Medical College: Viewpoint of undergraduate Medical Students
15.	Dr. Azka Yaseen	Dr. Noor-i-Kiran Haris Head Department of Medical Education Abwa Medical College Faisalabad	Achieving consensus on learning objectives for undergraduate final-year dental entrepreneurship module using a modified Delphi method
16.	Dr. Muhammad Rizwan Anwar	Prof. Dr. Muhammad Rashad Qamar Rao Professor of Ophthalmology Nishtar Medical College, Multan	Perception of students regarding learning environment and its impact on their academic achievement at DG Khan Medical College
17.	Dr. Shoaib Ahmad Malik	Prof. Dr. Tanzeela Khalid Professor of Dermatology University Medical & Dental College, Faisalabad	Association of learning approaches and demographic factors with academic performance in the integrated modular system
18.	Prof. Haroon Javaid Majid	Prof. Abdul Majeed Chaudhry Former Principal, Lahore Medical & Dental College, Lahore	Oral Presentation skills among surgical residents before and after training
19.	Dr. Aymen Javed	Prof. Dr. Aliya Bashir Professor of Obst & Gynae Allama Iqbal Medical College, Lahore	Identification of threshold concepts in obstetrics and Gynecology at undergraduate level
20.	Dr. Madiha Maryam	Prof. Syed Asghar Naqvi Principal Allama Iqbal Medical College, Lahore	Utility of self-directed learning in undergraduate medical dental and nursing students in their curriculum
21.	Dr. Sidrah Saleem	Prof. Dr. Aliya Bashir Professor of Obst & Gynae Allama Iqbal Medical College, Lahore	Perception of medical students regarding the teaching-learning experience of professionalism, ethics, research, and leadership skills in the foundation module during first year of medical college in Punjab, Pakistan, A Sequential Mixed Method Study



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Wednesday, 26th February 2025, at 10:30 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Waqar Jeelani	Dr. Noor-i-Kiran Haris Head Department of Medical Education, AWWA Medical College, Faisalabad	A comparison of learning styles and perception AI enhanced adaptive learning among postgraduate residents of various specialties of dentistry in south Punjab, Pakistan
2.	Dr. Alishbah Bin Saeed		Correlation of sleep quality and professionalism among postgraduate residents of surgery and Allied departments in a tertiary care hospital
3.	Dr. Mehrin Farooq	Col (R) Dr. Khalid Rahim Khan Ex-Director, Department of Medical Education, UHS	Application of solo taxonomy to compare difference in comprehension of final year medical students using case based and lecture based teaching strategies
4.	Dr. Waleed Ahmed Butt		Impact of usage of mobile medical applications on students' academic self-confidence
5.	Dr. Ameen Moazzam Baig Mirza	Prof. Zohra Khanum Principal, Services Institute of Medical Sciences, Lahore	Exploring the correlation of readiness for inter-professional education and learning among MBBS students of all professional years
6.	Dr. Afifa Ehsan	Prof. Dr. Attia Bari Ex-Professor of Paediatrics University of Child Health Sciences, Lahore	Assessing the effectiveness of teaching professionalism and ethics to undergraduate dental students: An Educational Trial
7.	Ms. Asma Tasawar		Stakeholders perspectives on cardiac perfusionists preparedness for workplace practice
8.	Dr. Saima Zaki	Prof. Dr. Anila Jaleel Head Department of Biochemistry Shalamar Medical & Dental College, Lahore	Effectiveness of simulation training program for vacuum application on technical skills in postgraduate of gynaecology department
9.	Dr. Aruna Bashir		Comparative Study On Use Of Chatgpt Versus Textbooks on academics performance in embryology of 1 st year MBBS students
10.	Dr. Muhammad Ilyas	Dr. Lamia Yousaf Assistant Professor Department of Medical Education, UHS	Entrustable professional activities of orthodontics for undergraduate dental students
11.	Dr. Adnan Arshad		Artificial intelligence in higher education: measuring the impact of ChatGPT on university undergraduate students' critical thinking

12.	Dr. Rana Modassir Shamsher Khan		Emotional intelligence and professionalism in dental education: A Need for Curriculum Reform
13.	Dr. Muhammad Faheem Anwer	Dr. Amina Ahmad Dean, School of Health Profession's CMH Lahore	Comparison of flipped classroom versus traditional class room teaching methodology in undergraduate course of surgery
14.	Dr. Ayesha Khalid Presented in SRC (MHPE) held on 5th Sep 2023		Assessing perception, awareness and opinions about artificial intelligence among undergraduate medical students at Ameer-ud-Din Medical College
15.	Dr. Armughan Israr Mirza	Prof. Nudrat Sohail Professor of Obst. & Gynae. Postgraduate Medical Institute, Lahore	Impact of workplace based assessment on clinical exodontia skills of undergraduate dental students
16.	Dr. Tamknat Ilyas		A comparative study of the one-minute preceptor (OMP) model versus conventional clinical teaching methods in final-year medical students in an outpatient setting
17.	Dr. Umaria Ahsan	Prof. Ahmad Zeeshan Jamil Head Department of Ophthalmology Sahiwal Medical College, Sahiwal	The psychometric analysis of MCQs, enhancing validity and reliability of assessments in ophthalmology
18.	Dr. Nauman Aziz Presented in ERC held on 25th May 2023		Reasons of plagiarism to postgraduate students of basic medical sciences at a Public Sector University of Pakistan
19.	Dr. Abdullah Saeed	Dr. Sumera Badar Ehsan Director Medical Education, PMDC	Exploring workplace challenges leading to job resignation among doctors
20.	Dr. Rao Hummad Hussain		Comparing empathy scores among MBBS students in traditional curriculum versus modular integrated curriculum in medical college affiliated with University of Health Sciences Lahore, using the Jefferson Scale of empathy-students version
21.	Dr. Saima Farhan	Prof. Alia Bashir Professor of Obst. & Gynae. Allama Iqbal Medical College, Lahore	Evaluating the effect of intensive courses on competency development in postgraduate fellowship exit program
22.	Dr. Saba Saleem		Impact of study habits on the academic achievement of under-graduate medical student



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Monday, 29th December 2025, at 10:30 a.m.** in University of Health Sciences, Lahore.

AGENDA

Sr. #	Name, program & Session	Supervisor	Title of the Proposal	Collaboration Letter / Study Setting	Status
1.	Dr. Masooma Ahmed Ph.D (Anatomy) Session: 2020-21	Prof. Dr. Uruj Zehra Head, Department of Anatomy, UHS	Histological, clinical and radiological evaluation of infrapatellar fat pad and articular cartilage in knee osteoarthritic patients with and without metabolic syndrome	Yes <ul style="list-style-type: none">Shaikh Zayed HospitalGhurki Trust Teaching Hospital	Comprehensive and Course Work Complete

Sr.#	Name, program & Session	Supervisor	Title of the Proposal	Collaboration Letter	Study Setting
1.	Dr. Rida Dawood MHPE Revised: Presented in IRB, held on 14 th Apr 2025 Session: 2014-15	Prof. Tanzeela Khalid Chairperson department of Dermatology University Medical & Dental College, Faisalabad	Final Professional result of medical graduates as a predictor of preparedness for house job	Yes	<ul style="list-style-type: none">Sargodha Medical College, LahoreIndependent Medical college, FaisalabadAziz Fatima Medical College, Faisalabad
2.	Dr. Ayesha Arif M. Phil Community Medicine Session: 2020-21	Prof. Dr. Ayesha Humayun Principal/Hod Public Health and Community Medicine Shaikh Khalifa Bin Zayed Al-Nahyan Medical College, Lahore	Assessment of spirometry patterns and cardiometabolic parameters in association with particulate matter exposure to construction dust at worksites among construction trade workers in Lahore: A cross-sectional study	Yes	<ul style="list-style-type: none">Sarwar and Co. (PVT) limitedSH. Abdul Razaq and Company (PVT) limitedEDDCO Construction (PVT) limited
3.	Dr. Usman Shahnawaz M.Phil (Biochemistry) Session: 2019-20	Dr. Aisha Tahir Assistant Professor, Department of Biochemistry, UHS	Comparison of serum matrix metalloproteinase-12, myelin basic protein and progranulin between the patients with acute stroke and healthy controls	Yes	Lahore General Hospital, Lahore
4.	Dr. Asia Hina Malik M. Phil Chemical Pathology Session: 2014	Prof. Dr. Asim Mumtaz Professor of Pathology Akhtar Saeed Medical College, Lahore	Comparison of serum calprotectin levels among different age groups of Rheumatoid arthritis patients and healthy controls.	N/A	Jinnah Hospital

