



UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Thursday, 22nd January 2026, at 10:00 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr. No.	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Muzammil Shakir	Dr. Rao Hashim Assistant Professor of Medicine Gujranwala Medical College Gujranwala	25-Sep-25 Count: 1	Comparison of efficacy between combined use of nebulized magnesium vs. nebulized ipratropium and salbutamol alone in acute exacerbation of COPD
2.	Dr. Atif Arif	Dr. Tauqeer Ahmad Associate Professor of Medicine Khawaja Muhammad Safdar Medical College, Sialkot	13-Oct-25 Count: 2	Efficacy of quadruple therapy with and without probiotics in helicobacter pylori eradication
3.	Dr. Mohammad Huzefa Abid	Prof. Dr. Muhammad Uthman Ahmad Professor of Medicine Federal Postgraduate Medical College, Lahore	28-Oct-25 Count: 1	To compare the effects of metformin TDS alone vs combination of metformin TDS plus empagliflozin OD on reduction of waist circumference and HbA1c
4.	Dr. Mamoona	Dr. Muhammad Javed Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	10-Nov-25 Count: 1	Comparison of efficacy of terlipressin plus albumin versus norepinephrine plus albumin in patients with type-I hepatorenal syndrome
5.	Dr. Syeda Arzoo Fatima	Dr. Syed Babar Hussnain Rizvi Head Department of Medicine Nawaz Sharif Medical College, Gujrat	17-Nov-25 Count: 1	Exploring the relationship between polycystic ovary syndrome (PCOS) and metabolic dysfunction associated steatotic liver disease (MASLD)
6.	Dr. Muhammad Ahmad Raouf	Dr. Arif Mahmmod Bhatti Professor of Medicine Nishtar Medical University, Multan	3-Dec-25 Count: 2	A comparative study of low-dose (50,000 IU) versus high-dose (100,000 IU) anti-snake venom therapy in patients with hemotoxic snake bites: Effect of PT/APTT/INR normalization and recovery from thrombocytopenia
7.	Dr. Abdul Raffay Khan	Dr. Ashfaq Ahmad Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	12-Dec-25 Count: 2	Comparative efficacy of metformin alone versus metformin with vitamin D3 in glycemic control and HBA1C reduction
8.	Dr. Farah Shehzadi	Dr. Rao Hashim Idrees Assistant Professor of Medicine Gujranwala Medical College Gujranwala	12-Dec-25 Count: 1	Comparative effectiveness of roxadustat versus recombinant human erythropoietin on haemoglobin level improvement in patients with chronic kidney disease

Note:

*All proposed Supervisors who do not have Supervisory Certificate as per UHS eligibility criteria are requested to complete their deficiencies mandatorily within **six months**, failure of which may lead to deferral of synopsis of their candidate(s) in the subsequent submission.*



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Tuesday, 12th November 2024**, at **09:30 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Shaaban Anwer 2019-20	Dr. Tauqeer Ahmed Assistant Professor of Medicine, Khawaja Muhammad Safdar Medical College, Sialkot	15-Feb-24 Count: 3	Effect of early high dose vitamin D3 therapy regarding mean duration of hospital stay in ICU admitted patients
2.	Dr. Sarfraz Arif Chaudhary 2022-23	Dr. Syed Badar Hussnain Head Department of Medicine Unit – I, Nawaz Sharif Medical College, Gujrat	23-Aug-24 Count: 1	Comparison of angiotensin receptor blocker versus calcium channel blockers on microalbuminuria in type 2 Diabetes mellitus
3.	Dr. Komal Mushtaq 2022-23	Prof. Dr. Nighat Majeed Professor of Medicine, Allama Iqbal Medical College, Lahore	27-Aug-24 Count: 1	Clinical efficacy of third generation cephalosporins vs meropenem in empirical treatment of acute bacterial meningities
4.	Dr. Jawad Waseem 2020-21	Dr. Shahzad Alam Khan Assistant Professor of Medicine, Nishtar Medical University, Multan	28-Aug-24 Count: 2	Comparison of outcome of diabetic nephropthy in patients receiving ramipril alone verus in combination with empagliflozin
5.	Dr. Haroon Tahir 2012-2013	Dr. Farah Sadiq Assistant Professor of Medicine, Postgraduate Medical Institute, Lahore	3-Sep-24 Count: 4	Effect of empagliflozin vs lisinopril in delaying chronic kidney disease progression by reducing proteinuria in diabetic patient with eGFR from 30 to 60 ML/Minute/1.73M2
6.	Dr. Ujala Ayub 2018-19	Prof. Dr. Zahra Nazish Professor of Medicine, Nishtar Medical University, Multan	25-09-2024 Count: 2	Comparison of oral fosfomycin vs ciprofloxacin in treatment of uncomplicated uti in young female patients
7.	Dr. Nalain Zahra 2022-23	Dr. Sabir Hussain Assistant Professor of Medicine, D.G Khan Medical College, Dera Ghazi Khan	25-09-2024 Count: 2	Comparison of effect of sertraline versus pregabalin in alleviating uremic pruritus in end stage renal disease patients under hemodialysis
8.	Dr. Rameesha Javed 2023-24	Dr. Rao Hashim Idrees Assistant Professor of Medicine, Gujranwala Medical College, Gujranwala	26-09-2024 Count: 1	A comparative study of atorvastain versus control as adjunct in the treatment of pulmonary tuberculosis
9.	Dr. Muhammad Imran 2017-2018	Dr. Amir Nazir Associate Professor of Medicine, Sargodha Medical College, Sargodha	26-09-2024 Count: 2	Role of nutrition in patients with pulmonary tuberculosis on antituberculosis therapy
10.	Dr. Hussnain Mehboob 2022-23	Prof. Akmal Hussain Professor of Medicine, Sheikh Zayed Medical College, Rahim Yar Khan	27-09-2024 Count: 1	Comparison of efficacy of single (Meropenem) versus dual therapy (meropenem plus azithromycin) in the treatment of uncomplicated enteric fever at a tertiary care hospital
11.	Dr. Muhammad Sharjeel Tariq 2018-19	Dr. Amin Anjum Assistant Professor of Medicine Faisalabad Medical University, Ghulamabad, Faisalabad	03-09-2024 Count: 1	Comparative study of 5 days versus 14 days (two weeks) use of corticosteroids (prednisolone) in treatment of acute exacerbation of chronic obstructive pulmonary disease



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Wednesday, 8th January 2025**, at **09:30 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Uzma Majeed 2022-23	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	22-Oct-24 Count: 0	Comparison of efficacy of valproate and levetiracetam in the control of seizures among patients with post stroke epilepsy at a tertiary care hospital
2.	Dr. Maham Fatima 2022-23	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	22-Oct-24 Count: 0	Comparison between efficacy of moderate intensity statin plus ezetimibe versus high intensity statin in achieving desired LDL levels in patients with diabetes mellitus
3.	Dr. Malik Muhammad Zeeshan 2018-19	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	24-Oct-24 Count: 3	Comparison of efficacy of propranolol plus topiramate versus sodium valproate plus propranolol among patients with migraine at a tertiary care hospital
4.	Dr. Rana Shakeel Ahmed 2018-19	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	24-Oct-24 Count: 0	Comparison of mean post-treatment HbA1c levels among patients using glimepiride plus metformin versus glimepiride plus sitagliptin for treatment of type II diabetes mellitus at a tertiary care hospital
5.	Dr. Aftab Alem Jehangir 2021-22	Dr. Ali Imran Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	28-Oct-24 Count: 2	Compare the efficacy of silymarin and placebo to normalize liver function tests in patients with chronic liver disease in a tertiary care hospital
6.	Dr. Maria Ikram 2020-21	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	28-Oct-24 Count: 2	Comparison of effectiveness of nebulized magnesium sulphate plus salbutamol versus saline plus salbutamol in the treatment of patients with acute asthma
7.	Dr. Asifa Sattar 2022-23	Dr. Sajid Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	28-Oct-24 Count: 0	Comparison of vonoprazan vs. lansoprazole for healing in patients with erosive esophagitis
8.	Dr. Samiullah 2022-23	Dr. Sheraz Saleem Assistant Professor of Medicine Sargodha Medical College, Sargodha	12-Nov-24 Count: 0	Comparison of role of mebeverine alone versus mebeverine with probiotics and mebeverine with peppermint oil in treatment of irritable bowel syndrome
9.	Dr. Uswa Majeed 2022-23	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	13-Nov-24 Count: 0	Comparison of efficacy of intravenous meropenem versus intravenous ceftriaxone for treatment of bacterial meningitis in adults

10.	Dr. Sidra Afzal Butt 2022-23	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College, Gujrat	18-Nov-24 Count: 2	Comparative outcomes of empagliflozin and dapagliflozin in combination with standard therapy among patients of heart failure with reduce ejection fraction
11.	Dr. Tahira Jabeen 2020-21	Prof. Farah Shafi Professor of Medicine Postgraduate Medical College, Lahore	18-Nov-24 Count: 3	Comparative effectiveness of vonoparazan v/s proton pump inhibitor in reflux disorders
12.	Dr. Nalain Zahra 2022-23	Dr. Sabir Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	2-Dec-24 Count: 3	Comparison of effect of sertraline versus pregabalin in alleviating uremic pruritus in end stage renal disease patients under hemodialysis



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Agenda of the Meeting of **Synopsis Review Committee in Medicine** for review of MD synopses to be held on **Wednesday, 1st February 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
1.	Dr. Fatima Safdar	Prof. Azeem Taj Head, Department of Medicine Shaikh Zayed Postgraduate Medical Institute, Lahore	Frequency of thyroid dysfunction and its correlation with glycemic control in type-II diabetes
2.	Dr. Arslan Siddiqui	Dr. Shahzad Alam Khan Assistant Professor of Medicine Nishtar Medical University, Multan	Comparison of intravenous ciprofloxacin and intravenous ceftriaxone in the management of spontaneous bacterial peritonitis in cirrhosis of liver
3.	Dr. Javed Iqbal	Prof. Irfan Ahmad Professor of Medicine, Sheikh Zayed Medical College, Rahim Yar Khan	Comparative evaluation of atorvastatin and rosuvastatin to improve lipid profile in atherothrombotic stroke patients
4.	Dr. Muhammad Aamir		Comparison of mesalazine and sulfasalazine in maintaining remission in patients with ulcerative colitis
5.	Dr. Ikram Ellahi	Dr. Amir Nazir Associate Professor of Medicine, Sargodha Medical College, Sargodha	Comparison of allopurinol versus febuxostat on reducing serum uric acid in patients with hyperuricemia and gout
6.	Dr. Ammara Tahir	Dr. Asif Mehmood Associate Professor of Medicine, Gujranwala Medical College, Gujranwala	Comparison of efficacy of duloxetine versus duloxetine plus oral vitamin D in treating peripheral diabetic neuropathy
7.	Dr. Muhammad Ishfaq Hussain	Dr. M. Akram Ehsan Associate Professor of Medicine, Quaid-e-Azam Medical College, Bahawalpur	Comparative efficacy of rifaximin vs metronidazole with lactulose in the treatment of hepatic encephalopathy
8.	Dr. Hafiz Muhammad Shoab Rabbani		Comparison of amitriptyline versus topiramate in the prophylaxis of migraine



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Agenda of the Meeting of **Synopsis Review Committee in Medicine** for review of MD synopses to be held on **Wednesday, 1stth June 2022**, at **10:30 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Muhammad Hafeez	Prof. Ghulam Fareed Professor of Medicine Sheikh Zayed Medical College/Sheikh Zayed Hospital, Rahim Yar Khan	Comparison between oral Vs. subcutaneous anticoagulants in preventing thromboembolic events in covid patients
2.	Dr. Saima Kanwal		Comparison of thyroid dysfunction in type 2 diabetic patients with diabetic neuropathy and without nephropathy
3.	Dr. Muhammad Aamir	Prof. Irfan Ahmad Professor of Medicine Sheikh Zayed Medical College/Sheikh Zayed Hospital, Rahim Yar Khan	Relationship between hope and self satisfaction among patients of HIV/AIDS
4.	Dr. Muhammad Salman Shahid	Dr. Muhammad Shafiq Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital Bahawalpur	Comparison between the efficacy of early versus late administration of norepinephrine in patients of septic shock
5.	Dr. Ali Riaz	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital Bahawalpur	Lipid profile abnormalities in controlled diabetic patients: A comparative study
6.	Dr. Ahmad Raza	Dr. Akram Ehsan Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital Bahawalpur	Comparison of association of diabetes mellitus in Hepatitis C virus infection and Hepatitis B virus infection
7.	Dr. Sajid Akhtar	Prof. Zahra Nazish Professor of Medicine Nishtar Medical University/ Nishtar Hospital, Multan	Comparison of efficacy of metformin and repaglinide as monotherapy in the treatment of new onset type 2 diabetes mellitus
8.	Dr. Salahuddin Mahmood	Dr. Muhammad Tahir Associate Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Effectiveness of cognitive behavioral techniques for diabetes distress in patients presenting with diabetes related distress at a tertiary care hospital



