

Monthly

# UHS NEWS

UNIVERSITY OF HEALTH SCIENCES LAHORE



July 2025



## UHS Integrates Life-Saving Skills into Health Curriculum

July 23: The University of Health Sciences (UHS) Lahore has become the first institution in Pakistan to formally integrate six essential life-saving skills into the core curriculum of all health-related undergraduate programmes. Beginning this academic year, students of medical, dental, nursing, and allied health sciences will be required to undergo training in these skills, including CPR, before they are allowed to sit for their final professional examinations.

The six courses now compulsory for all students are: Cardiac First Response / Basic Life Support (Adult & Paediatric), Immediate Care Cardiac / Advanced Life Support Cardiac, Immediate Care Trauma / Advanced Life Support Trauma, Emergency Triage Assessment and Treatment (ETAT), Emergency Neonatal Care / Neonatal Resuscitation, and Emergency Obstetrics and Neonatal Care (EMONC). **Continued at Page 06**

## Top News

**UHS becomes first public medical university in Punjab to attain ISO 9001:2015 certification**

**UHS to launch PhD and evening MSN programs for nurses**





## CM Monitoring Team Chief Visits UHS, Praises Role in Health Education

July 22: Brigadier (Retd) Babar Alauddin, head of the Chief Minister Punjab Monitoring Team, visited the University of Health Sciences (UHS) where he met Vice Chancellor Prof Dr Ahsan Waheed Rathore, Pro-VC Prof Nadia Naseem, and senior faculty. Prof Naseem briefed him on UHS's academic, research, and public health initiatives. Brigadier Alauddin toured departments and appreciated UHS's role in advancing healthcare education. He termed the government's decision to centralize nursing admissions through UHS a "wise step" to ensure merit and quality, citing a shortage of trained nurses across 100 hospitals he inspected. He praised UHS's Pyari Beti programme for adolescent health, recommending its integration into primary healthcare. He also expressed strong support for MDCAT, calling it essential for standardised admissions.

Addressing regulation, Brigadier Alauddin highlighted the need for a strict framework to oversee private medical colleges. Prof Rathore noted that substandard nursing colleges are being shut down, and only those with 200-bed teaching hospitals will be accredited.

The chairman reaffirmed healthcare as a top priority, noting ongoing revitalization of BHUs and RHCs. He commended UHS's unique national role and efforts to improve international university rankings.

## ISO 9001:2015 Certification for UHS

The University of Health Sciences (UHS) has earned ISO 9001:2015 Quality Management Systems certification for its City and Jinnah Campuses, covering laboratory-based testing in disciplines such as Histopathology, Microbiology, Hematology, Immunology, Molecular Biology, and Biochemistry.

UHS is now the first public medical university in Punjab and the third in Pakistan to receive this globally recognized certification, reflecting its commitment to quality, patient care, research integrity, and continuous improvement.

Vice Chancellor Prof Dr Ahsan Waheed Rathore called the achievement a "milestone" and a testament to UHS's dedication to operational excellence.

Global Inter Certification



Management System Certification Body No.MSCB-108

### CERTIFICATE

No. 25-A-3862 Rev.0

University of Health Sciences, Lahore

< City Campus > University of Health Sciences, Lahore -

City Campus Khayaban-e-Jamia Punjab, Lahore, 54600, Pakistan

< Jinnah Campus > University of Health Sciences, Lahore -

Jinnah Campus University Road, Kala Shah Kaku, Pakistan

Company Reg. No.: 9021299

has documented and implemented system in compliance with the requirements of

**ISO 9001:2015**  
**Quality Management Systems**

for

[ City Campus & Jinnah Campus ]

Provision of technical and clinical laboratory-based testing and analytical services in the disciplines of Histopathology, Microbiology, Hematology, Immunology, Human Genetics & Molecular Biology, and Biochemistry & Chemical Pathology

IAF Code: 34

The certificate is issued on the basis of the results mentioned in the pertinent audit report. Validity of the certificate is conditionally limited by positive results of surveillance audits, which the certified company is committed to undergo.

The validity of this certificate can be checked on the main page of the GIC website [www.gicert.org](http://www.gicert.org).

This certificate can be invalid if the certificate holder does not fulfill the conditions set out in the certification agreement.