5.	Dr. Ambreen Tariq Chattha M.Phil (Forensic Medicine & Toxicology) Session: 2017-18	Dr. Pervaiz Zarif Assoc. Prof/Hod Department of Forensic Medicine & Toxicology Services Institute of Medical Sciences, Lahore	Estimation of Stature (Height) by Measurement of the Percutaneous length of Tibia among Pakistani Population.	N/A	PGMI
6.	Dr. Ramal Saif M.Phil (Biochemistry) Revised: Presented in IRB, held on 31 st Oct 2024 Session: 2020-21	Dr. Syed Faisal Hassan Shah Head of Biochemistry Department, Ameer Ud Din Medical College/ PGMI, Lahore	Protein C, Protein S, and antithrombin levels in transfusion – dependent thalassemia: Association with transfusion frequency in a case-control biochemical study.	Yes	Sir Ganga Ram Hospital (Thalassemia Day Care Center)
7.	Qurat -Ul-Ain MS. Nursing Session: 2024-25	Prof. Dr. Kausar Bano HoD Department of Oncology Jinnah Hospital Lahore	Effect of peppermint oil inhalation on intensity and frequency of acute nausea and vomiting in cancer patients receiving chemotherapy: A Randomized Controlled Trial	Yes	Jinnah Hospital
8.	Chanda Shahzadi MS. Nursing Session: 2024-25	Dr. Uzma Hamza Associate Professor of Ophthalmology Allama Iqbal Medical College Lahore	Effect of moist chamber (opsite) versus standard care on prevention of exposure keratopathy in mechanically ventilated and sedated patients at tertiary care hospital, Lahore: A randomized Control Trial	Yes	Jinnah Hospital
9.	Sanam Mansha Ms. Nursing Session: 2024-25	Prof. Dr. Ahsan Waheed Rathore Vice Chancellor University of Health Sciences, Lahore	Impact of Nurse-led Educational Interventions on Maternal Knowledge, Caregiving Practices, and Quality of Life in Children with ventriculoperitoneal Shunt.	Yes	Children's Hospital, Lahore
10.	Sajida Perveen Ms. Nursing Session: 2024-25		Evaluating the impact of Pre- Surgical Educational intervention in Mitigating Anxiety among Parents of Children Diagnosed with Congenital Heart Defects.	Yes	Children's Hospital, Lahore
11.	Rehana Lateef Ms. Nursing Session: 2024-25		Effect of a Nurse – led Educational Program on Mothers' knowledge and Practices regarding Children Undergoing Hemodialysis	Yes	Children's Hospital, Lahore
12.	Mahnoor Fatima Ms. Nursing Session: 2024-25		Effect of Nurse- Led Interventions on improving caregivers knowledge regarding Oral rehydration therapy of Children under-five with diarrhea	Yes	Children's Hospital, Lahore



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopsis to be held on **Monday, 5th August 2024, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Tayyaba Ph.D. (Anatomy) 2020-21 (Endorsement of new collaboration letter)	Dr. Uruj Zehra Head, Department of Anatomy University of Health Sciences, Lahore	Relationship between the anatomical changes of intervertebral discs, vertebral endplates and facet joints in low back pain patients
2.	Dr. Ali Refi Ph.D. (Pharmacology) 2019-20 Endorsement of recommendations of Equivalence/Relevance Committee	Dr. Usman Aftab Assistant Professor, Department of Pharmacology, University of Health Sciences, Lahore	Antiproliferative effect of synthetic Schiff base compounds against breast cancer in Comparison with doxorubicin
3.	Ms. Sana Zareef M.S. (Nursing) 2020-21 (Endorsement of recommendations of Equivalence/Relevance Committee)	Dr. Ambreen Khalid Associate Professor of Physiology University of Health Sciences, Lahore	Effect of Buerger-Allen exercise on peripheral circulation among patients with type 2 diabetes mellitus visited in outpatients department: A randomized controlled trial
4.	Dr. Nida Zaidi M.Phil (Community Medicine) 2018-19	Prof. Zarfishan Tahir Dean, Institute of Public Health, Lahore	Effectiveness of educational intervention on breast self-examination for breast cancer screening among female medical students of various medical colleges in Lahore: a pre-post quasi-experimental study
5.	Dr. Amna Khanum MHPE 2020-21 Revised (Presented in IRB, held on 11th January 2024)	Prof. Alia Bashir Professor of Obst. & Gynae. Allama Iqbal Medical College, Lahore, Lahore	Challenges in post graduate medical education in Obstetrics & Gynecology: Consultants and trainees perspective
6.	Dr. Asif Raza Madni M.Phil (Microbiology) 2019-20	Prof. S.M Abbas Naqvi Professor of Pathology Nishtar Medical University Multan	Antibacterial effect of silver nanoparticles and zinc oxide nanoparticles on MDR and XDR pseudomonas aeruginosa
7.	Dr. Tayyaba Tahir M. Phil (Forensic Medicine) 2019-20	Dr. Pervaiz Zarif Associate Professor & Head Department of Forensic Medicine & Toxicology Postgraduate Medical Institute Lahore	Establishment of cranial index using anthropometric measurements in Lahore division
8.	Dr. Afifa Javaid M. Phil (Forensic Medicine) 2014-15		Use of pilocarpine eye drops in estimation of time since death
9.	Dr. Fabiha Moeen M. Phil (Forensic Medicine) 2020-21	Prof. Abdur Rasheed Mian Principal/Professor of Forensic Medicine Watim Medical & Dental College Rawalpindi	Stature estimation in adult females of Islamabad from percutaneous ulnar length using piecewise regression equations
10.	Dr. Sumya Ghaffar M.Phil (Anatomy) 2020-21	Dr. Uruj Zehra Head, Department of Anatomy University of Health Sciences, Lahore	Anatomical variation of female pelvis in local population-A computed tomography study
11.	Dr. Aania Zahra M.Phil (Haematology) 2019-20	Prof. Muhammad Asif Naveed Professor of Haematology & Head Department of Haematology, University of Health Sciences, Lahore	Pharmacogenetics analysis of common polymorphisms in platelet surface glycoprotein genes (ITGB3 and ITGA2B) in patients with ischemic heart disease on aspirin therapy
12.	Ms. Rafia Khalid M.Phil (Medical Laboratory Sciences-Immunology) 2020-21	Dr. Romeeza Tahir Assistant Professor Department of Immunology, University of Health Sciences, Lahore	Comparison of TGF- β serum levels and TGFBR2 gene expression between methotrexate responders and non-responders in juvenile idiopathic arthritis patients



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopsis to be held on **Wednesday, 8th May 2024, at 10:30 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Munazza Saduf Ph.D. (Biochemistry) 2020-21	Dr. Farhat Bano Associate Professor Department of Biochemistry, UHS	Evaluate the role of inflammasome and mitochondrial dysfunction in acute pulmonary exacerbation of cystic fibrosis in children
2.	Dr. Alia Batool MHPE 2015-16	Prof. Shazia Nilofar Ibnerasa Professor of Histopathology Lahore Medical and Dental College, Lahore	A comparative analysis of medical students perceptions for simulated patients or paper-based cases during case based learning
3.	Dr. Khadija Amjad MHPE 2019-20	Prof. Nilofar Mustafa Head Department of Obs/Gynae CMH Lahore Medical College & Institute of Dentistry, Lahore	Personality traits as a predictor of health of profession students attitude towards professionalism
4.	Dr. Aalia Zafar M.Phil (Physiology) 2017-18	Dr. Faraz Ahmed Bokhari Associate Professor of Physiology Shaikh Zayed Postgraduate Medical Institute, Lahore	Comparison of copeptin with cardiac troponin in acute myocardial infarction
5.	Mr. Muhammad Afraz Numan M.Phil (MLS-Molecular Pathology & Cytogenetics) 2020-21	Dr. Asim Pervaiz Assistant Professor Department of Medical Education, UHS	Effect of ribosomal inactivating protein on ITIH-4 gene expression in cancer cells
6.	Dr. Unaza Usmani M. Phil(Microbiology) 2019-20	Prof. S.M Abbas Naqvi Professor of Pathology Nishtar Medical University Multan	Detection of in vitro antibacterial activity of cefiderocol against carbapenem resistant klebsilla isolated from ICU patients in Nishtar Hospital Multan
7.	Dr. Tooba Imran M.Phil (Microbiology) 2020-21	Dr. Afshan Zia Assistant Professor of Microbiology University of Health Sciences, Lahore	Detection of qacA/B, qacJ, qacG genes in staphylococcus aureus isolates from environmental surface of tertiary care hospitals in Lahore
8.	Dr. Shajjia Bint Kousar M.Phil (Microbiology) 2020-21		In vitro activity of delafloxacin in fluoroquinolone resistant klebsiella pneumoniae and detection of gyrB and parC gene in clinical isolates from tertiary care hospital of Lahore, Pakistan
9.	Ms. Farha Naz MS (Nursing) 2020-21 Revised (Presented in ERC 29 th Feb 2024)	Prof. Samina Kausar Head, Department of Nursing University of Health Sciences, Lahore	Reduction in recurrence of urethral stricture with Intermittent Bladder Catheterization (IBC) among female patients in tertiary care hospital, Lahore: A nurse led intervention
10	Dr. Madeeha Mushtaq M.Phil (Biochemistry) 2019-20	Dr. Aisha Tahir Assistant Professor of Biochemistry UHS	Evaluation of serum biomarkers (GFAP, TNF- α and IL-6) to discriminate between ischemic and hemorrhagic stroke