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Agenda of the Meeting of **Speciality Advisory Committee in Medicine** for review of MD synopses to be held on **Tuesday, 3rd January, 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1	Dr. Syeda Mayeda Hussain (Revised)	Prof. Ghias-un-Nabi Tayyab Head, Department of Medicine Unit-I Postgraduate Medical Institute Lahore	Comparison between esomeprazole and vonoprazan for clinical and endoscopic improvement in patients of erosive gastroesophageal reflux disease at 4 weeks and 8 weeks follow-up
2.	Dr. Hafiz Muhammad Noman	Prof. Saifullah Goraya Chairman Medical Department Sargodha Medical College Sargodha	Frequency and outcome of hypoglycemia in hepatic cirrhotic patient
3.	Dr. Sana Iftikhar	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College Gujrat	Comparison of treatment of hepatitis c in patients with liver cirrhosis with sofosbuvir & velpatasvir alone and with sofosbuvir velpatasvir and ribavirin
4.	Dr. Hamad Arshad	Dr. Shahzad Alam Khan Associate Professor of Medicine Nishtar Medical University Multan	Comparison of efficacy of flunarizine versus propranolol among patients with migraine at a tertiary care hospital
5.	Dr. Romale Nazir (Revised)	Prof. Mazhar Faiz Alam Professor of Medicine Quaid-e-Azam Medical College Bahawalpur	Study of effect of metformin of acute exacerbations of chronic obstructive pulmonary disease
6.	Dr. Usman Asghar (Revised)	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College Bahawalpur	Comparison of reduction in glycosylated haemoglobin levels of type-2 diabetes mellitus patients taking sodium glucose transport protein-2 inhibitors versus dipeptidyl-peptidase-4 inhibitors
7.	Dr. Mubashar Alam (Revised)	Prof. Muhammad Khurram Professor of Medicine Rawalpindi Medical University Rawalpindi	Comparison of red cell distribution width (RDW) and various platelets indices between severe and non severe ischemic stroke and their outcomes
8.	Dr. Kashif Hussain	Dr. Muhammad Ali Khalid Head, Department of Medicine Unit-II Rawalpindi Medical University Rawalpindi	Comparing efficacy of empagliflozin and dapagliflozin in type 2 diabetics



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Agenda of the Meeting of **Synopsis Review Committee in Medicine** for review of MD synopses to be held on **Wednesday, 3rd August 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Javeria Kanwal	Dr. Amina Umer Assistant Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Comparison of thyroid dysfunction in individuals with normal versus increased waist circumference
2.	Dr. Rizwana Safdar	Prof. Tahir Bashir Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Outcomes of volume of infarct in patients of ischemic stroke
3.	Dr. Tayyaba Shaheen	Prof. Tahir Siddique Professor of Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Prevention of health care associated infections at medical unit-III of LGH Lahore
4.	Dr. Irfan Ayub		Factors associated with poor outcome in hospitalized patients of hepatic encephalopathy
5.	Dr. Faiza Khalid	Dr. Israr ul Haque Toor Associate Professor of Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Effect of successful HCV eradication with DAAs on glycemic control in chronic HCV patients with type II diabetes mellitus
6.	Dr. Khalil Asrar	Prof. Akmal Hussain Professor of Medicine Sheikh Zayed Medical College/ Sheikh Zayed Hospital, Rahim yar Khan	Empagliflozin compared with sitagliptin in type-II diabetes in reduction of HbA1c
7.	Dr. Muhammad Moazam	Dr. Zameer Butt Assistant Professor of Medicine Nawaz Sharif Medical College/Aziz Bhatti Shaheed Teaching Hospital, Gujrat	Comparison between combination of band ligation and propranolol with propranolol alone in secondary prophylaxis of variceal bleed
8.	Dr. Muhammad Bilal Afzal	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College/Aziz Bhatti Shaheed Teaching Hospital, Gujrat	Comparison of diuretics alone and diuretics in combination with intravenous albumin in management of ascites of liver cirrhosis
9.	Dr. Ikram Ellahi	Dr. Amir Nazir Associate Professor of Medicine Sargodha Medical College/ DHQ Teaching Hospital, Sargodha	Comparison of allopurinol versus febuxostat on reducing serum uric acid in patients with hyperuricemia and gout
10.	Dr. Asrar Ahmed	Dr. Asim Saleem Sheikh Associate Professor of Medicine Gujranwala Medical college/DHQ Teaching Hospital, Gujranwala	Comparison of efficacy of velpatasvir based double regimen and daclatasvir based double regimen in treating non cirrhotic treatment naïve patients of hepatitis C infected with genotype 3A



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Friday, 8th October 2021** at **10:00 a.m.** in University of Health Sciences, Lahore.

AGENDA

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Syeda Nazia Mariam		Comparison of liver function tests in diabetes cases and non-diabetics controls
2.	Dr. Samra Maryam	Dr. Muhammad Afzal Chaudhary Associate Professor of Medicine Nawaz Sharif Medical College/Aziz Bhatti Shaheed Teaching Hospital, Gujrat	Comparison between efficacy of ARBs and ACE inhibitors in delaying progression of diabetic nephropathy
3.	Dr. Syed Basit Riaz		Comparison of peripheral neuropathy between patients of chronic kidney disease at hemodialysis and at predialysis stage
4.	Dr. Muhammad Ali		Comparison of thrombocytopenia in patients of liver cirrhosis according to child Pugh score at ABSTH, Gujrat
5.	Dr. Sana Zafar	Prof. Mazhar Faiz Allam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of outcome of hepatic encephalopathy with and without zinc supplementation
6.	Dr. Amanullah	Dr. Zahra Nazish Associate Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of diabetic retinopathy in hypertensive versus normotensive diabetic patients at a tertiary care hospital
7.	Dr. Muhammad Tanveer	Prof. Ghulam Mustafa Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of outcome in COVID-19 patients in diabetic type 2 versus non-diabetic patients at a tertiary care hospital
8.	Dr. Umer Riaz	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safdar Medical College/Allama Iqbal Memorial Teaching Hospital, Sialkot	To compare the efficacy of combination of levofloxacin with rabeprazole and Augmentin therapy versus traditional 7 day triple therapy for eradication of H.Pylori



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Agenda of the Meeting of **Speciality Advisory Committee in Medicine** for review of MD synopses to be held on **Friday, 9th September, 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1.	Dr. Farooq Asghar (Revised)	Prof. Khalid Mahmud Khan Head, Department of Medicine Allama Iqbal Medical College/ Jinnah Hospital, Lahore	To compare the effect of dapagliflozin and metformin vs sitagliptin and metformin on lipid profile in patients with type 2 diabetes mellitus
2.	Dr. Mohammad Saddam Rahaman (Revised)		Comparison of effect of Olmesartan versus valsartan on microalbuminuria reduction in patients with type 2 DM
3.	Dr. Israr Ahmed (Revised)	Dr. Asim Saleem Sheikh Associate Professor of Medicine Gujranwala Medical College/ DHQ Teaching Hospital, Gujranwala	Comparison of the efficacy of duloxetine and amitriptyline in the management of painful diabetic peripheral neuropathy
4.	Dr. Kamran Hussain (Revised)	Dr. Khalil Ahmad Associate Professor of Medicine Sahiwal Medical College/DHQ Teaching Hospital, Sahiwal	Comparative study on effectiveness of intravenous L-ornithine L-aspartate (LOLA) with conventional therapy on early recovery from hepatic encephalopathy grade 3 & 4: A randomized control trial
5.	Dr. Fiaz Rasool (Revised)	Prof. Mazhar Faiz Alam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	A comparative study of hepatic encephalopathy outcome between diabetic and non-diabetic populations
6.	Dr. Farwa Nazir (Revised)	Dr. Amir Nazir Associate Professor of Medicine Sargodha Medical College/DHQ Teaching Hospital Sargodha	Comparison of sodium valproate vs propranolol in migraine prophylaxis
7.	Dr. Muhammad Imran		Role of nutrition in patients with pulmonary tuberculosis on antituberculosis therapy
8.	Dr. Muhammad Nasir Usmani	Dr. Muhammad Akram Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparing the efficacy of standard amoxicillin based triple therapy versus levofloxacin based triple therapy in eradication of helicobacter pylori
9.	Dr. Naheed Gul	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of serum sodium level with different grades of hepatic encephalopathy with one week
10.	Dr. Muhammad Zeeshan Malik	Prof. Ghulam Mustafa Professor of Medicine Nishtar Medical University/ Nishtar Hospital, Multan	Cardiovascular impediment in COVID-19 patients with or without diabetes mellitus among adults



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Thursday, 10th February 2022** at **10:00 a.m.** in University of Health Sciences, Lahore.

AGENDA

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Adeel Sajid	Prof. Azeem Taj Head, Department of Medicine Shaikh Zayed Postgraduate Medical Institute/Shai kh Zayed Hospital, Lahore	Comparison of diabetic control in type II diabetes with and without vitamin E treatment
2.	Dr. Israr Khan	Dr. Saima Nouman Khan Assistant Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Effect of direct acting antivirals used in treatment of chronic HCV on thyroid function
3.	Dr. Hayyan Ahmad	Dr. Amina Umer Assistant Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Effect of fasting and post prandial state on thyroid function test in overt hypothyroidism patients in tertiary care hospital
4.	Dr. Shehroz Ali Asghar	Prof. Muhammad Arif Nadeem Professor of Medicine Services Institute of Medical Sciences/Services Hospital, Lahore	Assessment of factors predicting progression of CKD with HRS in PT with cirrhosis
5.	Dr. Muhammad Arslan Baig	Dr. Amina Hussain Associate Professor of Medicine Services Institute of Medical Sciences/Services Hospital, Lahore	What is the frequency of depression in patients with asthma
6.	Dr. Imran Khan	Prof. Ahmed Bilal Professor of Medicine Faisalabad Medical University/ DHQ Teaching Hospital, Faisalabad	Comparison of the outcome of aspirin vs aspirin plus clopidogrel in the management of acute ischemic stroke
7.	Dr. Kashif Mustafa Revised	Dr. Shahzad Alam Khan Assistant Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison between efficacy of ceftriaxone intra venous (third generation cephalosporin) versus ciprofloxacin oral (fluoroquinolones) in the treatment of enteric fever at a tertiary care hospital
8.	Dr. Salman Majeed	Prof. Ghulam Mustafa Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of outcome of stroke among diabetic versus non diabetic patients at a tertiary care hospital
9.	Dr. Maliha Ejaz	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal victoria Hospital, Bahawalpur	Outcome of ischemic stroke in diabetic versus non-diabetic patients
10.	Dr. Hafiz Zafar Mahmood	Prof. Mazhar Faiz Allam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of reduction of HBA1C levels in type 2 diabetes mellitus patients taking metformin treatment with and without zinc supplementation

11.	Fiaz Rasool		
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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Tuesday, 12th April, 2022** at **11:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Zeeshan Haider (Revised)	Dr. Muhammad Shafiq Associate Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison and efficacy of terlipressin vs octreotide in the management of acute variceal bleed & re bleed in the patients with cirrhosis of liver
2.	Dr. Mueed Ahmad	Prof. Tahir Siddique Professor and Head of department Internal Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Comparative study on efficacy of albumin & terlipressin vs terlipressin alone on the outcome of hepatorenal syndrome type 1 patients
3.	Dr. Hafiz Faizan Lateef		Comparison of efficacy of rivoroxaban versus warfarin in patients of cortical vein thrombosis
4.	Dr. Muhammad Qasim		Comparison of empagliflozin and sitagliptin in improving the glycemic control in type II diabetes mellitus
5.	Dr. Shahbaz Ali		Comparative efficacy of rosuvastatin (low vs high dose) in lowering low-density lipoprotein cholesterol in intermediate risk cardiovascular patients
6.	Dr. Farwa Nazir		Dr. Amir Nazir Associate Professor of Medicine Sargodha Medical College/DHQ Teaching Hospital, Sargodha
7.	Dr. Fahad Rafique	Dr. Sheraz Saleem Assistant Professor of Medicine Sargodha Medical College/DHQ Teaching Hospital, Sargodha	Comparison of pregabalin with gabapentin in the symptomatic relief of diabetic neuropathy
8.	Dr. Mubashar Alam	Prof. Muhammad Khurram Professor of Medicine Rawalpindi Medical University/DHQ Teaching Hospital, Rawalpindi	Correlation of red cell distribution width and platelet indices with stroke severity and outcome in stroke patients