Initial issue date: Jul. 09. 2025  
Expire date: Jul. 08. 2028



*Tyrene Dyse*  
Tyrene Dyse  
Head of Certification Body

450 North Brand Boulevard, Suite 600 - #6007 Glendale, Ca. 91203 U.S.A.  
The authenticity of this certificate can be verified on <https://www.iafortenure.org>.



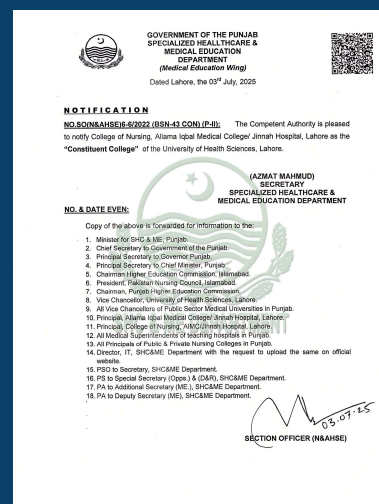


## Dental College Classes Start at UHS After Formal Integration

July 7: The University of Health Sciences (UHS) Lahore has formally started basic sciences classes for first and second-year BDS students of de'Montmorency College of Dentistry, following its official integration as a constituent college of UHS. Over 200 students visited the UHS campus, toured teaching departments, met faculty, and attended orientation. They were accompanied by Principal Prof Dr Nabeela Riaz and senior faculty. UHS Vice Chancellor Prof Dr Ahsan Waheed Rathore welcomed the students, emphasizing that the merger marks full institutional integration, not just symbolic collaboration. He pledged improvements under UHS administration and stressed discipline, punctuality, and academic commitment. Pro-VC Prof Dr Nadia Naseem called the occasion historic and assured students of full support. Prof Riaz urged students to embrace the change as a new opportunity for excellence. During an interactive session, students shared concerns, to which Prof Rathore responded with assurances of improved hostels and transport, declaring them now part of the UHS family.

## College of Nursing AIMC Declared UHS Constituent College

July 3: The Government of Punjab has declared the College of Nursing, Allama Iqbal Medical College/Jinnah Hospital, Lahore, as a constituent college of the University of Health Sciences (UHS), Lahore. The decision has been notified by the Specialized Healthcare and Medical Education Department. The move aims to improve academic integration and streamline nursing education under UHS.