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopsis to be held on **Monday, 10th June 2024, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Hammad Ahmed Butt Ph.D. (Pharmacology) 2018-19 Revised (Presented in IRB 15 th Feb 2024)	Prof. Dr. Muhammad Shahzad Head Department of Pharmacology, UHS	Anticancer effect of hypoglycin A against breast cancer in comparison with doxorubicin
2.	Ms. Atiqa Rana Shoaib M.Phil (Histotechnology) 2020-21	Prof. Nadia Naseem Head Department of Histopathology UHS	Morphological and molecular characteristics of fresh frozen, formalin fixed paraffin embedded, and michel's transport medium preserved adipose tissue
3.	Dr. Rafia Tahir M. Phil (Physiology) 2020-21	Dr. Naima Shakeel Associate Professor of Physiology Postgraduate Medical Institute, Lahore	The effect of cord clamping timing on beta endorphin levels and APGAR score
4.	Dr. Sameera Afzal M.Phil (Pharmacology) 2011-12	Dr. Amer Hassan Siddiqui Associate Professor of Physiology Postgraduate Medical Institute, Lahore	Comparison of anti-inflammatory role of sacubitril and dexamethasone in ovalbumin induced allergic asthma in rat model
5.	Dr. Dawood Khan M.Phil (Oral Pathology) 2019-20	Dr. Rabia Anjum Assistant Professor Department of Oral Pathology, UHS	Immunohistochemical expression and single nucleotide polymorphism (rs123602) of BRCA Associated Protein 1 (BAP1) and in head and neck squamous cell carcinoma
6.	Dr. Shafa M. Phil (Oral Pathology) 2019-20		SRY-Box transcription factor 17 methylation in oral squamous cell carcinoma
7.	Ms. Razia Sultana MS (Nursing) 2019-20 Revised (Presented in SRC (Nursing) 9 th Oct 2023)	Prof. Samina Kausar Head, Department of Nursing University of Health Sciences, Lahore	Implementation of nurse-led hypertension management model in tertiary care hospital, Lahore
8.	Ms. Abida Shafiq MS (Nursing) 2020-21 Revised (Presented in SRC (Nursing) 9 th Oct 2023)	Ms. Ayesha Ghazal Lecturer Microbiology, UHS	Factors associated with acute respiratory disease among children under five years in district head quarter hospital Sheikhupura

9.	Mr. Walid Alam M.Phil (MLS-Molecular Pathology & Cytogenetics) 2020-21		Identification of blaCTX-M-1, and blaCTX-M-9 genes in ESBL producing gram negative lactose fermenter bacilli isolated from pediatric blood cultures
10	Ms. Rizwana Bashir MS (Nursing) 2020-21 Revised (Presented in SRC (Nursing) 9 th Oct 2023)	Dr. Aisha Tahir Assistant Professor of Biochemistry UHS	Assessment of suicide-related knowledge and patients management-related skills among nurses in Punjab Institute of Mental Health, Lahore
11	Ms. Maria Nasir M.Phil (MLS-Molecular Pathology & Cytogenetics) 2020-21 Revised (Presented in SRC Basic Sciences, 10 th July 2023)	Dr. Saba Khaliq Director, Institute of Allied Health Sciences, UHS	Expressional profiling of plasma non-coding RNAs in breast cancer patients



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Thursday, 13th March 2025, at 09:30 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Prof. Zohra Khanum Ph.D (Medical Education)	Dr. Amina Ahmad Dean, School of Health Profession's CMH Lahore	Identification of educational factors influencing the quality of healthcare in tertiary care hospital
2.	Ms. Sana Zareef MS (Nursing)	Prof. Samina Kausar Head, Institute of Nursing, UHS	Effect of Buerger-Allen exercise on peripheral circulation among patients with type 2 diabetes mellitus visited in outpatients department: A Randomized Controlled Trial
3.	Dr. Amina Asif M.Phil (Community Medicine)	Dr. Saima Ayub Associate Professor Department of Bacteriology Institute of Public Health, Lahore	Evaluation of lavicidal effects of <i>Azadirachta Indica</i> (Neem) oil and <i>Syzygium Aromaticum</i> (Clove) oil against AEDES AEGYPTI under laboratory and simulated field conditions
4.	Dr. Adnan Khan M.Phil (Community Medicine)	Dr. Rahat Abdul Rehman Assistant Professor, Dept. of Forensic Medicine & Medical Jurisprudence UHS, Lahore	Frequency of Crimean- Congo hemorrhagic fever virus among thick population on livestock and its awareness among animal handlers in district Vehari
5.	Dr. Abdul Sattar M.Phil (Forensic Medicine & Toxicology)	Dr. Rahat Abdul Rehman Assistant Professor, Dept. of Forensic Medicine & Medical Jurisprudence UHS, Lahore	Custodial deaths in Lahore jails- An autopsy based retrospective study
6.	Mr. Hassan Ali Mujhtaba M.Phil (MLS- Molecular pathology and cytogenetics)	Dr. Asim Pervaiz Assistant Professor Department of Human Genetics, UHS	Transcriptomic analysis of potential biomarkers for pre-eclampsia in pregnant women
7.	Ms. Maryam Naveed M.Phil (MLS- Molecular pathology and cytogenetics)	Dr. Asim Pervaiz Assistant Professor Department of Human Genetics, UHS	Evaluation of FN1 and CA6 potential biomarkers for early detection of pre-eclampsia in pregnant women
8.	Dr. Asad Ullah Ijaz MHPE	Prof. Abdul Majeed Chaudhry Professor of Surgery/Ex- Principal Lahore Medical and Dental College Lahore	Understanding the predictor of entrepreneurial in final year medical students and house officers: A Structural Equation Modeling Study
9.	Dr. Muhammad Rizwan Anwar MHPE	Prof. Muhammad Rashad Qamar Rao	Perception of students regarding learning environment and its impact on their academic achievement at DG Khan Medical College
10.	Dr. Saima Yasmin Qadir MHPE	Prof. Muhammad Rashad Qamar Rao Professor of Ophthalmology/Principal Nishtar Medical College, Multan	Practices and problems in performance appraisal system in health sector: A Comparative Study of Public and Private Teaching Hospital, Multan
11.	Dr. Owais Kareem MHPE		Perception of faculty about online teaching at Nishtar Medical College Multan



UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Institutional Review Board in Basic Sciences (M.Phil / Ph.D) to be held on **Thursday, 15th February, 2024** at **10:30 a.m.** in University of Health Sciences, Lahore.