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Agenda of the Meeting of **Speciality Advisory Committee in Medicine** for review of MD synopses to be held on **Friday, 12th August 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1	Dr. Waqas Mansha	Prof. Khalid Mahmud Khan Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Role of tranexamic acid with proton pump inhibitors in the management of upper gastrointestinal bleeding
2.	Dr. Asma Mansha	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safdar Medical College/ Allama Iqbal Memorial Teaching Hospital, Sialkot	Efficacy of lactulose versus rifaximin in treatment of hepatic encephalopathy
3.	Dr. Sajid ur Rehman	Dr. Khalil Ahmad Associate Professor of Medicine Sahiwal Medical College/DHQ Teaching Hospital, Sahiwal	Sustained viral response with sofosbuvir plus velpatasvir versus sofosbuvir plus daclatasvir in patients of hepatitis C virus infection
4.	Dr. Muhammad Qasim	Dr. Muhammad Tahir Associate Professor of Medicine Nishtar Medical University/ Nishtar Hospital, Multan	Comparison of the frequency of upper gastrointestinal bleeding (UGIB) among chronic kidney disease patients with and without taking proton pump inhibitors at a tertiary care hospital
5.	Dr. Hafiz Umer Hussaan Ahmad	Prof. Ghulam Mustafa Professor of Medicine Nishtar Medical University/ Nishtar Hospital, Multan	Comparison of lipid profile in diabetic patients taking oral hypoglycemic drugs versus insulin therapy at a tertiary care hospital
6.	Dr. Aneela Naz	Prof. Arif Mehmood Bhatti Professor of Medicine Nishtar Medical University/ Nishtar Hospital, Multan	Comparison of serum uric acid levels in patients with acute myocardial infraction and healthy controls at a tertiary care hospital
7.	Dr. Muhammad Javeed Ali		Comparison of efficacy of single versus dual therapy in the treatment of uncomplicated enteric fever
8.	Dr. Mukhtar Hussain	Dr. Javed Iqbal Associate Professor of Medicine Sheikh Zayed Medical College/ Sheikh Zayed Hospital, Rahim Yar Khan	Correlation of portal vein diameter and platelet count for the grading of esophageal varices through endoscopy
9.	Dr. Muhammad Aamir	Prof. Irfan Ahmad Professor of Medicine Sheikh Zayed Medical College/ Sheikh Zayed Hospital, Rahim Yar Khan	Relationship between hope and self-satisfaction among patients of HIV/AIDS
10.	Dr. Hafiza Aisha Jamil		Effect of carvedilol versus propranolol for reducing MAP in cirrhotic patients presenting with variceal bleeding



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Agenda of the Meeting of **Synopsis Review Committee in Medicine** for review of MD synopses to be held on **Monday, 12th September 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Shafi Muhammad Khan	Prof. Salma Tanweer Head, Department of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of outcome among COVID_19 confirmed and COVID_19 suspected patients at a tertiary care hospital
2.	Dr. Muhammad Irfan Ullah	Dr. Muhammad Tahir Associate Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of frequency of dyslipidemia in patients with controlled and uncontrolled diabetes
3.	Dr. Anam Shafiq	Dr. Shahid Nawaz Khan Assistant Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of mortality of COVID-19 patients with and without chronic kidney disease at Nishtar Hospital Multan
4.	Dr. Saima Kanwal	Prof. Ghulam Fareed Professor of Medicine Sheikh Zayed Medical College/Sheikh Zayed Hospital Rahim Yar Khan	Comparison of thyroid dysfunction in type 2 diabetic patients with diabetic nephropathy and without nephropathy
5.	Dr. Muhammad Abubakar	Dr. Javed Iqbal Associate Professor of Medicine Sheikh Zayed Medical College/ Sheikh Zayed Hospital, Rahim Yar Khan	Comparison of resistance among pathogens causing UTI in diabetic patients versus non-diabetics
6.	Dr. Muhammad Ansar	Prof. Irfan Ahmad Professor of Medicine Sheikh Zayed Medical College/ Sheikh Zayed Hospital, Rahim Yar Khan	Comparison of phenytoin and levetiracetam in seizures prophylaxis in patients of hemorrhagic stroke
7.	Dr. Ayesha Iqbal	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safdar Medical College/ Allama Iqbal Memorial Teaching Hospital, Sialkot	Comparison of efficacy of proton pump inhibitor (esomeprazole) versus new class of gastric acid suppressant agent (vonoprazan) in helicobacter pylori eradication
8.	Dr. Faheem Shahzad	Prof. Saif Ullah Goraya Chairman Department of Medicine Sargodha Medical College/DHQ Teaching Hospital, Sargodha	Efficacy of sitagliptin versus glimepiride in the treatment of patients with type 2 diabetes mellitus inadequately controlled on metformin
9.	Dr. Muhammad Ashfaq Ahmad	Prof. Azeem Taj Professor of Medicine Shaikh Zayed Postgraduate Medical Institute/ShaiKh Zayed Hospital, Lahore	Effect of admission phosphate level on the clinical outcomes of patient presented with sepsis
10.	Dr. Ali Ahmad		Comparison of systemic inflammatory response syndrome and quick sequential organ failure assessment score in predicting adverse outcomes in patients of sepsis



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Agenda of the Meeting of **Synopsis Review Committee in Medicine** for review of MD synopses to be held on **Thursday, 13th October 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Ali Riaz (Revised)	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	Comparison of efficacy of flunarizine with topiramate for chronic migraine prophylaxis
2.	Dr. Elahi Bakhsh	Dr. Abrar Ahmad Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	Comparison of rifaximin versus metronidazole in management of hepatic encephalopathy in cirrhotic patients
3.	Dr. Hasan Mehmood	Prof. Azeem Taj Professor of Medicine Shaikh Zayed Postgraduate Medical Institute, Lahore	Improvement of glycemic control in hepatitis C patients having type 2 diabetes mellitus after treatment with sofosbuvir/velpatasvir and ribavirin
4.	Dr. Hidayat Ullah	Prof. Tahir Bashir Professor of Medicine Allama Iqbal Medical College, Lahore	Comparison of proton pump inhibitors (omeprazole) - prokinetic (domperidone) combination versus proton pump inhibitor (omeprazole) alone in management of gastroesophageal reflux disease (GERD)
5.	Dr. Haroon Tahir	Prof. Tanvir-us-Salam Professor of Medicine Allama Iqbal Medical College, Lahore	Size of right lobe of liver on ultrasound, serum level of CD163 and albumin to determine esophageal varices in liver cirrhosis patients
6.	Dr. Muhammad Tanveer Sajid	Dr. Abdul Sattar Associate Professor of Medicine Sahiwal Medical College, Sahiwal	Comparison of the diagnostic accuracy of PIVKA-II versus AFP in patients of hepatocellular carcinoma
7.	Dr. Adil Khan	Dr. Khalil Ahmad Associate Professor of Medicine Sahiwal Medical College, Sahiwal	To Compare the effectiveness of hydrocortisone pheniramine and dexamethasone pheniramine or early reversal of tracheostomy on Para-phenylene diamine (PPDA) poisoning. A randomized control trial
8.	Dr. Rana Shakeel Ahmed	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	Comparison of outcome (in terms of in-hospital mortality) of ischemic stroke with and without hyponatremia
9.	Dr. Ghulam Jafar	Dr. Zahra Nazish Associate Professor of Medicine Nishtar Medical University, Multan	Comparison between efficacy of mecobalamin and duloxetine in treatment of painful diabetic neuropathy



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Thursday, 13th January 2022** at **10:00 a.m.** in University of Health Sciences, Lahore.

AGENDA

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Syeda Mayedah Hussain	Prof. Ghias-un-Nabi Tayyab Head, Department of Medical Unit-I Postgraduate Medical Institute/Lahore General Hospital, Lahore	Comparison of frequency of stroke in patients with and without diabetes at a tertiary care hospital
2.	Dr. Maria Wazir	Dr. Dur Muhammad Khan Khichi Associate Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Comparison of the mean serum calcium levels among hypertensive and normotensive patients of diabetes mellitus presenting to Jinnah Hospital Lahore
3.	Dr. Kanza Malik	Prof. Shahzad Manzoor Head, Department of Medicine Rawalpindi Medical University/DHQ Teaching Hospital, Rawalpindi	Comparative analysis of efficacy of intraarticular platelet rich plasma (PRP) and corticosteroid injection under ultrasound guidance on pain control of knee osteoarthritis
4.	Dr. Saeed Ahmad	Dr. Muhammad Tahir Associate Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of complications of liver cirrhosis in patients presenting with and without hyponatremia at a tertiary care hospital
5.	Dr. Syed Zeeshan Hyder	Dr. Muhammad Shafiq Associate Professor of Medicine Quaid-e-Azam Medical College/Bahawal victoria Hospital, Bahawalpur	Comparison and efficacy of terlipressin vs octreotide in the management of acute variceal bleed in the patient with cirrhosis of liver
6.	Dr. Sana Zafar	Prof. Mazhar Faiz Allam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of outcome of hepatic encephalopathy with and without zinc supplementation
7.	Dr. Abeera Yaseen	Dr. Muhammad Afzal Associate Professor of Medicine Nawaz Sharif Medical College/Aziz Bhatti Shaheed Teaching Hospital, Gujrat	Comparison of frequency of dyslipidemia in patients of ischemic and hemorrhagic stroke
8.	Dr. Waqar Ahmad	Prof. Ghulam Fareed Professor of Medicine Sheikh Zayed Medical College/Sheikh Zayed Hospital, Rahim Yar Khan	Comparison between terlipressin vs octreotide in preventing bleeding esophageal varices as an adjuvant therapy with endoscopy band ligation

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Agenda of the Meeting of **Speciality Advisory Committee in Medicine** for review of MD synopses to be held on **Wednesday, 21st June, 2023**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1.	Dr. Aneela Naz (Revised)	Prof. Arif Mehmood Bhatti Professor of Medicine Nishtar Medical University Multan	Comparison of efficacy of rifaximin plus lactulose versus lactulose alone in patients with hepatic encephalopathy
2.	Dr. Mohammad Ismail	Dr. Shahzad Alam Khan Assistant Professor of Medicine Nishtar Medical University Multan	Comparison of mean post-treatment HbA1c levels among patients using sitagliptin plus metformin versus empagliflozin plus metformin for treatment of type II diabetes mellitus at a tertiary care hospital
3.	Dr. Muhammad Akmal		Comparison of atorvastatin versus rosuvastatin in type II diabetes mellitus with hypercholesterolemia
4.	Dr. Muhammad Amjad Nisar		Comparison of outcome (in terms of mean pain score) of lacosamide versus pregabalin in painful diabetic neuropathy at a tertiary care Hospital
5.	Dr. Sulman Younis Khosa (Revised)	Prof. Riaz Ahmad Javid Professor of Medicine D.G. Khan Medical College Dera Ghazi Khan	Comparison of mean lipid profile in ischemic stroke between diabetic and Non diabetic patients
6.	Dr. Rashid Hussain (Revised)		Comparison of nitazoxanide vs metronidazole in treatment of acute amebic diarrhea
7.	Dr. Dost Ali (Revised)		Comparison of efficacy of rosuvastatin and gemfibrozil in reduction of triglyceride levels in patients with type-II diabetes mellitus
8.	Dr. Ali Umar Waqar	Prof. Farah Shafi Head, Department of Medicine Unit-II Post Graduate Medical Institute, Lahore	Comparative study of high dose oral N-acetylcysteine in hospitalized COVID-19 patients a randomized control trial
9.	Dr. Muhammad Umer		Comparison of furosemide plus salbutamol nebulization versus single-agent salbutamol in COPD patients
10.	Dr. Amna Babar	Prof. Nighat Majeed Professor of Medicine Unit-III Allama Iqbal Medical College Lahore	Comparison of glycemic control of metformin with empagliflozin versus metformin and vildagliptin in type 2 diabetes patients