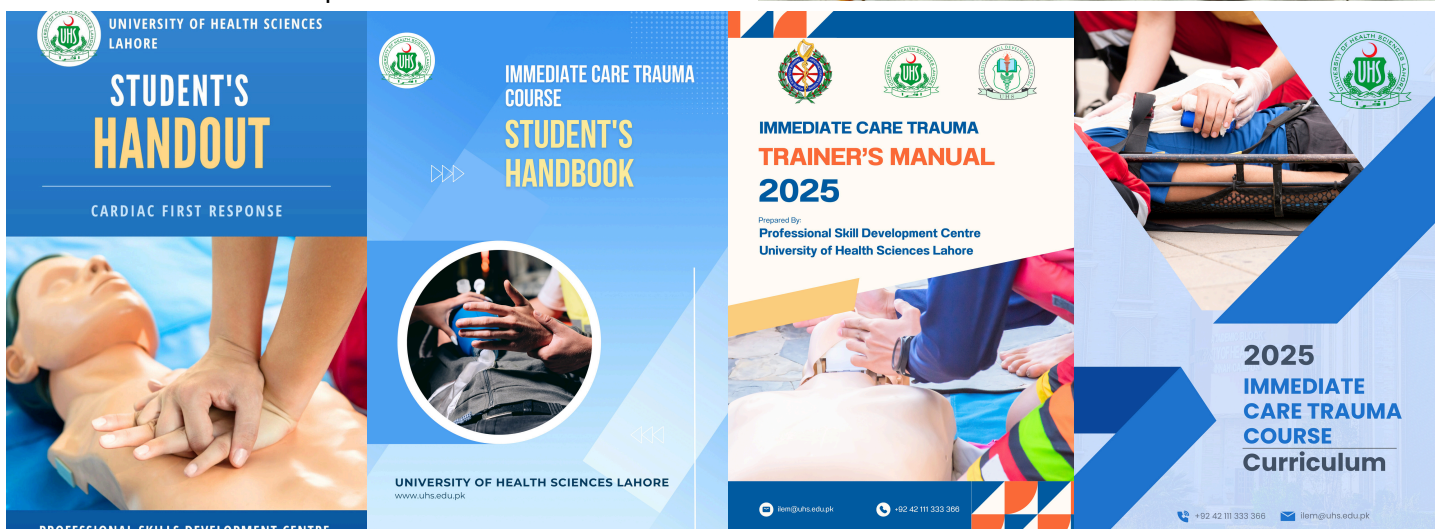




## UHS Trains Every Student to Save a Life – Curricula, Manuals Launched

The University of Health Sciences (UHS) Lahore has taken a groundbreaking step by introducing six mandatory life-saving trainings for all students enrolled in its affiliated medical, dental, nursing, pharmacy, and allied health sciences institutions across Punjab and Azad Jammu & Kashmir. These trainings—ranging from Basic and Advanced Life Support to Emergency Neonatal, Obstetric, and Trauma Care—are now a compulsory requirement for students to be eligible for their final professional examinations. To ensure standardized, high-quality instruction, UHS has prepared detailed curricula, trainer manuals, and student handouts for each course with the support of international partners and subject experts. This bold policy shift ensures that every graduating healthcare professional is not only academically qualified but also clinically equipped to respond to real-life emergencies with confidence and competence.

The initiative reflects UHS's commitment to producing a healthcare workforce that meets global standards and serves local needs. With Pakistan facing high rates of preventable deaths due to cardiac arrest, trauma, and perinatal complications, the implementation of structured, certified emergency skills training can be truly transformative. By institutionalizing these courses and supporting them with carefully developed academic resources and certified training programs, UHS is bridging the gap between theoretical knowledge and hands-on, life-saving action—training students not just to treat, but to save lives when every second matters.





# Messages (Excerpts)



"A landmark step under Chief Minister Maryam Nawaz Sharif's leadership is the mandatory certification of six essential life-saving trainings for all final-year students of UHS-affiliated medical, dental, nursing, allied health, and pharmacy colleges—ensuring our graduates are emergency-ready and patient-focused."

**Khawaja Salman Rafique**  
Minister for Specialized Healthcare and Medical Education, Punjab



"UHS's introduction of six mandatory life-saving skill workshops for final-year health students is a timely and transformative step. These essential skills will empower frontline professionals at BHUs, RHCs, and DHQs to act decisively in emergencies—advancing our goal of equitable, quality care across Punjab."

**Khawaja Imran Nazir**  
Minister for Health and Population, Punjab



"UHS has redefined healthcare education by replacing passive instruction with hands-on learning. Embedding clinical preparedness into academics ensures graduates are ready to act in critical moments. Life-saving skills workshops are raising the standard of patient care, and other medical universities should follow this example."

**Maj Gen. Dr. Azhar Mahmood Kayani (R)**  
Advisor to Chief Minister Punjab on Health



"UHS's introduction of six mandatory life-saving skills workshops sets a new national benchmark for clinical readiness and patient safety. This initiative aligns with PMDC's vision of producing competent, compassionate, and emergency-ready healthcare professionals and should become a national standard."

**Prof. Dr. Rizwan Taj**  
President, Pakistan Medical and Dental Council (PMDC)



"Making life-saving skills mandatory for final-year health students marks a shift to competency-based education in Punjab. UHS's initiative ensures graduates are emergency-ready, with critical skills in trauma, resuscitation, and triage—strengthening frontline care where every second counts."

**Azmat Mahmud (PAS)**  
Secretary, Specialized Healthcare and Medical Education Department, Punjab



"UHS's mandatory life-saving skills training for final-year health students is a visionary reform that prepares graduates as effective first responders in emergencies like cardiac arrests and trauma. This is not just academic—it's a public health intervention that will reduce preventable deaths and improve emergency care across Punjab."

**Dr. Farqad Alamgir**  
Chairman, Board of Management, Punjab Institute of Cardiology, Lahore



"UHS's shift to skill-based training marks a vital transformation in medical education—bridging theory and practice to produce competent, patient-ready doctors. This hands-on approach fosters clinical confidence, teamwork, and precision, aligning with global standards and prioritizing patient safety."