Sr #	Name Candidate / Specialty	Supervisor	Date of Submission	Title
1.	Dr. Hajera Ahmed MPhil – Candidate (Anatomy)	Prof. Javaid Iqbal	26-Mar-23	Morphological & histological features of post-partum placenta exposed of iron deficiency anemia during different trimesters and their relation with neonatal anthropometric measurements
2.	Dr. Ifra Ahsan MPhil – Candidate (Biochemistry)	Dr. Syed Faisal Hassan Shah	15-Jun-23	Comparison of β -2 microglobulin levels in different groups of beta-thalassemia based on different chelation therapies
3.	Ms. Afifa Iqbal MPhil- Candidate (Immunology)	Dr. Romeeza Tahir	23-Jun-23	Role of IL-17A and IL-22 cytokines and their genetic associate with guillain barre' syndrome
4.	Dr. Hira Ashfaq MPhil- Candidate (Community Medicine)	Prof. Ayesha Humayun	27-Jun-23	Pattern and predictors of drug resistance and treatment outcome in tuberculosis patients
5.	Dr. Zouha Zafar MPhil- Candidate (Morbid Anatomy & Histopathology)	Dr. Fakheha Rehman	07-Jul-23	Immunohistochemical analysis of ascitic fluid specimens using cell block in patients with high grade serious carcinoma of ovary
6.	Ms. Maryam Rida MPhil- Candidate (Forensic Sciences)	Dr. Midhat Salman	17-Jul-23	Estimation of DNA quantity on shoe soles depending on sole material and ground conditions
7.	Mr. Syed Qaim Ali MPhil- Candidate (Haematotechnology)	Prof. Muhammad Asif Naveed	19-Jul-23	Red Cell phenotyping and genotyping of kell and knops blood groups in o blood group healthy individuals in Lahore, Pakistan
8.	Dr. Tayyaba Sheikh MPhil- Candidate (Biochemistry)	Prof. Tahira Naseem	20-Jul-23	Comparison of serum uromodulin levels between microalbuminuric and normoalbuminuric diabetic patients with normal GFR
9.	Dr. Asmat Ejaz Nemat MPhil- Candidate (Histopathology)	Prof. Ambreen Anwar	15-Aug-23	Diagnostic utility of GATA3 immunohistochemical expression in urthelial carcinoma
10.	Mr. Adnan Khan MPhil- Candidate (Haematotechnology)	Khansa Qamar	16-Aug-23	Red cell phenotyping and genotyping of Lutheran and Xg antigens in o blood group healthy individuals in Lahore, Pakistan
11.	Dr. Areej Humayun MPhil- Candidate (Microbiology)	Dr. Afshan Zia	18-Aug-23	Detection of KPC3 gene in multi drug resistant gram negative rods and in vitro activity of imipenem/relebactam against them
12.	Ms. Amina Faryal MPhil- Candidate (Immunology)	Dr. Shah jahan	24-Aug-23	Effect of p-cymene on cell proliferation and genes involved in immune cell signaling (COX 1, mPGES1, PTGDS, Caspase 3, TNF- α , and NF-KB) in liver cancer
13.	Dr. Muhammad Abdullah Ilyas MPhil- Candidate (Pharmacology)	Dr. Muhammad Usman Aftab	24-Aug-23	α -Tocopherol improves glycemic control and B-cell function by alleviating ferroptosis in streptozotocin induced diabetic rat model as compared to metformin
14.	Dr. Hammad Ahmed Butt PhD- Candidate (Pharmacology)	Prof. Muhammad Shahzad	21-Aug-23	Anticancer effect of hypoglycin A against breast cancer in comparison with doxorubicin
15.	Mr. Muhammad Imran Phd- Candidate (Forensic Sciences)	Dr. Rahat Abdul Rehman Assistant Prof	11-Dec-23	Identification and characterization of Phase-I Metabolites of designer benzodiazepine using commercially available human liver microsomes



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Monday, 17th June 2025, at 09:30 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr.#	Name, program & Session	Supervisor	Title of the Proposal	Collaboration Letter	Study Setting
1.	Dr. Uzma Zaheen Anwar Ph.D (Forensic Medicine)	Dr. Anam Munawar Assistant Professor Department of Forensic Medicine, UHS	Use of deep learning techniques to determine the cause and pattern of injuries in forensic investigations	Yes	Lahore General Hospital
2.	Ayesha Ghazal Ph.D (Microbiology)	Prof. Dr. Sidrah Saleem Head, Department of Microbiology UHS	Intestinal Flora and fecal bio-markers for colorectal cancer in local patients	Yes	Sheikh Zayed Hospital Lahore
3.	Dr. Sadia Khalil M.Phil (Biochemistry)	Prof. Dr. Tahira Naseem Head Department of Biochemistry & Chemical Pathology, FPGMI	Assessment of serum tartarate resistant acid phosphate 5b (TRACP-5b) in beta-thalassemic major patients for diagnosis of osteoporosis	Yes	Sheikh Zayed Hospital Lahore
4.	Dr. Maryam Saeed M.Phil (Biochemistry)	Prof. Dr. Tahira Naseem Head Department of Biochemistry & Chemical Pathology, FPGMI	Assessment of serum osteopontin (OPN) as a marker of non-alcoholic fatty liver disease	Yes	Sheikh Zayed Hospital Lahore
5.	Dr. Muneeba Ahmed M.Phil (Biochemistry)	Prof. Dr. Tahira Naseem Head Department of Biochemistry & Chemical Pathology, FPGMI	Evaluation of serum neopterin level as diagnostic marker of active pulmonary	From SZH only	Sheikh Zayed Hospital Lahore Gulab Devi Hospital
6.	Dr. Ayesha Ahmed M.Phil (Biochemistry)	Dr. Syed Faisal Hassan Shah Associate Professor of Biochemistry, PGMI Lahore	Estimation of vitamin D levels in reproductive females with different size and number of uterine fibroids	No	Lahore General Hospital
7.	Dr. Amina Liaqat M.Phil (Anatomy)	Dr. Tayyaba Muzaffar Assistant Professor of Anatomy, FPGMI	Effect of ocimum basilicum on diclofenac sodium induced nephrotoxicity in male adult wistar rats	Yes but from SZH	Punjab Postgraduate Medical Institute.

8.	Dr. Zumirah Atiq M.Phil (Anatomy)	Dr. Tayyaba Muzaffar Assistant Professor of Anatomy, FPGMI	Effects of Terminalia chebula fruit extract on doxorubicin induced hepatotoxicity in adult male wistar rats	Yes	Sheikh Zayed Hospital Lahore PGMI
9.	Dr. Gull Snobr M.Phil (Anatomy)	Dr. Tayyaba Muzaffar Assistant Professor of Anatomy, FPGMI	Gross and histological effects of peral millet on potassium bromate induced nephrotoxicity in male adult albino rats	From SZH only	Sheikh Zayed Hospital Lahore CMH Lahore
10.	Dr. Ramsha Tanveer M.Phil (Anatomy)	Dr. Tayyaba Muzaffar Assistant Professor of Anatomy, FPGMI	Evaluation of obesity-related placental and fetal anatomical parameters using maternal waist-to-hip ratio and body mass index	Yes	Sheikh Zayed Hospital Lahore
11.	Dr. Rakeeah Ahmed M.Phil (Anatomy)	Dr. Tayyaba Muzaffar Assistant Professor of Anatomy, FPGMI	Anatomical and histological variations in umbilical cord of gestational diabetic mothers and its relationship with fetal anthropometric measurements	Yes	Sheikh Zayed Hospital Lahore
12.	Dr. Noor ul Ain M.Phil (Anatomy)	Prof. Dr. Uruj Zehra Head Department of Anatomy UHS	Histological changes in knee articular cartilage and their relationship to serum fibroblast growth factor-21 levels in osteoarthritis	Yes	Sheikh Zayed Hospital, Lahore Ghurki Trust Teaching Hospital, Lahore