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Agenda of the Meeting of **Speciality Advisory Committee in Medicine** for review of MD synopses to be held on **Friday, 21st October, 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1	Dr. Muhammad Aamir (Revised)	Prof. Irfan Ahmad Professor of Medicine Sheikh Zayed Medical College, Rahim Yar Khan	Comparison of hope and self-satisfaction in human immunodeficiency virus (HIV) positive patients versus acquired immunodeficiency syndrome (AIDS) patients
2.	Dr. Usman Siddique (Revised)	Prof. Amir Shoukat Professor of Medicine Faisalabad Medical University, Faisalabad	Comparative efficacy of pregabalin and ketotifen in uremic pruritus
3.	Dr. Shehryar Aamer	Prof. Tahir Bashir Head Department of Medicine Allama Iqbal Medical College, Lahore	Comparison of valproic acid versus levetiracetam as monotherapy for management of epilepsy
4.	Dr. Hira Tariq	Prof. Azeem Taj Head Department of Medicine Federal Postgraduate Medical Institute/ Shaikh Zayed Hospital, Lahore	Effect of sodium glucose co-transporter-2 inhibitor vs dipeptidyl peptidyl peptidase-4 inhibitor as an add on to metformin mono therapy on glycemic control and lipid profile in type-2 diabetics
5.	Dr. Fatima Siraj	Prof. Riaz Ahmad Javid Professor of Medicine D.G Khan Medical College, Dera Ghazi Khan	Comparison of intravenous iron sucrose and oral iron for the treatment of iron deficiency anemia
6.	Dr. Rashid Hussain		Efficacy of telmisartan versus losartan in reducing proteinuria in patients with diabetic nephropathy
7.	Dr. Dost Ali		Comparison of rosuvastatin and atorvastatin efficacy in reducing low density lipoprotein (LDL-C) in patients with diabetes mellitus
8.	Dr. Zeenat Ismail	Dr. Sajid Hussain Assistant Professor of Medicine D.G Khan Medical College, Dera Ghazi Khan	Comparison between the effect of dapagliflozin and empagliflozin on fasting blood sugar
9.	Dr. Anam Sahar		Comparison of efficacy between inhaled MgSO ₄ and IV MgSO ₄ in terms of PEFr improvement in acute severe asthma
10.	Dr. Jamil Ahmed		Comparison of diuretics alone versus diuretics with IV albumin in management of ascities in cirrhosis of liver



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Agenda of the Meeting of **Speciality Advisory Committee in Medicine** for review of MD synopses to be held on **Wednesday, 22nd June 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1	Dr. Tanveer Hussain	Prof. Tahir Siddique Professor of Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Comparison of efficacy of metformin and dapagliflozin versus metformin and sitagliptin in terms of reduction in HbA1C in type 2 diabetes mellitus
2.	Dr. Mohammad Saddam Rahaman	Prof. Khalid Mahmud Khan Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Study of prevalence of microalbuminuria in newly diagnosed hypertensive patients and its correlation with left ventricular hypertrophy
3.	Dr. Waseem Sajjad (Revised)	Prof. Muhammad Aftab Jameel Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of efficacy of terlipressin and norepinephrine in the management of hepatorenal syndrome
4.	Dr. Muhammad Fazeel Iqbal	Dr. Muhammad Akram Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of safety and efficacy of warfarin (coagurin) vs rivaroxaban (xcept) in deep venous thrombosis
5.	Dr. Romale Nazir	Prof. Mazhar Faiz Alam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital Bahawalpur	Comparison of metformin and other glucose lowering drugs for their effect on acute exacerbations and quality of life in patients of chronic obstructive pulmonary disease with type 2 diabetes mellitus
6.	Dr. Usman Asghar	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital Bahawalpur	Comparison of frequency of dyslipidemia in end-stage renal disease patents on hemodialysis with healthy subjects
7.	Dr. Usman Saddique	Prof. Amir Shoukat Professor of Medicine	Comparison of QT interval in patient with and without liver cirrhosis
8.	Dr. Abdul Hafeez	Faisalabad Medical University/Allied Hospital, Faisalabad	Comparison of efficacy between duloxetine and amitriptyline in the management of painful diabetic neuropathy
9.	Dr. Muhammad Hasnain Rauf	Dr. Sajid Hussain Assistant Professor of Medicine D.G Khan Medical College/DHQ Teaching Hospital, D.G. Khan	Frequency of QTC prolongation in intracerebral hemorrhage
10.	Dr. Sulman Younis Khosa	Prof. Riaz Ahmad Javid Professor of Medicine D.G Khan Medical College/DHQ Teaching Hospital, D.G. Khan	Comparative evaluation of stroke in diabetic and non-diabetic patients admitted in DHQ Teaching Hospital Dera Ghazi Khan



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Friday, 27th May, 2022** at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Zahid Mahmood	Dr. Khalil Ahmad Associate Professor of Medicine Sahiwal Medical College/DHQ Teaching Hospital, Sahiwal	Comparative study of efficacy and adverse effects of metformin alone versus metformin plus sitagliptin in diabetes mellitus type II patients
2.	Dr. Maliha Ejaz (Revised)	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Expected outcome of ischemic stroke in diabetic patients with good control and diabetic patient with poor glycemic control in Bahawal Victoria Hospital, Bahawalpur
3.	Dr. Muhammad Tanveer (Revised)	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of the morbidity and mortality in vaccinated versus non vaccinated diabetic type 2 covid -19 patients at a tertiary care hospital
4.	Dr. Muhammad Abdullah Ahmad	Prof. Khalid Mahmud Khan Head, Department of Medicine Unit-V Allama Iqbal Medical College/Jinnah Hospital, Lahore	Frequency of occurrence of major vascular events in acute ischemic stroke patients treated with dual antiplatelet therapy
5.	Dr. Sundip Gopal Parajuli		Correlation of red cell distribution width with child-pugh score in patients with liver cirrhosis admitted to a tertiary care hospital
6.	Dr. Tahir Zaman	Prof. Farah Shafi Professor of Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Comparison of rifaximin alone and with quinolones in the prevention of spontaneous bacterial peritonitis in patients of decompensated chronic liver disease
7.	Dr. Muhammad Awais Khan	Dr. Israr ul Haque Associate Professor of Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Comparison of levofloxacin based sequential regimen and hybrid regimen for treatment of helicobacter pylori
8.	Dr. Israr Ahmed	Dr. Asim Saleem Sheikh Associate Professor of Medicine Gujranwala Medical College/DHQ Teaching Hospital, Gujranwala	Comparison of the efficacy of duloxetine and amitriptyline in the management of painful diabetic peripheral neuropathy
9.	Dr. Kanza Malik	Dr. Shahzad Manzoor Associate Professor of Medicine Rawalpindi Medical University/DHQ Teaching Hospital, Rawalpindi	Comparative analysis of efficacy of intra-articular platelet-rich plasma (PRP) and corticosteroid injection under ultrasound guidance on pain control of knee osteoarthritis



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Tuesday, 27th July 2021** at **11:00 a.m.** in University of Health Sciences, Lahore.

AGENDA

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Hassan Hayat Durrani	Dr. Lubna Meraj Associate Professor of Medicine Rawalpindi Medical University/ Holy Family Hospital Rawalpindi	Comparison of efficacy and safety of empagliflozin and metformin versus sitagliptin and metformin and patients with uncontrolled type 2 diabetes mellitus on monotherapy. A Randomized Controlled Trail
2.	Dr. Aatar Yaqoob	Prof. Ahmed Bilal Professor of Medicine Faisalabad Medical University/ DHQ Teaching Hospital Faisalabad	Comparison of qSOFA score and SIRS criteria for predicting mortality among hospitalized patients with suspected infection admitted on Medical Floor, Allied Hospital, Faisalabad
3.	Dr. Abeera Yaseen	Dr. Muhammad Afzal Associate Professor of Medicine Nawaz Sharif Medical College/ Aziz Bhatti Shaheed Teaching Hospital Gujrat	Comparison of frequency of dyslipidemias patients of ischemic and hemorrhagic stroke at Aziz Bhatti Shaheed Teaching Hospital, Gujrat
4.	Dr. Kamran Hussain	Dr. Khalil Ahmad Associate Professor of Medicine Sahiwal Medical College/DHQ Teaching Hospital Sahiwal	Frequency of hyponatremia in ischemic versus haemorrhagic stroke
5.	Dr. Kashif Mustafa	Dr. Shahzad Alam Khan Associate Professor of Medicine Nishtar Medical College/Nishtar Hospital Multan	Prevalence of pre diabetes and diabetes in young obese family members of newly diagnosed type II diabetic patients
6.	Dr. Usman Yousaf	Prof. Mazhar Faiz Allam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital Bahawalpur	Comparison of reduction of HBA1c level in patients of type 2 diabetes mellitus taking metformin treatment with and without vitamin E supplementation
7.	Dr. Maria Wazir	Dr. Drur Muhammad Khan Khichi Professor of Medicine Services Institute of Medical Sciences /Services Hospital Lahore	Correlation of serum calcum and blood pressure among patients of diabetes mellitus presenting to a Tertiary Care Hospital
8.	Dr. Muhammad Bilal Ahmed	Prof. Farah Shafi Professor of Medicine Postgraduate Medical Institute/ Lahore General Hospital Lahore	N-Acetyl cysteine in acute organophosphate poisoning presenting through medical emergency and treated in medicine department of Lahore General Hospital: A Randomized Control Trial



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on **Friday, 27th August 2021** at **10:00 a.m.** in University of Health Sciences, Lahore.

AGENDA

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Hafiz Muhammad Qamer	Dr. Asim Saleem Sheikh Associate Professor of Medicine Gujranwala Medical College/ DHQ Teaching Hospital, Gujranwala	To compare the outcome of gabapentin and desloratadine in patients with uremic pruritus
2.	Dr. Imran Khan (ABSENT)	Prof. Ahmed Bilal Professor of Medicine Faisalabad Medical University/ DHQ Teaching Hospital, Faisalabad	Comparison of the outcome of aspirin vs aspirin plus clopidogrel in the management of acute ischemic stroke
3.	Dr. Zahid Fareed	Dr. Shahzad Alam Khan Associate Professor of Medicine Nishtar Medical College/Nishtar Hospital, Multan	Comparison of efficacy of rifaximin versus metronidazole in patients with hepatic encephalopathy at a tertiary care hospital
4.	Dr. Abdul Majeed	Dr. Saima Nouman Khan Assistant Professor of Medicine Allama Iqbal Medical College/ Jinnah Hospital, Lahore	Efficacy of amitriptyline versus pregabain in management of diabetic neuropathy
5.	Dr. Muhammad Awais Khan	Dr. Israr ul haq Associate Professor of Medicine Postgraduate Medical Institute/ Lahore General Hospital, Lahore	Comparison of sequential and standard triple drug regimen for treatment of <i>Helicobacter pylori</i>
6.	Dr. Hafiz Zafar Mahmood (ABSENT)	Prof. Mazhar Faiz Allam Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Comparison of frequency of dyslipidemia between obese and non obese diabetic patients
7.	Dr. Imran Majeed	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safdar Medical College/Allama Iqbal Memorial Teaching Hospital, Sialkot	Study to evaluate the efficacy of low dose rifaximin in the prevention of hepatic encephalopathy in liver cirrhosis
8.	Dr. Waseem Sajjad	Prof. Aftab Jameel Professor of Medicine Quaid-e-Azam Medical College/Bahawal Victoria Hospital, Bahawalpur	Effect of albumin alone and combination of albumin and terlipressin on hepatorenal syndrome



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Agenda of the Meeting of **Synopsis Review Committee in Medicine** for review of MD synopses to be held on **Wednesday, 29th June 2022**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate / Specialty	Supervisor	Title
	Dr. Farooq Asghar	Prof. Khalid Mahmud Khan Professor of Medicine Allama Iqbal Medical College/Jinnah Hospital, Lahore	Frequency of anemia and its different types in patients taking proton pump inhibitor for 90 days
2.	Dr. Muhammad Salman Afzal	Prof. Azeem Taj Professor of Medicine Shaikh Zayed Postgraduate Medical Institute/Shaiikh Zayed Hospital, Lahore	Neutrophilic to lymphocytic ratio in blood as an inflammatory marker of progression in type 2 diabetic nephropathy
3.	Dr. Hamid Mahmood	Prof. Tahir Siddique Professor of Medicine Postgraduate Medical Institute/Lahore General Hospital, Lahore	Parameters associated with poor outcome in hemorrhagic stroke
4.	Dr. Sardar Nasir Hussain Khosa	Prof. Ghulam Mustafa Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	To compare the outcomes of aspirin therapy and dual antiplatelet therapy (aspirin+clopidogrel) in ischemic stroke patients at tertiary care hospital
5.	Dr. Arslan Siddiqui	Dr. M. Tahir Ch. Associate Professor of Medicine Nishtar Medical University/Nishtar Hospital, Multan	Comparison of diabetic retinopathy in controlled and uncontrolled type ii diabetic patients
6.	Dr. Muhammad Suleman	Dr. Sajid Hussain Assistant Professor of Medicine D. G. Khan Medical College/ DHQ Teaching Hospital, Dera Ghazi Khan	Role of rifaximin in prevention of hepatic encephalopathy in patients with liver cirrhosis
7.	Dr. Basheer Ali	Prof. Riaz Ahmad Javid Professor of Medicine D. G. Khan Medical College/ DHQ Teaching Hospital, Dera Ghazi Khan	Comparison of the efficacy of anti-snake venome in cases neurotoxic and haemotoxic snake bite
8.	Dr. Shahid Hassan Rana	Dr. Aamir Nazir Associate Professor of Medicine Sargodha Medical College/ DHQ Teaching Hospital, Sargodha	Comparative severity of chronic obstructive pulmonary disease of hookah versus cigarette smokers
9.	Dr. Javed Iqbal	Prof. Irfan Ahmad Professor of Medicine Sheikh Zayed Medical College/ Sheikh Zayed Hospital, Rahim yar Khan	Comparative evaluation of lipid profile between ischemic and hemorrhagic stroke patients
10.	Dr. Adeel Mushtaq	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College/Aziz Bhatti Shaheed Teaching Hospital, Gujrat	Comparison efficacy of terlipressin and octreotide in the management of esophageal variceal bleeding



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Agenda of the Meeting of Speciality Advisory Committee in Medicine for review of MD synopses to be held on Monday, 1st of January, 2024, at 10:00 a.m. in University of Health Sciences, Lahore.

Sr #	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Shaaban Anwer	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safdar Medical College, Sialkot	17-Nov-2022	The effect of early high dose vitamin D3 therapy vs placebo regarding mean duration of hospital stay in hours in critically ill adults patients admitted in ICU. A placebo controlled study
2.	Dr. Saima Rasheed	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College Bahawalpur	28-Nov-2022	Comparison of vitamin B12 deficiency in patients with newly diagnosed type 2 diabetes mellitus taking metformin versus sulfonylurea
3.	Dr. Muhammad Arslan Baig	Dr. Amina Husnain Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	08-Dec-2022	Comparison of rifaximin with nor-floxacin for primary prophylaxis of spontaneous bacterial peritonitis
4.	Dr. Muhammad Ali Rasheed	Prof. Muhammad Imran Hassan Khan Professor of Medicine Unit-II Postgraduate Medical Institute, Lahore	13-Dec-2022	Diagnostic accuracy of doppler ultrasound in detecting carotid artery stenosis in patients with cerebrovascular accidents
5.	Dr. Haleema Noor	Dr. Muhammad Afzal Chaudhry Associate Professor Nawaz Sharif Medical College, Gujrat	22-Dec-2022	Comparison of effects of selective serotonin reuptake inhibitors (SSRI's) versus placebo in recovery of acute ischemic stroke
6.	Dr. Ghulam Rasool	Dr. Sajid Hussain Assistant Professor of Medicine DG Khan Medical College, DG Khan	06-Jan-2023	Comparative study analyzing efficacy and safety of sitagliptin with metformin versus glimepiride with metformin on patients of type-2 diabetes mellitus
7.	Dr. Raza Tariq	Prof. Dr. Tahir Siddique Head, Dept of Internal Medicine Unit-II, Postgraduate Medical Institute, Lahore	01-Feb-2023	A randomized controlled clinical trial to evaluate the rational dose of anti snake venom in neurotoxic snake-bite patients
8.	Dr. Jawad Waseem	Dr. Shahzad Alam Khan	06-Feb-2023	Comparison of outcome of nifedipine versus enalapril in

		Assistant Professor of Medicine, Nishar Medical University, Multan		the progression of diabetic nephropathy at a Tertiary Care Hospital
9.	Dr. Memoona Rashid	Prof. Dr. Akmal Hussain Head, Dept of Medicine, Sheikh Zayed Medical College, Rahim Yar Khan	16-Feb-2023	Efficacy of levetriacetam vs sodium valproate in management of post stroke seizures
10.	Dr. Sohaib Aslam	Prof. Dr. Irfan Ahmad Sheikh Zayed Medical College, Rahim Yar Khan	16-Feb-2023	PSD (Post Stroke Depression): frequency of depression in patients with stroke presenting at a tertiary care hospital in Pakistan
11.	Dr. Muhammad Hasnain Rauf	Dr. Sajid Hussain, Assistant Professor of Medicine, DG Khan Medical College, Dg Khan	01-Mar-2023	Comparison of single versus double antiplatelet therapy for recurrent stroke prevention
12.	Dr. Iqra Abbas	Prof. Dr. Aamir Husain Faisalabad Medical University, Faisalabad	06-Mar-2023	Correlation between platelet count and esophageal varices in cirrhotic patients
13.	Dr. Hafiz Ali Zain ul Abdeen	Dr. Syed Babar Hussain Rizvi Head, Dept of Medicine Unit-I, Nawaz Sharif Medical College, Gujrat	06-Mar-2023	Comparison of efficacy of helicobacter pylori eradication therapy based on vonoprazan versus esomeprazole
14.	Dr. Shahid ur Rehman	Dr. Sheraz Saleem Assistant Professor of Medicine, Sargodha Medical College, Sargodha	07-Mar-2023	Comparison of efficacy of ezetimibe 10mg plus atorvastatin 10mg combination therapy vs double dose atorvastatin 20mg alone for dyslipidemia control in type 2 diabetic patients with ischemic stroke



UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Wednesday, 6th March 2024**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Muhammad Wasim Zahid 2018-19	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	26-Oct-23	Comparison of the role of losartan alone vs hydrochlorothiazide plus losartan on proteinuria in diabetic nephropathy patients
2.	Dr. Naheed Gul 2017-18	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	15-Dec-23	Comparison of efficacy of triple therapy with vonoprazone versus tripple therapy with lansoprazole for eradication of H. Pylori in patients of gastric ulcer disease
3.	Dr. Hidayat Ullah 2019-20	Prof. Tahir Bashir Head, Dept of Internal Medicine Allama Iqbal Medical College, Lahore	30-Oct-23	Comparative efficacy of dapagliflozin plus metformin versus sitagliptin plus metformin in managing non-alcoholic fatty liver disease in patients with type 2 diabetes
4.	Dr. Muhammad Sharjeel Tariq 2018-19	Dr. Amin Anjum Assistant Professor of Medicine Faisalabad Medical University, Ghulamabad, Faisalabad	18-Oct-23	Comparative study of 5 days versus 14 days (two weeks) use of corticosteroids (prednisolone) in treatment of acute exacerbation of chronic obstructive pulmonary disease
5.	Dr. Ayesha Saleem 2020-21	Prof. Muhammad Arif Nadeem Head, Dept of Internal Medicine Services Institute of Medical Sciences, Lahore	16-Feb-24	A comparative study of treatment response to nebulised salbutamol and N-acetylcystine combination versus salbutamol alone in acute severe asthma in emergency department
6.	Dr. Ata Ullah 2020-21	Prof. Farah Shafi Head, Dept of Internal Medicine Postgraduate Medical Institute, Lahore	16-Feb-24	Role of oral n-acetylcysteine (NAC) in non-acetaminophen-induced acute liver failure
7.	Dr. Ayesha Mukhtar 2020-21	Prof. Khalid Mahmud Khan Head, Dept of Internal Medicine Allama Iqbal Medical College, Lahore	18-Dec-23	To Compare the effectiveness of probiotics plus sequential therapy versus sequential therapy alone in cradicating H.Pylori. A single-centered study
8.	Dr. Muhammad Irfan Ullah 2019-20	Dr. Shahzad Alam Khan Assistant professor of Medicine Nishtar Medical University, Multan	24-Jan-24	Compare the efficacy of single high dose and low dose vitmain D therapy as an adjuvant treatment in painful diabetic neuropathy
9.	Dr. Fatima Safdar 2016-17	Prof. Muhammad Uthman Ahmad Head, Dept of Internal Medicine Sheikh Zayed Medical College, Lahore	13-Feb-24	Comparison of effects of sodium glucose co transporter (SGLT2) inhibitors versus dipeptidyl deptidase (DPP-4) inhibitors on metabolic risk factors in patients with type 2 diabetes mellitus
10.	Dr. Shafi Muhammad Khan 2018-19	Dr. Shahzad Alam Khan Assistant professor of Medicine Nishtar Medical University, Multan	30-Jan-24	Comparison of efficacy and safety of captopril combined with spironolactone and captopril alone in patients with diabetic nephropathy



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Tuesday, 16th of January 2024**, at **11:00 a.m.** in R&D Centre, University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Sara Tariq 2020-21	Prof. Dr. Ambreen Butt Services Institute of Medical Sciences, Lahore	07-Mar-2023	Comparison of rifxamin vs lactulose for the treatment of hepatic encephalopathy
2.	Dr. Maham Shahzad 2020-21	Prof. Dr. Saifullah Goraya Sargodha Medical College, Sargodha	07-Mar-2023	Comparison of complications of insertion of acute vascular access for urgent haemodialysis between internal jugular & sub clavien cthetrization
3.	Dr. Hina Iftikhar 2020-21	Dr. Asif Mahmood Gujranwala Medical College, Gujranwala	07-Mar-2023	Comparison of efficacy of pioglitazone and empagliflozin in non alcoholic fatty liver disease patients with type 2 diabetes
4.	Dr. Matiullah Alam 2020-21	Dr. Asif Mahmood Gujranwala Medical College, Gujranwala	07-Mar-2023	Comparison of efficacy of single dose fosfomycin and 5 days nitrofurantoin in female patients with uncomplicated urinary tract infection as empirical therapy
5.	Dr. Shahzad Nazeer 2020-21	Prof. Farah Shafi Prof. of Medicine Postgraduate Medical Institute, Lahore	08-Mar-2023	Correlation of hyponatremia with hepatic encephalopathy and severity of liver disease
6.	Dr. Aniq Khan 2020-21	Dr. Shahzad Alam Khan Associate Prof of Medicine, Nishtar Medical University, Multan	08-Mar-2023	Comparison of efficacy of intravenous meropenem and vancomycin versus intravenous ceftriaxone and vancomycin in the treatment of pyogenic meningitis at a tertiary care hospital
7.	Dr. Ahmed Rauf 2021-22	Prof. Dr. Arif Mahmood Bhatti Prof of Medicine, Nishtar Medical University,	03-May-2023	Comparison in efficacy of oral metformin and insulin treatment in improvement of blood lipid levels in controlled type II diabetes mellitus patients
8.	Dr. Tahira Jabeen 2020-21	Prof. Farah Shafi Prof. of Medicine Postgraduate Medical Institute, Lahore	22-May-2023	Comparison of vitamin d deficiency in patients of diabetes with MI and in diabetic patients without MI
9.	Dr. Javeria Iqbal 2021-22	Dr. Shahid Nawaz Khan Assistant Prof of Medicine Nishtar Medical University, Multan	16-Jun-2023	Comparison between efficacy of intramuscular insulin therapy versus continuous intravenous insulin infusion in the treatment of patients with diabetic ketoacidosis in non-ICU setting at a Tertiary Care Hospital
10	Dr. Muhammad Bin Usman 2020-21	Prof. Dr. Mazhar Faiz Alam QAMC, Bahawalpur	21-Aug-2023	Efficacy of vitamin-D intramuscular injection in reduction of glycosylated haemoglobin among patients of type 2 diabetes mellitus taking merformin