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopsis to be held on **17th, April 2024, at 10:30 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Application for re-issuance of Ethical Approval Letter due to rephrasing in research title suggested in Advanced Studies & Research Board held on 14 th December 2023. Dr. Rabia Saeed , M.Phil (Microbiology), UHS		
2.	Dr. Tayyaba Muzaffar Ph.D. (Anatomy) 2020-21	Dr. Uruj Zehra Head, Department of Anatomy University of Health Sciences, Lahore	Relationship between the anatomical changes of intervertebral discs, vertebral endplates and facet joints in low back pain patients
3.	Dr. Zainub Arif M.Phil (Physiology) 2020-21	Dr. Naima Shakeel Associate Professor of Physiology Postgraduate Medical Institute Lahore	Effect of chromium exposure on nerve conduction study
4.	Noor Dr. Naseem Ellahi M.Phil (Community Medicine) 2019-20 Revised (Presented in SRC-Basic Sciences, 10 th July 2023)	Prof. Zarfishan Tahir Dean, Institute of Public Health Lahore	A cross sectional study of intimate partner violence (IPV) and breastfeeding practices among mothers in district Dera Ghazi Khan
5.	Research Project	Dr. Hassan Zahid (Principal Investigator) Department of Public Health, UHS	Assessing Quality of life in patients with end stage renal disease (ESRD)
6.	Ms. Khadija Awais Malik M.Phil (Biochemistry) 2020-21	Dr. Farhat Bano Associate professor Head Department of Biochemistry	Evaluate the effect of captopril, berberis vulgaris and <i>Ginkgo Biloba</i> in association with xanthine oxidoreductase, caspase-1 Interlukin1- β in Wistar rats with induced nephrotoxicity
7.	Dr. Tahira Naeem M.Phil (Biochemistry) 2019-20	University of Health Sciences Lahore	Comparison of cardio protective effect of captopril with herbal extract combination of <i>Crataegus oxyacantha</i> and <i>Ginkgo Biloba</i> in isoproterenol induced cardiovascular rats
8.	Ms. Nageen Talib M.Phil (Medical Laboratory Sciences-Molecular Pathology & Cytogenetics) 2020-21	Dr. Saba Khaliq Director, Institute of Allied Health Sciences University of Health Sciences Lahore	Expressional profiling of TP53, CASP3, MAPK8 and CDKN1A genes in breast cancer patients

9.	Dr. Ali Asghar M.Phil (Microbiology) 2019-20 Revised (Presented in SRC-Basic Sciences, 14 th December 2022)	Prof. Sidrah Saleem Professor of Microbiology University of Health Sciences Lahore	Detection of balNDM-5 gene and in vitro activity of cefiderocol against carbapenem resistant uropathogenic <i>Escherichia coli</i>
10	Ms. Amina Faryal M.Phil (Immunology) 2020-21	Dr. Shah Jahan Associate Professor of Immunology University of Health Sciences Lahore	Effect of p-cymene on cell proliferation and genes involved in immune cell signaling (COX 1, mPGES1, PTGDS, Caspase 3, TNF- α , and NF-KB) in liver cancer
11	Mr. Akash Samuel MS (Nursing) 2020-21 Revised (Presented in SRC-Nursing, 11 th August 2023)	Dr. Saira Khalid Associate Professor of Dental Materials University of Health Sciences Lahore	The Efficacy of adjuvant oral care in prevention of ventilator associated pneumonia: A randomized controlled trial
12	Ms. Azra Khanum MS (Nursing) 2020-21 Revised (Presented in ERC, 12 th January 2024)	Dr. Mohammad Nouman Tabassum Senior Physiotherapist Department of Physiotherapy University of Health Sciences Lahore	Immediate and prolonged effects of self-thai foot massage on pain, range of motion and somatosensory reception among patients with type 2 diabetes peripheral neuropathy
13	Ms. Maria Sharif MS (Nursing) 2020-21 Revised (Presented in SRC-Nursing, 10 th August 2023)	Dr. Syed Razi Haider Zaidi Associate professor Department of Public Health University of Health Sciences Lahore	Environmental and behavioral hazards associated with male infertility in Lahore, Pakistan



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Friday, 19th September 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr. No.	Candidate Name	Supervisor Name	Research Title	Collaboration Letter	Study Settings
1.	Dr. Muhammad Osama Shahid M. Phil (Immunology)	Dr Romeeza Tahir Assistant Professor Department of Immunology University of Health Sciences Lahore	Association of NLRP3 rs 10754558 polymorphism and serum interleukin-18 levels with immunogenetic predisposition and clinical severity spectrum in rheumatic heart disease patients	Yes	PIC
2.	Dr. Huma Muzammil M. Phil (Microbiology)	Dr. S. M. Abbas Naqvi Professor of Pathology Nishtar Medical University of Multan	Urinary tract infection among women (18-40 years old) during 2 nd Trimester of Pregnancy in a Tertiary Care Hospital	Not applicable	Nishtar Medical University
3.	Dr. Amna Rajpoot M. Phil (Oral Biology)	Dr. Sadia Shakeel Associate Professor, Oral Biology Department De'Montomency College of Dentistry, Lahore	Osteogenic potential of QAS-Doped brushite granules in the healing of critical size defect in an animal model	From Akhtar Saeed	PGMI, Lahore Akhtar Saeed Medical and Dental College, Lahore
4.	Dr. Amir Manzoor M. Phil (Haematology)	Prof. Nazish Saqlain Professor of Pathology, Postgraduate Medical Institute, Lahore	To determine the frequency of serpine1 variants and clinical correlation in patients with venous thromboembolism in tertiary care hospital in Faisalabad	Yes	FIC, Faisalabad Department of Bioinformatics, GC University, Faisalabad
5.	Dr Adnan Arshad MHPE	Dr Lamia Yusuf Assistant Professor, Department of Medical Education, UHS	Chatbot-Assisted Learning in Medical Education: A Comparative Study on Critical Thinking Performance Among 3rd-Year MPPS Students	Yes	AIMC

6.	Dr. Sadia Ahmad MHPE	Prof. Dr. Anila Jaleel HoD Biochemistry, Shalamar Medical and Dental College, Lahore	Reflective practices integrated with case based learning: Evaluating its impact on clinical reasoning skill in Obstetrics and Gynaecology training	Yes	Jinnah Hospital, Lahore
7.	Dr Afifa Javaid M. Phil (Forensic Medicine & Toxicology)	Prof. Dr. Pervaiz Zarif HoD Forensic Medicine and Toxicology, SIMS, Lahore	Use of pilocarpine eye drops and glucose levels in vitreous humor for estimation of time since death	Not applicable	LGH
8.	Saba Ansar M. Phil (Science of Dental Material)	Prof. Dr Nadia Munir Professor of Science of Dental Material, LMDC, Lahore	Design and Development of Angiogenic Gel For Oral Ulcer Healing	Yes	IRCBM COMSATS PGMI

9.	Candidate Name	Supervisor	Research Title	Agenda
	Dr. Usman Shams Ph. D. Morbid Anatomy and Histopathology	Prof. Dr. A.H. Nagi , Former Head, Department of Morbid Anatomy and Histopathology, University of Health Sciences, Lahore	Expression and mutational analysis of epigenetic regulator EZH2 and its related genes in squamous cell carcinoma of skin	Issuance of Ethical certificate by the Institutional Review Board after R&D Committee verification of Ph. D. work done



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Tuesday, 27th August 2024, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Anam Zia M.Phil (Biochemistry) 2020-21	Prof. Tahira Naseem Head, Department of Biochemistry and Chemical Pathology, Shaikh Zayed Postgraduate Medical Institute, Lahore	Comparative study of maternal vitamin D levels having fetuses with and without fetal heart disease
2.	Dr. Aftab Ali Gill M.Phil (Community Medicine) 2017-18 Revised Twice (Presented in SRC(Basic Sciences), held on 24 th May 2022 and 12 th December 2022, respectively)	Dr. Saima Ayub Associate Professor, Department of Bacteriology, Institute of Public Health, Lahore	Frequency of anemia among school going children (10 to 15 years) of Wahga Town Lahore and its relationship with daily average caloric intake and anthropometric measurements
3.	Dr. Sana Sayal M.Phil (Community Medicine) 2020-21	Prof. Ayesha Humayun Principal/Head, Department of Community Medicine, Shaikh Zayed Postgraduate Medical Institute, Lahore	Maternal and perinatal outcomes in females with and without gestational diabetes mellitus
4.	Dr. Sobia Hameed M.Phil (Microbiology) 2019-20	Prof. S. M Abbas Naqvi Professor of Pathology Nishtar Medical University Multan	Diagnostic accuracy of gene-Xpert in the diagnosis of smear-negative pulmonary tuberculosis patients presenting to Nishtar Medical University and Hospital Multan
5.	Ms. Huma MS (Nursing) 2019-20 Revised Once (Presented in SRC (Nursing), held on 16 th February 2023)	Ms. Shazia Ashraf Principal Multan College of Nursing, Multan Medical & Dental College, Multan	The effects of clinical alarms on nurses performance working in intensive care unit in tertiary care hospital, Punjab
6.	Dr. Mehak Batool M.Phil (Haematology) 2019-20	Dr. Irem Iqbal Associate Professor of Pathology Postgraduate Medical Institute, Lahore	COX-2 rs689466 polymorphism and aspirin resistance in ischemic heart disease patients
7.	Dr. Asra Javed M. Phil (Physiology) 2017-18	Dr. Faraz Ahmed Bokhari Associate Professor of Physiology Shaikh Zayed Postgraduate Medical Institute, Lahore	Comparison of serum procalcitonin and inflammatory biomarkers for severity assessment in pediatric pneumonia
8.	Ms. Naureen MS (Nursing) 2016-18 Revised Once (Presented in SRC (Nursing), held on 9 th October 2023, referred to ERC)	Dr. Asma Salam Lecturer Department of Physiology UHS	Impact of tactile stimulation on physiological parameters and sternal pain in post coronary artery bypass graft patients
9.	Dr. Laiba Shahid M. Phil (Physiology) 2020-21 Revised Once (Presented in SRC (Basic Sciences), held on 16 th December 2022)		Comparison of ANGPTL-2 and IL-6 Levels in gingival crevicular fluid of polycystic ovarian syndrome patients with and without chronic periodontitis