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Friday, 19th July 2024**, at **09:30 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Muhammad Yasir Sohban 2019-20	Dr. Umair Arif Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	15-Mar-24 Count: 1	Comparison of transaminases levels in patients with non-alcoholic steatohepatitis treated with and without ursodeoxycholic acid
2.	Dr. Liqa Ahmed 2021-22	Prof. Dr. Muhammad Arif Nadeem Head Department of Medicine Unit-III Services Institute of Medical Sciences, Lahore	28-Mar-24 Count: 1	Comparison of efficacy of Empagliflozin vs carvedilol in improving outcomes and reducing readmissions in heart failure patients
3.	Dr. Nalain Zahra 2022-23	Dr. Sabir Hussain Assistant Professor of Medicine, D.G Khan Medical College, Dera Ghazi Khan	2-Apr-24 Count: 1	Comparison of efficacy of duloxetine versus pregabalin in patients suffering from painful diabetic neuropathy
4.	Dr. Sana Usman 2021-22	Dr. Arif Mahmood Bhatti Associate Professor of Medicine Nishtar Medical University, Multan	4-Apr-24 Count: 1	Comparison of efficacy of single dose pluse methylprednisolone versus two dose pluse methylprednisolone in the treatment of acute immune thrombocytopenic purpura at a tertiary care hospital
5.	Dr. Amanullah 2017-2018	Dr. Zahra Nazish Professor of Medicine, Nishtar Medical University, Multan	25-Apr-24 Count: 2	Comparison of diabetic retinopathy in hypertensive taking candesartan versus normotensive diabetic patients at a tertiary care hospital
6.	Dr. Ata Ullah 2020-21	Prof. Dr. Farah Shafi Professor of Medicine Postgraduate Medical Institute, Lahore	29-Apr-24 Count: 2	Role of Oral n-acetylcysteine (NAC) in non-acetaminophen-induced acute liver injury
7.	Dr. Muhammad Adnan 2020-21	Dr. Sheraz Saleem Assistant Professor of Medicine Sargodha Medical College, Sargodha	7-May-24 Count: 1	Comparison of the efficacy between levetiracetam and phenytoin in the treatment of status epilepticus
8.	Dr. Aurangzaib 2020-21	Dr. Syed Babar Hussain Assistant Professor of Medicine Nawaz Sharif Medical College, Gujrat	17-May-24 Count: 1	Role of sodium-glucose transport protein 2 (SGLT2) inhibitors plus vitamin E in Non-Alcoholic Fatty Liver Disease (NAFLD)
9.	Dr. Asifa Sattar 2022-23	Dr. Sajid Hussain Assistant Professor of Medicine, D.G Khan Medical College, Dera Ghazi Khan	17-May-24 Count: 1	Comparison between efficacy of sitagliptin plus metformin versus dapagliflozin plus metformin for treatment of type II diabetes mellitus in terms of reduction of post treatment HbA2c level
10	Dr. Sana Javed 2022-23	Dr. Muhammad Afzal Ch. Associate Professor of Medicine, Nawaz Sharif Medical College, Gujrat	17-May-24 Count: 1	Comparison of efficacy of empagliflozin and lingliptin on renal function and glycemic control a doble-blind randomized clinical trail
11	Dr. Haroon Tahir 2012-2013	Prof. Dr. Farah Shafi Professor of Medicine Postgraduate Medical Institute, Lahore	28-Jun-24 Count: 3	Effect of empagliflozin vs lisinopril in delaying chronic kidney disease progression by reducing proteinuria in diabetic patient with eGFR from 30 to 60ML/minute/1.73 M2
12	Dr. Samrah Khalid 2022-23	Prof. Dr. Khalid Mahmud Khan Professor of Medicine Allama Iqbal Medical College, Lahore	20-May-24 Count: 1	Comparison of Once-weekly trelalipitin versus once daily DPP-4 inhibitors in patients with type 2 diabetes mellitus



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Tuesday, 20th February 2024**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Iqra Abbasi 2019-20	Prof. Aamir Hussain Faisalabad Medical University, Faisalabad	06-Mar-23	Correlation between platelet count and esophageal varices in cirrhotic patients
2.	Dr. Maryam Tariq 2019-20	Dr. Asif Mahmood Associate Professor Gujranwala Medical College, Gujranwala	07-Mar-23	A randomized controlled trial of vitamin E vs placebo for non-alcoholic fatty liver disease in terms of liver function tests
3.	Dr. Anjum Hameed 2019-20		07-Mar-23	Efficacy of LOLA as an add-on therapy to standard of care treatment in over hepatic encephalopathy in patients with liver cirrhosis
4.	Dr. Muhammad Jahangeer Karamat 2019-20	Prof. Zahra Nazish Nishtar Medical University, Multan	16-Mar-23	Comparative study of efficacy of vonoprazan based triple therapy versus lansoprazole based triple therapy for helicobacter pylori eradication in tertiary care hospital
5.	Dr. Ujala Ayyub 2018-19		21-Mar-23	Comparison of oral fosfomycin vs ciprofloxacin in treatment of uncomplicated uti in young female patients
6.	Dr. Elahi Bakhsh 2019-20	Prof. Abrar Ahmad Head, Dept of Medicine Quaid-e-Azam Medical College, Bahawalpur	03-Mar-23	Efficacy of probiotics in management of hepatic encephalopathy due to liver cirrhosis
7.	Dr. Anam Qadeer 2018-19	Dr. Shahzad Alam Khan Assistant Professor Nishtar Medical University Multan	09-May-23	Comparison of combination of metformin and sitagliptin vs metformin and modified release gliclazide combination for treatment of type 2 DM in terms of mean HbA1c reduction
8.	Dr. Maria Tariq 2020-21	Prof. Zahra Nazish Nishtar Medical University, Multan	22-May-23	Comparing the efficacy of flunarizine and valproatein prophylaxis of migraine in terms of reduction infrequency of migraine episodes
9.	Dr. Saima Kanwal 2017-18	Prof. Ghulam Fareed Sheikh Zayed Medical College, Rahim Yar Khan	02-Aug-23	Effect of empagliflozin on liver function tests in patients with non alcoholic fatty liver disease (NAFLD)
10.	Dr. Fiaz Rasool 2017-18	Prof. Mazhar Faiz Alam Quaid-e-Azam Medical College, Bahawalpur	28-Aug-23	Comparative study of hepatic encephalopathy outcome in diabetic patients with and without L-Ornithine L-Aspartate
11.	Dr. Haroon Tahir	Dr. Farah Saddiq Assistant Professor Postgraduate Medical Institute, Lahore	26-Sep-23	Size of right lobe of liver on ultrasound, serum level of CD163 and albumin to determine esophageal varices in liver cirrhosis patients



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Tuesday, 21st May 2024**, at **10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Adil Khan Revised 2018-19	Dr. Khalil Ahmad, Associate Professor of Medicine, Sahiwal Medical College, Sahiwal	19-Dec-23 Count: 2	Efficacy of zinc supplement in minimal hepatic encephalopathy
2.	Dr. Noor Muhammad 2021-22		9-Apr-24 Count: 1	Efficacy comparison between empagliflozin with metformin combination and metformin alone for non-alcoholic fatty liver disease treatment in type II diabetes mellitus patients
3.	Dr. Syed Abbas Ali Shah 2019-20	Prof. Dr. Nighat Majeed, Professor of Medicine, Allama Iqbal Medical College, Lahore	11-Mar-24 Count: 1	Comparison of the efficacy of vitamin E and pioglitazone on liver enzyme in patients with non-alcoholic fatty liver disease
4.	Dr. Rehmatullah 2022-23	Prof. Dr. Khalid Mahmud Khan, Professor of Medicine, Allama Iqbal Medical College, Lahore	8-Apr-24 Count: 1	Comparison of Itopride vs levosulpiride in treatment of Gerd
5.	Dr. Elahi Bakhsh Revised 2019-20	Dr. Riaz Ahmed Khawaja, Associate Professor of Medicine, Quaid-e-Azam Medical College, Bahawalpur	17-Apr-24 Count: 3	Efficacy of probiotics in management of hepatic encephalopathy due to liver cirrhosis
6.	Dr. Snober Muneer 2020-21	Dr. Ali Imran Assistant Professor of Medicine, Quaid-e-Azam Medical College, Bahawalpur	1-Apr-24 Count: 1	Comparative effectiveness of triple versus quadruple therapy in the treatment of helicobacter pylori -induced gastritis
7.	Dr. Saima Rasheed Revised 2020-21	Dr. Umair Arif, Assistant Professor of Medicine, Quaid-e-Azam Medical College, Bahawalpur	4-Apr-24 Count: 2	Comparison of VIT B12 Levels in patients with newly diagnosed type 2 diabetes mellitus on metformin therapy taking 500MCG and 1000MCG of VIT B12
8.	Dr. Sidra Afzal Butt 2022-23	Dr. Muhammad Afzal Ch. Associate Professor of Medicine, Nawaz Sharif Medical College, Gujrat	2-Apr-24 Count: 1	Comparison of empagliflozin in combination with diuretics in reducing ascites in decompensated liver disease patients
9.	Dr. Zahara Batool 2021-22	Prof. Dr. Tahir Siddique Professor of Medicine, Postgraduate Medical Institute , Lahore	2-Apr-24 Count: 1	Comparison of Efficacy of terlipressin, Octreotide, and Norepinephrine in the treatment of hepatorenal syndrome
10.	Dr. Muhammad Asjad Sohail Revised 2021-22	Prof. Dr. Farah Shafi, Professor of Medicine, Postgraduate Medical Institute , Lahore	16-Apr-24 Count: 2	Comparative study between clinical outcomes of clarithromycin plus cefuroxime and clarithromycin plus co-amoxiclav in patients with severe community acquired pneumonia
11.	Dr. Shahzad Nazeer Revised 2020-21		19-Apr-24 Count: 2	Comparison of Efficacy of crystalloid solution and albumin versus crystalloid solution alone in severe sepsis or septic shock
12.	Dr. Tahira Jabeen Revised 2020-21		19-Apr-24 Count: 2	Comparative effectiveness of vonoparazan v/s proton pump inhibitor in reflux disorders
13.	Dr. Summaya Zaitoon 2021-21	Dr. Israr Ul Haque Toor Associate Professor of Medicine, Postgraduate Medical Institute , Lahore	16-Apr-24 Count: 1	Comparison of continuous infusion versus intermittent bolus injections of furosemide in acute decompensated heart failure



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Wednesday, 31st of January 2024**, at **11:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Sidra Kanwal 2020-21	Dr. Amina Umer Assitant Professor Allama Iqbal Medical College, Lahore	10-Nov-23	Comparison of high vs low dose of rifaximin for primary prophylaxis of overt hepatic encephalopathy in patients with minimal hepatic encephalopathy
2.	Dr. Zeeshan Saeed 2020-21	Prof. Nighat Majeed	31-Oct-23	Comparison of effectiveness of dual anti-platelet treatment with aspirin plus cilostazol vs clopidogrel plus cilostazol in treatment of ischemic CVA
3.	Dr. Aqsa Rehman 2020-21	Dr. Umair Arif Assistant Professor Quaid-e-Azam Medical College, Bahawalpur	28-Aug-23	Comparing the frequency of upper gastrointestinal bleeding in ischemic stroke patients treated with single antiplatelet therapy versus dual antiplatelet therapy
4.	Dr. Muhammad Asjad Sohail 2020-21	Prof. Farah Shafi Postgraduate Medical Institute, Lahore	01-Nov-23	Comparison of clinical outcomes of high-dose dexamethasone versus methylprednisolone in the treatment of severe pneumonia
5.	Dr. Syeda Umal Baneen 2020-21	Dr. Afzal Chaudhry Associate professor Nawaz Sharif Medical College, Gujrat	13-Dec-23	Rifaximin versus metronidazole in management of acute episode of overt hepatic encephalopathy
6.	Dr. Maria Ikram 2020-21	Prof. Muhammad Shahid Nawaz Assistant Professor Nishtar Medical University, Multan	22-May-23	Comparison of effectiveness of nebulized magnesium sulphate plus salbutamol versus saline plus salbutamol in the treatment of patients with acute asthma
7.	Dr. Muhammad Arslan Wazir 2020-21	Dr. Abdul Sattar Professor of Medicine Sahilwal Medical College, Sahiwal	10-Oct-23	To compare the efficacy of vonoprazan vs conventional proton pump inhibitors in category 1H. Pylori eradication therapy
8.	Dr. Mamoona Tariq 2020-21	Dr. Amina Husnain Services Institute of Medical Sciences, Lahore	24-Oct-23	Correlation of thrombocytopenia with different grades of esophageal varices
9.	Dr. Mohsin Saeed 2020-21	Dr. Rao Hashim Idrees Gujranwala Medical College, Gujranwala	31-Oct-23	A comparative cross section study to observe the effect of empagliflozin as an addon therapy to the standard to care treatment in chronic kidney disease
10	Dr. Muhammad Raheel 2020-21	Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	17-Oct-23	Comparison of effectiveness of rifaximin versus norfloxacin in prevention of spontaneous bacterial peritonitis in cirrhotic patients at a tertiary care hospital
11	Dr. Sohaib Aslam 2020-21	Prof. Dr. Irfan Ahmad Sheikh Zayed Medical College, Rahim Yar Khan	15-Jan-24	Comparing the effect of fluoxetine at different strengths on patients with post stroke depression at Sheikh Zayed Hospital Rahim Yar Khan