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopsis to be held on **27th, March 2024, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Dr. Muhammad Faheem Ashraf Ph.D. (Forensic Sciences) 2020-21 Revised (Presented in ERC 16 th October 2023)	Prof. Allah Rakha Head, Department of Forensic Medicine/Medical Jurisprudence University of Health Sciences, Lahore	Designing of diamond nanoparticle-based sensing device for the real time detection of lidocaine and its metabolites with implication in forensic investigations
2.	Dr. Sidrah Saleem MHPE 2014-15	Dr. Ambreen Khalid Associate Professor Department of Physiology University of Health Sciences Lahore	Perception of medical students regarding teaching professionalism and ethics in molecular curriculum versus non-modular curriculum in public and private medical colleges
3.	Dr. Sara Younas M.Phil (Physiology) 2020-21	Dr. Naima Shakeel Associate Professor of Physiology Postgraduate Medical Institute Lahore	Correlation of muscular fitness with levels of vitamin D, osteocalcin and body mass index in school going children of public sector
4.	Dr. Muhammad Bilal M.Phil (Biochemistry) 2020-21	Dr. Mansoor Ghani Assistant Professor of Biochemistry University of Health Sciences, Lahore	Correlation of C-X-C motif chemokine receptor-2 and matrix metalloproteinase-9 levels with severity of disease in acute myocardial infarction patients
5.	Mr. Izhar Ullah Shah M.Phil (Microbiology) 2020-21	Dr. Muhammad Imran Associate Professor of Microbiology University of Health Sciences, Lahore	Frequency of multi, extensively and azithromycin resistant <i>Salmonella species</i> and identifying specific bacteriophages from sewage water against them
6.	Dr. Ayeza Nadeem M.Phil (Microbiology) 2020-21		Characterization of bacteriophages isolated from wound infections, hospital sewerage water and their efficacy against bacteria isolated from wound infections
7.	Ms. Bushra Gillani M.Phil (Medical Laboratory Sciences-Haematotechnology) 2020-21	Ms. Khansa Qamar Lecturer Department of Haematology University of Health Sciences Lahore	Molecular screening of kidd & colton blood group antigens in healthy O blood group individuals in Lahore Pakistan



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopsis to be held on **29th, February 2024, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program, session & date of submission	Supervisor	Title of the Proposal
1	Mr. Liaqat Ali Ph.D. (Forensic Sciences) 2018-19 24 th November 2023	Prof. Dr. Allah Rakha Head Department of Forensic Medicine/ Medical Jurisprudence University of Health Sciences, Lahore	A cross-sectional mixed study of child sexual abuse in all districts of Punjab, Pakistan
2	Ms. Ayesha Ghazal Ph.D. (Microbiology) 2018-19 3 rd January 2024	Dr. Shah Jahan Associate Professor Institute of Allied Health Sciences University of Health Sciences, Lahore	Intestinal flora and fecal bio-markers for colorectal cancer in local patients
3	Dr. Namra Qutb M.Phil. (Behavioral Sciences) 2013-14 24 th November 2023	Dr. Muhammad Saqib Rabbani Assistant Professor Department of Behavioral Sciences University of Health Sciences, Lahore	Correlation of coping strategies with pain intensity among rheumatic patients
4	Dr. Nausheen Raza MHPE 2013 18 th January 2024	Prof. Amina Ahmad Dean School of Health Sciences/CMH Lahore Medical College & Institute of Dentistry, Lahore	Empathy among medical students: a reflective narrative
5	Dr. Mehwish Javed MHPE 2019-20 4 th January 2024	Prof. Dr. Saima Chaudhry Director, Center for Health Professionals Development and Lifelong Learning, University of Lahore, Lahore	Barriers and enablers affecting working female doctors' entry and retention in professional workforce
6	Ms. Shafqat Noreen M.S. (Nursing) 2020-21 8 th December 2023	Prof. Dr. Sidrah Saleem Head Department of Microbiology University of Lahore, Lahore	Factors associated with acute diarrhea among children under five years in district head quarter hospital Sheikhpura
7	Ms. Farah Naz M.S. (Nursing) 2020-21 20 th December 2023	Prof. Samina Kausar Head Institute of Nursing University of Health Sciences, Lahore	Effectiveness of intermittent bladder catheterization (IBC) in reducing recurrence of urethral stricture among female patients in tertiary care hospital, Lahore: a nurse led intervention
8	Ms. Shazia Yousaf M.S. (Nursing) 2020-21 12 th December 2023	Dr. Muhammad Saqib Rabbani Assistant Professor Department of Behavioral Sciences University of Health Sciences, Lahore	Correlation between illness representations and treatment adherence among insulin-department diabetic patients
9	Ms. Sadia Ahmad M.S. (Nursing) 2020-21 23 rd January 2024		Effect of Benson relaxation technique on stress and anxiety among women and high-risk pregnancies in a tertiary care hospital Lahore, Pakistan
10	Ms. Yasmeen Saleem M.S. (Nursing) 2020-21 12 th December 2023	Dr. Asma Salam Lecturer Department of Physiology University of Health Sciences, Lahore	Correlation of psychological wellbeing with breast feeding self-efficacy of postpartum mothers in DHQ Hospital Sheikhpura
11	Ms. Nadia Manzoor M.S. (Nursing) 2020-21 12 th December 2023	Dr. Mahreen Akhtar Lecturer Department of Pharmacology University of Health Sciences, Lahore	Comparison of magnesium sulphate versus cold compression on patients with I.V cannula induce phlebitis admitted in Lahore General Hospital Lahore

12	Ms. Shafqat M.S. (Nursing) 2018-19 12 th December 2023	Dr. Usman Aftab Assistant Professor Department of Pharmacology University of Health Sciences, Lahore	Effect of turmeric powder as compared to talc powder back massage on prevention of pressure sores among bedridden patients in tertiary care hospitals of Lahore, Pakistan
----	---	--	---



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Thursday, 31st October 2024, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal
1.	Application for re-issuance of Ethical Approval Letter for Publication of Research . Dr. Saima Pervaiz, M.Phil (Immunology), UHS (Session, 2014-15)		Comparison of anti cmDNA and anti dsDNA antibodies in patients of juvenile systemic lupus erythematosus
2.	Dr. Shafia Rasool Qazi M.Phil (Physiology) 2020-21 (Endorsement collaboration letter and recommendations Equivalence/Relevance Committee)	Dr. Asma Salam Lecturer, Department of Physiology, UHS	Comparison and correlation of serum ROMO 1 (ROS modulator 1) and melatonin levels in chronic obstructive pulmonary disease patients with healthy subjects
3.	Dr. Sana Aizaz M.Phil (Community Medicine) 2019-20	Dr. Saima Ayub Associate Professor Department of Bacteriology Institute of Public Health, Lahore	Assessment of carbon footprint and its associated factors among the employees of an Institute in Lahore
4.	Dr. Ali Hussain Bokhari M.Phil (Microbiology) 2020-21	Dr. Chetan Lal Assistant Professor & Head Department of Microbiology Shaikh Zayed Postgraduate Medical Institute, Lahore	In vitro activity of Eravacycline among cultures of Acinetobacter
5.	Dr. Maqsood Ahmed M.Phil (Biochemistry) 2016-17	Dr. Syed Faisal Hassan Shah Head, Department of Biochemistry Postgraduate Medical Institute, Lahore	Expression of liver biosynthetic markers and different genotypes of hepatitis 'B' virus amongst hepatitis B patients
6.	Dr. Ramal Saif M.Phil (Biochemistry) 2020-21		Comparison of biochemical coagulation profile in thalassemia patients undergoing frequent and infrequent blood transfusion
7.	Ms. Mehnaz Kosar MS (Nursing) 2018-19	Ms. Shazia Ashraf Principal Multan College of Nursing, Multan Medical & Dental College, Multan	Effect of preventive measures on chemotherapy induced phlebitis among patients with cancer in University of Nishtar Hospital Multan
8.	Ms. Zareena Shahzadi MS (Nursing) 2020-21 Revised Once (Presented in SRC (Nursing), held on 9 th October 2023)	Prof. Samina Kausar Head, Institute of Nursing, UHS	Essential hypertension and its association with physical activity and dietary behavior among high school adolescents in Lahore Pakistan
9.	Ms. Azra Khanum MS (Nursing) 2020-21 Revised Once (Presented in IRB, held on 17 th April 2024)	Dr. Mohamad Nouman Tabassum Senior Physiotherapist, Department of Physiotherapy, UHS	Immediate and prolonged effects of Thai foot massage on pain, range of motion and somatosensory reception among patients with type 2 diabetes peripheral neuropathy
10.	Mr. Saqib Ali M.Phil (MLS-Immunology) 2020-21	Dr. Romeeza Tahir Assistant Professor Department of Immunology, UHS	Comparison of serum C1q levels and C1q gene polymorphism (rs292001) between juvenile systemic lupus erythematosus patients and healthy controls
11.	Ms. Rija Arshed M.Phil (MLS-Molecular Pathology & Cytogenetics) 2020-21	Mr. Khursheed Javaid Lecturer, Institute of Allied Health Sciences, UHS	Common genetic polymorphisms (rs2241043 and rs2241044 and expressional analysis of IL-17 receptor a gene in tuberculosis patients