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Tuesday, 27th August 2024**, at **09:30 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Rida Muhammad Ashraf 2021-22	Dr. Ali Imran Assistant Professor of Medicine Quaid e Azam Medical College, Bahawalpur	13-Jun-24 Count: 1	Evaluating the impact duloxetine versus pregabalin on knee osteoarthritis pain
2.	Dr. Moaz Bin Aziz 2022-23	Dr. Muhammad Javed Ahmad Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	06-Aug-24 Count: 1	Comparison of glycemic parameters in diabetic patients who are using statin therapy versus those not using statin therapy
3.	Dr. Faizan Altaf 2021-22	Prof. Dr. Nighat Majeed Professor of Medicine Allama Iqbal Medical College, Lahore	22-Jul-24 Count: 1	Effect of SITAGLIPTIN versus effect of EMPAGLIFLOZIN on blood pressure and body weight in pre-hypertension patients with type 2 diabetes
4.	Dr. Arfan Ali 2021-22	Prof. Dr. Ambreen Butt Professor of Medicine Services Institute of Medical Sciences, Lahore	31-May-24 Count: 1	Effectiveness of vitamin D3 as an add on therapy on triple regime for eradication of helicobacter pylori infection
5.	Dr. Javaria Ahmad 2020-21	Dr. Amina Umer Assistant Professor of Medicine Allama Iqbal Medical College, Lahore	21-May-24 Count: 1	Comparison of efficacy of duloxetine alone versus in combination with pregabalin in painful diabetic neuropathy
6.	Dr. Muhammad Fayyaz 2021-22	Dr. Muhammad Irfan Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	04-Jun-24 Count: 1	Comparison of Effects of ciprofloxacin versus norfloxacin in secondary prophylaxis of spontaneous bacterial peritonitis
7.	Dr. Zunaira Jamil 2020-21	Prof. Dr. Muhammad Uthman Ahmad Head of Dept Shaikh Zayed Postgraduate Medical Institute, Lahore	06-Jun-24 Count: 1	Effectiveness of pregabalin alone versus combination of pregabalin and methylcobalamin in diabetic neuropathy
8.	Dr. Muhammad Farooq 2020-21	Prof. Dr. Muhammad Uthman Ahmad Head of Dept Shaikh Zayed Postgraduate Medical Institute, Lahore	13-Jun-24 Count:	Comparison of twice daily dosing of insulin pre-mixed 70/30 vs free mixing insulin (50/50) in control of plasma glucose levels
9.	Dr. Atoofa Amotullah 2022-23	Prof. Dr. Muhammad Afzal Associate Professor of Medicine Nawaz Sharif Medical College, Gujrat	03-May-24 Count: 1	Comparison of efficacy of vitamin D Augmentation with pregabalin versus pregabalin alone on painful peripheral neuropathy in patients with type 2 diabetes mellitus
10.	Dr. Syed Shaheer Haider 2020-21	Dr. Muhammad Irfan Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	04-Jun-24 Count: 1	Effect of adding L Ornithine L Aspartate to rifaximin-lactulose therapy in liver cirrhosis patients suffering from hepatic encephalopathy
1.	Dr. Aftab Alem Jehangir 2021-22	Dr. Ali Imran Associate Professor of Medicine Quaid e Azam Medical College, Bahawalpur	06-April-24 Count: 2	Compare the efficacy of silymarin and placebo to normalize liver function tests in patients with chronic liver disease in a tertiary care hospital



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Wednesday, 8th January 2025, at 09:30 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Uzma Majeed 2022-23	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	22-Oct-24 Count: 0	Comparison of efficacy of valproate and levetiracetam in the control of seizures among patients with post stroke epilepsy at a tertiary care hospital
2.	Dr. Maham Fatima 2022-23	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	22-Oct-24 Count: 0	Comparison between efficacy of moderate intensity statin plus ezetimibe versus high intensity statin in achieving desired LDL levels in patients with diabetes mellitus
3.	Dr. Malik Muhammad Zeeshan 2018-19	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	24-Oct-24 Count: 3	Comparison of efficacy of propranolol plus topiramate versus sodium valproate plus propranolol among patients with migraine at a tertiary care hospital
4.	Dr. Rana Shakeel Ahmed 2018-19	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	24-Oct-24 Count: 0	Comparison of mean post-treatment HbA1c levels among patients using glimepiride plus metformin versus glimepiride plus sitagliptin for treatment of type II diabetes mellitus at a tertiary care hospital
5.	Dr. Aftab Alem Jehangir 2021-22	Dr. Ali Imran Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	28-Oct-24 Count: 2	Compare the efficacy of silymrin and placebo to normalize liver function tests in patients with chronic liver disease in a tertiary care hospital
6.	Dr. Maria Ikram 2020-21	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	28-Oct-24 Count: 2	Comparison of effectiveness of nebulized magnesium sulphate plus salbutamol versus saline plus salbutamol in the treatment of patients with acute asthma
7.	Dr. Asifa Sattar 2022-23	Dr. Sajid Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	28-Oct-24 Count: 0	Comparison of vonoprazan vs. lansoprazole for healing in patients with erosive esophagitis
8.	Dr. Samiullah 2022-23	Dr. Sheraz Saleem Assistant Professor of Medicine Sargodha Medical College, Sargodha	12-Nov-24 Count: 0	Comparison of role of mebeverine alone versus mebeverine with probiotics and mebeverine with peppermint oil in treatment of irritable bowel syndrome
9.	Dr. Uswa Majeed 2022-23	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	13-Nov-24 Count: 0	Comparison of efficacy of intravenous meropenem versus intravenous ceftriaxone for treatment of bacterial meningitis in adults
10	Dr. Sidra Afzal Butt 2022-23	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College, Gujrat	18-Nov-24 Count: 2	Comparative outcomes of empagliflozin and dapagliflozin in combination with standard therapy among patients of heart failure with reduce ejection fraction
11	Dr. Tahira Jabeen 2020-21	Prof. Farah Shafi Professor of Medicine Postgraduate Medical College, Lahore	18-Nov-24 Count: 3	Comparative effectiveness of vonoparazan v/s proton pump inhibitor in reflux disorders

12	Dr. Nalain Zahra 2022-23	Dr. Sabir Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	2-Dec-24 Count: 3	Comparison of effect of sertraline versus pregabalin in alleviating uremic pruritus in end stage renal disease patients under hemodialysis
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Sr. No.	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Shafi Muhammad Khan 2018-19	Dr. Shahzad Alam Khan Assistant Professor of Medicine Nishtar Medical University, Multan	14-May-24 Count: 4	Comparison of efficacy and safety of ramipril alone versus ramipril and hydrochlorothiazide in patients with diabetic nephropathy
2.	Dr. Fariah Mubin 2020-21	Dr. Javed Iqbal Associate Professor of Medicine Sheikh Zayed Medical College, Rahim Yar Khan	18-Nov-24 Count: 1	Efficacy of propranolol versus carvedilol in prophylaxis of esophageal variceal bleeding
3.	Dr. Ali Hussain 2022-23	Dr. Sohaib Akbar Senior Registrar, Department of Medicine Postgraduate Medical Institute, Lahore	26-Nov-24 Count: 1	Efficacy of linagliptin 2.5 mg twice daily versus 5 mg once daily in patients with type 2 diabetes mellitus inadequately controlled on metformin alone
4.	Dr. Adnan Safi 2021-22	Dr. Sohaib Akbar Senior Registrar, Department of Medicine Postgraduate Medical Institute, Lahore	26-Nov-24 Count: 1	Comparative efficacy and safety of continuous versus bolus dose furosemide in the management of all-cause pulmonary edema
5.	Dr. Snober Muneer 2020-21	Dr. Ali Imran Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	29-Nov-24 Count: 1	Comparison of intravenous iron sucrose and oral ferrous sulphate in patients with restless leg syndrome with iron deficiency anemia- assesment of symptoms severity using international restless leg syndrome scale
6.	Dr. Fatima Masood 2022-23	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	29-Nov-24 Count: 1	Comparison between efficacy of vonoprazan versus lansoprazole in patients with drug induced gastritis
7.	Dr. Shaaban Anwer 2019-20	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safdar Medical College, Sialkot	30-Dec-24 Count: 4	Effect of early high dose vitamin D3 therapy response in community acquired pneumonia patients with curb-65 less than two
8.	Dr. Faizan Altaf 2021-22	Prof. Dr. Nighat Majeed Professor of Medicine Allama Iqbal Medical College, Lahore	19-Dec-24 Count: 2	Effect of SITAGLIPTIN versus effect of EMPAGLIFLOZIN on body weight in patients with type 2 diabetes
9.	Dr. Komal Mushtaq 2022-23	Prof. Dr. Nighat Majeed Professor of Medicine Allama Iqbal Medical College, Lahore	12-Feb-25 Count: 2	Clinical efficacy of third generation cephalosporins vs meropenem in empirical treatment of acute bacterial meningitis
10.	Dr. Muhammad Raheel 2021-22	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	12-Feb-25 Count: 2	Comparison of effectiveness of rifaximin versus norfloxacin in prevention of spontaneous bacterial peritonitis in cirrhotic patients at a tertiary care hospital
11.	Dr. Jawad Waseem 2020-21	Dr. Shahzad Alam Khan Assistant Professor of Medicine Nishtar Medical University, Multan	26-Feb-25 Count: 3	Comparison of outcome of diabetic nephropathy in patients receiving ramipril alone versus in combination with empagliflozin

12.	Dr. Haroon Tahir 2012-2013	Dr. Farah Sadiq Assistant Professor of Medicine Postgraduate Medical Institute, Lahore	26-Feb-25 Count: 5	Effect of empagliflozin vs lisinopril in delaying chronic kidney disease progression by reducing proteinuria in diabetic patients with EGFR from 30 to 60 ml/minute/1.73 m ²
13.	Dr. Muhammad Imran 2017-2018	Dr. Amir Nazir Associate Professor of Medicine Sargodha Medical College, Sargodha	11-Mar-25 Count: 3	Role of nutrition in patients with pulmonary tuberculosis on antituberculosis therapy
14.	Dr. Aurangzai 2020-21	Dr. Syed Babar Hussain Assistant Professor of Medicine Nawaz Sharif Medical College, Gujrat	26-03-2025 Count: 2	Role of sodium-glucose transport protein 2 (SGLT2) inhibitors versus pioglitazone in non-alcoholic fatty liver disease (NAFLD)



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **17th June 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr. No.	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Syeda Umal Baneen 2021-22	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College, Gujrat	2-Dec-24 Count: 1	Comparison of efficacy of lactulose versus polyethylene glycol in treatment of overt hepatic encephalopathy
2.	Dr. Aima Aslam 2022-23		20-Dec-24 Count: 1	Comparison of efficacy of L ornithine L aspartate (LOLA) and Branched chain Amino Acids (BCAA) combination versus L ornithine L Aspartate (LOLA) alone in treatment of patients of hepatic encephalopathy
3.	Dr. Muhammad Ahmad Raouf 2021-22	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nistar Medical University, Multan	29-Jan-25 Count: 1	Comparison of the effect of low dose anti-snake venom verses high dose of anti-snake venom in case of hemotoxic snake bite for improvement of PT/APTT/INR and thrombocytopenia
4.	Dr. Muhammad Bilal Zaib Khan 2024-25	Dr. Wajih-ur-Rehman Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	30-Jan-25 Count: 1	Efficacy and safety of metformin monotherapy versus metformin plus magnesium supplementation in reduction of glycosylated hemoglobin among patients of type 2 diabetes mellitus
5.	Dr. Ahmar Ayoub 2023-24	Dr. Ali Imran Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	31-Jan-25 Count: 1	Comparative efficacy of sodium glucose linked transporter 2 inhibitors alone and combination therapy with finerenone on albuminuria reduction in patients with type 2 diabetes mellitus having stage 3-4 chronic kidney disease
6.	Dr. Saira Ibrahim	Dr. Rao Hashim Idrees Assistant Professor of Medicine	6-Feb-25 Count: 1	Comparative analysis of early insulin initiation with metformin as compared to metformin

	2020-21	Gujranwala Medical College, Gujranwala		alone in newly diagnosed type 2 diabetes mellitus for enhanced glycemic control
7.	Dr. Muhammad Abubakar 2019-20	Dr. Javed Iqbal Associate Professor of Medicine Sheikh Zayed Medical College, Rahim Yar Khan	10-Feb-25 Count: 1	Comparison of sequential therapy versus concomitant therapy in H. pylori eradication
8.	Dr. Samia Chaudhry 2022-23	Dr. Muhammad Irfan Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	11-Feb-25 Count: 1	A comparative analysis of low dose propranolol versus high dose metoprolol in prophylactic treatment of migraine
9.	Dr. Sidra Kanwal 2020-21	Dr. Amina Umer Assistant Professor of Medicine Allama Iqbal Medical College, Lahore	18-Mar-25 Count: 2	Comparison of high vs low dose of rifaximin for primary prophylaxis of overt hepatic encephalopathy in patients with minimal hepatic encephalopathy
10.	Dr. Malik Muhammad Zeeshan 2018-19	Dr. Muhammad Shahid Nawaz Assistant Professor of Medicine Nishtar Medical University, Multan	25-03-2025 Count: 4	Comparison of efficacy of propranolol plus topiramate versus sodium valproate plus propranolol among patients with migraine at a tertiary care hospital
11.	Dr. Maria Ikram 2020-21		15-Apr-25 Count: 3	Comparison of effectiveness of nebulized magnesium sulphate plus salbutamol versus saline plus salbutamol in the treatment of patients with acute asthma
12.	Dr. Maria Tariq 2020-21	Prof. Zahra Nazish Professor of Medicine Nishtar Medical University, Multan	17-Apr-25 Count: 2	Comparing the efficacy of valproate versus topiramate in prophylaxis of classical migraine in terms of reduction in frequency of migraine episodes



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Tuesday, 7th October 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Agenda

Sr. No.	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Abdul Raffay Khan 2023-24	Dr. Ashfaq Ahmad Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	11-Apr-25 Count: 1	Comparative efficacy of metformin alone versus metformin with vitamin D3 in Glycemic control and HBA1C reduction
2.	Dr. Fahad Saleem 2022-23	Dr. Awais Abid Assistant Professor of Medicine Services Institute of Medical Sciences, Lahore	14-Apr-25 Count: 1	Comparison of amitriptyline and levosulpiride in terms of safety and efficacy for the treatment of functional dyspepsia
3.	Dr. Sidra Rafique 2023-24	Prof. Dr. Zafar Majeed Babar Head, Department of Medical Unit III Sheikh Zayed Medical College,RYK	14-Apr-25 Count: 1	Comparison of sitagliptin with empagliflozin for better cglycemic control in patients with type II diabetes millitus
4.	Dr. Irha Saeed 2021-22	Prof. Zahra Nazish Professor of Medicine Nishtar Medical University, Multan	15-Apr-25 Count: 1	Comparison of efficacy and safety of azithromycin and levofloxacin in out-patient treatment of acute bacterial exacerbation of chronic bronchitis
5.	Dr. Aqeel Ahmad 2023-24	Prof. Dr. Arif Mahmood Bhatti Professor of Medicine Nishtar Medical University, Multan	15-Apr-25 Count: 1	Comparison of high-dose dexamethasone versus methylprednisolone in the management of severe primary immune thrombocytopenia
6.	Dr. Samrah Fatima 2022-23	Dr. Sohaib Akbar Senior Registrar Medicine Department Unit III Postgraduate Medical College, La	18-Apr-25 Count: 1	Comparison of the efficacy of peppermint oil vs mebeverine in relieving irritable bowel syndrome symptoms
7.	Dr. Alia Kareem 2021-22	Prof. Dr. Muhammad Akram Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	2-May-25 Count: 1	Comparison of efficacy of early vs late administration of dexamethasone in high-risk sepsis patients
8.	Dr. Sajjad Hussain 2023-24	Dr. Sajid Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	3-May-25 Count: 1	Comparison of the efficacy and safety of duloxetine and amitriptyline in the treatment of fibromyalgia
9.	Dr. Tehmina Shehzadi 2023-24	Dr. Sajid Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	11-Jun-25 Count: 1	Comparison of efficacy of dexlansoprazole and esomeprazole after 24 week follow up in patients with erosive esophagitis in terms of symptom relief
10.	Dr. Mirza Muhammad Ishfaq 2022-23	Dr. Samina Saeed Associate Professor of Medicine Allama Iqbal Medical College, Lahore	9-Jul-25 Count: 1	A randomized controlled trial on the management of IBS with Diarrhea, a review of rifaximin vs rifaximin and probiotics
11.	Dr. Aurangzaib 2020-21	Dr. Syed Babar Hussain Head Department of Medicine Unit-I, Nawaz Sharif Medical College, Gujrat	18-Aug-25 Count: 3	Role of resmitrom vs pioglitazone in metabolic dysfunction-associated steatotic liver disease (MASLD)
12.	Dr. Tahira Jabeen 2020-21	Prof. Farah Shafi Head Department of Medicine Unit-I Postgraduate Medical Institute, Lahore	10-Sep-25 Count: 4	Comparative effectiveness of vonoparazan v/s proton pump inhibitor in reflux disorders



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses to be held on **Thursday, 4th December 2025, at 10:00 a.m.** in University of Health Sciences, Lahore

Sr. No.	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Afsheen Kiran	Prof. Dr. Saifullah Goraya Professor of Medicine Sargodha Medical College, Sargodha	24-Jul-25 Count: 1	Comparison of efficacy and safety of empagliflozin versus sitagliptin in treatment naive patients of type 2 diabetes mellitus in sargodha, Pakistan
2.	Dr. Rabia Saeed	Dr. Amir Nazir Associate Professor of Medicine Sargodha Medical College, Sargodha	24-Jul-25 Count: 1	Comparison of efficacy and safety of trelagliptin versus sitagliptin in treatment of type 2 diabetes mellitus inadequately managed on metformin in sargodha , pakistan
3.	Dr. Arslan Jamil	Prof. Dr. Tahir Bashir Professor of Medicine Allama Iqbal Medical College, Lahore	25-Jul-25 Count: 1	Role of N-acetylcysteine in reducing albuminuria in diabetic nephropathy
4.	Dr. Muhammad Shah	Prof. Dr. Muhammad Akram Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	31-Jul-25 Count: 1	Comparative efficacy and safety of lamotrigine versus levetiracetam as first-line mono therapy for secondary epilepsy in adults
5.	Dr. Aitzaz Ahsan	Dr. Ashfaq Ahmad Assistant Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	15-Aug-25 Count: 1	Comparative efficacy of dapagliflozin vs vildagliptin as add on therapy to metformin in the treatment of type II Diabetes mellitus
6.	Dr. Muhammad Fayyaz	Dr. Muhammad Irfan Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	19-Aug-25 Count: 1	Comparison of efficacy of pregabalin vs pregabalin plus vitamin E in the management of diabetic neuropathy
7.	Dr. Aiza Mukhar	Prof. Dr. Muhammad Imran Hasan Khan Professor of Medicine Sahiwal Medical College, Sahiwal	28-Aug-25 Count: 1	Comparison of gabapentin versus levodopa in the treatment of restless legs syndrome in haemodialysis patients
8.	Dr. Hafiz Muhammad Ans	Dr. Tauqeer Ahmed Associate Professor of Medicine Khawaja Muhammad Safder Medical College, Sialkot	1-Sep-25 Count: 1	Efficacy and safety of quinolone based sequential therapy versus bismuth containing quadruple therapy for helicobacter pylori eradication: A randomized, open label, non inferiority comparative study (Second line Therapy)
9.	Dr. Sehrish Andleeb	Dr. Amina Umer Associate Professor of Medicine Allama Iqbal Medical College, Lahore	2-Sep-25 Count: 1	Role of anticoagulation in patients with cirrhosis and bland portal vein thrombosis in terms of long term complications and prognosis
10.	Dr. Abdul Moiz Ejaz	Dr. Ammad Asghar Assistant Professor of Medicine Sahiwal Medical College, Sahiwal	3-Sep-25 Count: 1	Comparative efficacy of methotrexate alone versus methotrexate with hydroxychloroquine in patients newly diagnosed with rheumatoid arthritis
11.	Dr. Muhammad Imran	Dr. Amir Nazir Associate Professor of Medicine Sargodha Medical College, Sargodha	28-Aug-25 Count: 1	Trelagliptin vs Vildagliptin in type 2 diabetes



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Agenda of the Meeting of Speciality Advisory Committee in **Medicine** for review of MD synopses held on **23th July 2025, at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Syed Shaheer Haider 2020-21	Dr. Muhammad Irfan Associate Professor of Medicine Services Institute of Medical Sciences, Lahore	12-Feb-25 Count: 0	Comparison of efficacy of premixed vs basal-bolus insulin in type 2 diabetes patients hospitalized at Services Hospital, Lahore
2.	Dr. Muhammad Zahid Rafiq 2022-23	Prof. Dr. Imran Hassan Khan Professor of Medicine Sahiwal Medical College, Sahiwal	17-Feb-25 Count: 0	Stage-specific evaluation of PIVKA-II levels across the Bcelona Clinic Liver Cancer (BCBC) classification for enhanced diagnosis and prognostication in hepatocellular carcinoma
3.	Dr. Aymen Jabbar 2022-23	Dr. Muhammad Akram Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	6-Mar-25 Count: 0	Comparison of efficacy of sacubitril/valsartan monotherapy with sacubitril/valsartan plus dapagliflozin in patients of heart failure with reduced ejection fraction
4.	Dr. Atif Arif 2022-23	Dr. Taqeer Ahmad Assistant Professor of Medicine, Khawaja Muhammad Safdar Medical College, Sialkot	19-Mar-25 Count: 0	Comparison of efficacy of triple therapy with and without probiotics in H. Pylori eradication
5.	Dr. Tahreem Ahmad 2022-23	Prof. Dr. Muhammad Zafar Professor of Medicine Nishtar Medical University, Multan	26-03-2025 Count: 0	Compare post-treatment HbA1C levels among patients using empagliflozin versus vildagliptin for treatment of type II diabetes mellitus at a tertiary care hospital
6.	Dr. Besmullah 2022-23	Dr. Umair Arif Associate Professor of Medicine Quaid-e-Azam Medical College, Bahawalpur	27-Mar-25 Count: 0	Comparison of the outcome of spironolactone and eplerenone in management of ascites in patients of cirrhosis of liver at tertiary care hospital, Bahawalpur
7.	Dr. Hussnain Mehboob 2022-23	Prof. Dr. Akmal Hussain Professor of Medicine Sheikh Zayed Medical College, Rahim Yar Khan	27-Mar-25 Count: 1	A comparative study of meropenem vs azithromycin in treating enteric fever patients at Sheikh Zayed Hospital, Rahim Yar Khan
8.	Dr. Mamoona Maqbool 2023-24	Dr. Rao Hashim Idress Assistant Professor of Medicine Gujranwala Medical College, Gujranwala	9-Apr-25 Count: 0	Comparison of efficacy of empagliflozin and metformin in metabolic dysfunction associated steatotic liver disease
9.	Dr. Usman Sadiq 2021-22	Prof. Dr. Tahir Bashir Professor of Medicine Allama Iqbal Medical College, Lahore	10-Apr-25 Count: 0	Comparison of vonoprazan based and lansoprazole based triple therapy for eradication of helicobacter pylori in peptic ulcer disease
10.	Dr. Sana Javed 2022-23	Dr. Muhammad Afzal Ch. Associate Professor of Medicine Nawaz Sharif Medical College, Gujrat	23-Jun-25 Count: 1	Comparison of efficacy of empagliflozin versus pioglitazone in terms of improvement in proteinuria and glycemic control in patients with type II diabetes
11.	Dr. Nalain Zahra 2022-23	Dr. Sabir Hussain Assistant Professor of Medicine DG Khan Medical College, Dera Ghazi Khan	12-June-25 Count: 4	Comparison of pregabalin and hydroxyzine in alleviating uremic pruritus in end stage renal disease patients under hemodialysis