12	Dr. Mehak Batool M.Phil (Haematology) 2019-20	Prof. Nazish Saqlain Professor of Pathology Postgraduate Medical Institute, Lahore	COX-2 rs689466 polymorphism and aspirin resistance in ischemic heart disease patients
13	Dr. Fatima Raza M.Phil (Haematology) 2019-20		Diagnostic accuracy of hematological scoring system (HSS) and presepsin level (SCD 14-ST) in diagnosis of early onset sepsis in neonates
14	Dr. Laiba Shahid M.Phil (Physiology) 2020-21 Revised Twice (Presented in SRC (Basic Sciences), held on 16 th December 2022 and IRB, held on, 27 th August, 2024)	Dr. Asma Salam Lecturer, Department of Physiology, UHS	Comparison of serum growth differentiation factor 15 (GDF-15) and cortisol levels in age-matched working and non-working women to assess the impacts of aging and stress
15	Dr. Namra Qutb M.Phil (Behavioral Sciences) 2013-14 Revised Once (Presented in IRB, held on 29 th February, 2024)	Dr. Muhammad Saqib Rabbani Assistant Professor, Department of Medical Education, UHS	Correlation of coping strategies with pain intensity among rheumatic patients



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Thursday, 31st July 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr.#	Name, program & Session	Supervisor	Title of the Proposal	Collaboration Letter	Study Setting
1.	Recommendations of the Research & Development Committee for the case of Dr. Muhammad Usman Shams, a student of Ph.D (Morbid Anatomy & Histopathology), UHS		Expression and mutational analysis of epigenetic regulator EZH2 and its related genes in squamous cell carcinomas of skin		
2.	Dr. Nauman Aziz MHPE (Revised- Presented in IRB held on 26th February 2025)	Prof. Dr. Ahmed Zeeshan Jamil Head, Department of Ophthalmology Sahiwal Medical College, Sahiwal	Perception of faculty members towards plagiarism at a public sector medical college of Pakistan	Yes	Not defined. UHS is mentioned,
3.	Dr. Aftab Ali Gill M.Phil (Community Medicine) (Revised- Presented in IRB held on 27th August, 2024, SRC in Basic Sciences held on 24-05-24 and 12-12-22 respectively)	Dr. Saima Ayub Associate Professor & Head, Department of Bacteriology Department, IPH Lahore	Frequency of anemia among school going mae children (10 to 15 years) of Wahga town Lahore and its relationship with daily average caloric intake and anthropometric measurements	No	Randomly selected schools of Wahga Town
4.	Mr. Saqib Ali M.Phil (Medical Laboratory Sciences-Immunology) (Revised- Presented in IRB held on 31st October, 2024)	Dr. Romeeza Tahir Assistant Professor Department of Immunology, UHS	C1q Gene Polymorphism (rs292001) And Serum C1q Levels in Juvenile Systemic Lupus Erythematosus Patients and their association with the severity of disease	No	UHS
5.	Dr. Asra Javed M. Phil Physiology (Revised- Presented in IRB held on 27th August, 2024)	Dr Faraz Ahmed Bokhari Associate Professor Department of Physiology SZPGMI, Lahore	Comparison of Serum Procalcitonin and Inflammatory biomarkers for severity assessment in Pediatric Pneumonia	Yes	SZH, Lahore
6.	Dr. Maha Waqar M.Phil (Anatomy) (Revised- Presented in IRB held on 23rd January, 2025)	Dr. Shagufta Nasreen Associate Professor of Anatomy PGMI, Lahore	Association of SOX9 with caffeine induced longitudinal bone growth inhibition in murine model	Only from UVAS	Lahore General Hospital UVAS, Lahore

7.	Maria Sharif MS (Nursing)	Prof. Dr. Samina Kausar Professor of Nursing UHS	Perceived stigma and its contributing factors among infertile women in Lahore, Pakistan	Yes	Lahore General Hospital DHQ Hospital Sheikhupura
8.	Dr. Sadia Malik M. Phil Haematology	Prof. Muhammad Asif Naveed Head, Department of Haematology, UHS	A comparative study of urinary β 2-microglobulin and neutrophil gelatinase associated lipocalin (NGAL) levels in evaluating renal dysfunction in transfusion dependent thalassemia patients	Yes	Punjab Thalassemia Centre
9.	Dr. Imrana Shaukat M.Phil Histopathology	Prof. Dr. Aman-ur-Rehman Head Department of Pathology Sheikh Zayed Hospital, Lahore	Comparison of H&E and Verhoeff Van Gieson Stain for histologic desmoplastic reaction categorization	Yes	SZH, Lahore NMU, Multan
10.	Dr. Rafia Syed Aftab M.Phil (Anatomy)	Prof. Dr. Uruj Zehra Head Department of Anatomy UHS	Correlation between articular cartilage histology and serum collagen II levels in knee osteoarthritic patients	Yes	Sheikh Zayed Hospital, Lahore Ghurki Trust Teaching Hospital, Lahore
11.	Dr. Tariq Ahmed Khan Dahri M. Phil Chemical Pathology	Prof. Dr. Asim Mumtaz Professor of Pathology Akhtar Saeed Medical College, Lahore	Diagnostic accuracy of Presepsin (sCD14-ST) as biomarker of bacterial sepsis in pediatric patients	From LGH Only	UHS LGH
12.	Dr. Madiha Liaqat M. Phil Chemical Pathology	Prof. Dr. Asim Mumtaz Professor of Pathology Akhtar Saeed Medical College, Lahore	Diagnostic Accuracy of Serum Mac-2 Binding Protein Glycan Isomer (M2BPGi) and APRI in Diagnosis of Liver Fibrosis in patients with Chronic hepatitis C virus infection	Yes	LGH



UNIVERSITY OF HEALTH SCIENCES LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan Website: www.uhs.edu.pk
Ph: 9231304-9 Fax: 9230870 UAN: 111 33 33 66

The agenda for the meeting of **Institutional Review Board** for review of synopses to be held on **Thursday, 13th November 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr No.	Name of Candidate	Title	Agenda
1.	Prof. Uzma Zargham	Genetic variants and Hormone levels in metabolic syndrome	Renewal of Institutional review Board Approval certificate.

Sr.#	Name, program & Session	Supervisor	Title of the Proposal	Collaboration Letter	Study Setting
2.	Nusrat Hussain MS. Nursing 2024-2025	Prof. Dr. Kausar Bano Head of Oncology department Jinnah Hospital, Lahore	Effect of Hand and Feet Exercises on severity of Taxane Based Chemotherapy Induced Preipheral neuropathy in Cancer Patients: A Randomized Controlled Trial	Yes	Jinnah Hospital Lahore
3.	Ansa Shahnaz MS. Nursing 2024-2025	Dr. Lamia Yousaf Assistant Professor Medical Educational Department University of Health Sciences, Lahore	Effect of Antenatal Education in Reducing Fear of Childbirth Regarding Mode of Delivery in Primigravida	Yes	Lahore General Hospital
4.	Dania Azher MS. Nursing 2024-2025	Prof. Dr. Kausar Bano Head of Oncology Department Jinnah Hospital, Lahore	Effect of Foot Reflexology on chemotherapy- induced Nausea and Vomiting in Breast Cancer Patients: A Randomized Control Trail	Yes	Jinnah Hospital Lahore
5.	Rajil Eric MS. Nursing 2024-2025	Dr. Ahmad Naeem Akhtar Associate Professor of Surgery	Comparative study between comprehensive nursing care versus conventional nursing care in adult patients post emergency laparotomy after abdominal trauma	Yes	Lahore General Hospital
6.	Aqsa Noor MS. Nursing 2024-2025	Prof. Dr. Kausar Bano Head of Oncology Department Jinnah Hospital, Lahore	Effects of Oral Ice Chis on Prevention of Chemotherapy Induced Oral Mucositis in Cancer	Yes	Jinnah Hospital Lahore

14.	Ms. Maida Maryam M. Phil Forensic Sciences	Dr. Midhat Salman Assistant Professor, Department of Forensic Medicine, University of Health Sciences, Lahore	Messenger RNA stability of semen markers under different temperature conditions	N/A	UHS
-----	--	---	---	-----	-----





UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the meeting of **Speciality Review Committee in Nursing** for review of MS synopses to be held on **Monday, 9th October 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1.	Ms. Rizwana Bashir	Dr. Aisha Tahir Assistant Professor Department of Biochemistry University of Health Sciences Lahore	Assessment of Suicide-related knowledge and patients management related skills among nurses in Punjab Institute of Mental Health, Lahore
2.	Ms. Zareena Shahzadi	Dr. Syed Razi Haider Zaidi Associate Professor Department of Public Health University of Health Sciences Lahore	Frequency of essential hypertension and its association with physical activity and dietary behavior among high school adolescents in Lahore. A cross sectional analytical study.
3.	Ms. Naureen		Impact of tactiles stimulation on physiological parameters and sternal pain in post coronary artery bypass graft patients
4.	Ms. Abida Shafiq	Ms. Ayesha Ghazal Lecturer, Department of Microbiology University of Health Sciences Lahore	Factors associated with acute respiratory diseases among children under five in tertiary care hospital Lahore
5.	Ms. Razia Sultana	Ms. Samina Farooqi Principal New Advance College of Nursing Lahore	Implementation of nurse-led hypertension management model in tertiary care hospital, Lahore



UNIVERSITY OF HEALTH SCIENCES, LAHORE

MS (Nursing) Synopses

Agenda of the meeting of **Speciality Review Committee in Nursing** for review of MS synopses to be held on **Thursday, 10th August 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Agenda for Day-1

Sr. #	Name of Candidate	Supervisor	Title
1.	Ms. Farah Naz	Prof. Samina Kausar Head Institute of Nursing University of Health Sciences, Lahore	Effectiveness of intermittent bladder catheterization in producing recurrence of ureteral stricture among female patients in service hospital Lahore: A nurse led intervention
2.	Ms. Abida Shafiq	Ms. Ayesha Ghazal Lecturer Department of Microbiology University of Health Sciences, Lahore	The determinants of acute respiratory tract diseases among children under 5 years in Lahore, Pakistan
3.	Ms. Sadia Ahmad		Effect of Benson relaxation technique on stress and anxiety among women with high-risk pregnancies in tertiary care hospital Lahore Pakistan
4.	Ms. Shazia Yousaf	Dr. Muhammad Saqib Rabbani Assistant Professor Department of Behavioral Sciences University of Health Sciences, Lahore	Correlation between illness representations and treatment adherence among insulin- dependent diabetic patients
5.	Mr. Habib Ullah Riaz		The effects of Audiovisual intervention on depression and intradialysis complications during dialysis session in patients with CKD
6.	Ms. Rukhsana Perveen		Effect of patient centered self-care intervention on self-efficacy of patients with ischemic heart disease
7.	Ms. Naureen		Impact of pursed in breathing exercise on physiological and psychological parameters in patients with COPD in tertiary hospital Lahore, Pakistan
8.	Ms. Zareena Shahzadi	Prof. Syed Razi Haider Zaidi Department of Public Health University of Health Sciences, Lahore	Nutritional and environmental factors associated with essential hypertension among high school adolescent in Lahore. A cross sectional comparative study
9.	Ms. Shazia Taj		Effectiveness of breast-feeding techniques to improve latching and prevention of nipple soreness among primipara mothers, in tertiary care hospital Lahore
10.	Ms. Maria Sharif		Environmental, behavioral hazards associated with male infertility in Lahore Pakistan
11.	Ms. Yasmeen Saleem	Dr. Asma Salam Lecturer Department of Physiology University of Health Sciences, Lahore	Correlation of psychological wellbeing with breast feeding self-efficacy of postpartum mothers in tertiary care hospital Lahore
12.	Ms. Mahvish Javeed	Dr. Huma Saeed Khan Assistant Professor Department of Physiology University of Health Sciences, Lahore	The effect of abdominal massage on the gastric residual volume in adult patients admitted in the intensive care unit: A randomized controlled trial



UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the meeting of **Speciality Review Committee in Nursing** for review of MS synopses to be held on **Friday, 11th August 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Agenda for Day-2

Sr. #	Name of Candidate	Supervisor	Title
1.	Ms. Nosheen Siddique	Dr. Muhammad Shoaib Zafar Lecturer Department of Pharmacology University of Health Sciences, Lahore	Effect of aromatherapy on post operative nausea and vomiting in patients admitted to a tertiary care hospital in Lahore Pakistan
2.	Ms. Shafqat	Dr. Usman Aftab Assistant Professor Department of Pharmacology University of Health Sciences, Lahore	Effect of talc powder as compared to turmeric powder back massage on prevention of pressure sore among bedridden patients of tertiary care hospitals of Lahore district
3.	Ms. Rizwana Bashir	Dr. Aisha Tahir Assistant Professor Department of Biochemistry University of Health Sciences, Lahore	Evaluation of suicide assessment and management related knowledge among nurses in Punjab Institute of Mental Health, Lahore
4.	Mr. Akash Samuel	Dr. Saira Khalid Associate Professor Department of Science of Dental Materials, UHS	The efficacy of adjuvant oral care in prevention of VAP: A randomized controlled trial
5.	Ms. Nadia Manzoor	Dr. Mahreen Akhtar Lecturer Department of Pharmacology University of Health Sciences, Lahore	Effectiveness of magnesium sulfate versus cold compression on patients with phlebitis in a tertiary care hospital Lahore
6.	Ms. Shafqat Noreen	Prof. Sidrah Saleem Head Department of Microbiology University of Health Sciences, Lahore	Factors associated with acute diarrhea among children under five years in tertiary care hospital Lahore
7.	Ms. Zahida Perveen		Impact of health education on mothers' knowledge regarding prevention and management of diarrhea in children under five in Lahore, Pakistan
8.	Ms. Farzana Kausar	Dr. Anam Munawar Assistant Professor Department of Forensic Medicine/ Medical Jurisprudence, University of Health Sciences, Lahore	Impact of educational intervention on the adolescent's awareness level regarding child sexual abuse prevention in Lahore, Pakistan
9.	Ms. Aqeela Sarwar	Dr. Syed Asadullah Arslan Assistant Professor & Head Department of Physical Therapy University of Health Sciences, Lahore	Effect of Effleurage abdominal massage on pain, Fatigue, and quality of life in primary dysmenorrhea among female university students in Lahore
10.	Ms. Azra Khanum		Immediate and prolonged effects of Self-Thai Foot Massage on pain, range of motion and functional disability among patients with type 2 diabetes peripheral neuropathy
11.	Ms. Sidra Sultan	Mr. Muhammad Farhan Khan Lecturer Department of Forensic Medicine/ Medical Jurisprudence, University of Health Sciences, Lahore	Comparison of the effect of ice application and distraction technique on venous puncture pain in children
12.	Ms. Sana Zareef	Dr. Muhammad Imran Associate Professor Department of Microbiology University of Health Sciences, Lahore	Effect of Burger Allen exercise on improving peripheral circulation among type 2 diabetes mellitus admitted in diabetic OPD: A randomized controlled Clinical