**Professor Javed Akram**  
President, Pakistan Society of Internal Medicine



"UHS has made six essential life support trainings mandatory for all MBBS, BDS, Nursing, Pharmacy, and Allied Health Sciences students—ensuring graduates are not only academically sound but clinically prepared to deliver life-saving care. This decision marks a major milestone in aligning healthcare education with international emergency care standards."

**Prof. Dr. Ahsan Waheed Rathore**  
Vice Chancellor, UHS

# Messages (Excerpts)



"This initiative is truly a landmark achievement, not only in its ambition but also in its unprecedented scale of implementation. Neonatal complications remain the leading cause of infant mortality, and skills like trauma response and neonatal resuscitation are not just relevant—they are essential for saving lives."

**Prof. Masood Sadiq**,  
Vice Chancellor, University of Child Health Sciences & President, Pakistan Paediatric Association (PPA)



"Our long-standing partnership with UHS now brings the Cardiac First Response and other life-saving courses to all health sciences disciplines. These evidence-based programs will equip students with essential emergency care skills, supported by international expertise and rigorous quality standards."

**Professor Shane Knox**  
Director of Paramedics, National Ambulance Service College, Dublin, Ireland



"Embedding life-saving skills like CPR and trauma response into undergraduate education fosters a culture of preparedness and civic responsibility. Through the ILEM project, we are shaping confident graduates ready to respond in any crisis—on campus, at work, or in the community."

**Macartan Hughes**  
Paramedicine Lecturer, School of Medicine, University College Cork, Ireland



"UHS has taken a historic step by making life-saving skills mandatory for students of Medicine, Dentistry, Pharmacy, and Allied Health. This initiative will enhance emergency response, inter-professional education, and patient outcomes—marking real progress in skilled, responsive healthcare delivery."

**Maj Gen (Retd) Prof Muhammad Aslam**  
Former Vice Chancellor, University of Health Sciences, Lahore



"UHS has launched a bold and visionary initiative to equip all medical students with neonatal resuscitation and five other essential life-saving skills. This historic step will significantly improve emergency care for mothers and newborns across Pakistan. It is a dream-come-true for pediatric professionals committed to better outcomes in maternal and child health".

**Prof. Dr. Sajid Maqbool**  
Professor Emeritus of Pediatrics, University of Health Sciences, Lahore



"Mandating certified life support training reflects UHS's commitment to producing healthcare professionals who can act swiftly and effectively in emergencies. These structured, evidence-based courses align with global standards and equip students with the practical skills needed to save lives".

**Professor Nadia Naseem**  
Pro Vice Chancellor, University of Health Sciences (UHS), Lahore



"UHS's launch of six essential life-saving skill workshops marks a transformative step in aligning medical education with global standards of emergency care. These trainings will sharpen critical response skills and enhance patient safety. I commend the visionary leadership of Vice Chancellor Prof. Ahsan Waheed Rathore and feel privileged to contribute to the emergency obstetric care curriculum."

**Prof. Tayyiba Wasim**  
Principal, Allama Iqbal Medical College / Jinnah Hospital, Lahore



"UHS's Professional Skills Development Centre proudly leads the rollout of mandatory life support training across all health disciplines. These globally-aligned courses—covering cardiac, trauma, neonatal, and obstetric emergencies—equip students with critical competencies and real-world readiness. The meticulously developed manuals reflect a commitment to excellence in emergency care education."

**Prof. Sarah Ghafoor**  
Director, Professional Skills Development Centre, UHS



# GLIMPSES JULY 25





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**Ellen Mpangananji Thom**

Officer Incharge  
World Health Organization,  
Pakistan



**LAHORE, July 23: WHO Deputy Representative in Pakistan Ms Ellen Mpangananji Thom and UNICEF Pakistan Health Manager Dr Safina Abdullah addressed the audience virtually during the launch of UHS life-saving skills programme. Ms Thom termed the initiative vital for reducing Pakistan's neonatal mortality rate, while Dr Abdullah praised it as a unifying reform with far-reaching impact across the health sector.**

## "Every Student, a Life-Saver"

**Continued from Page 01**

According to UHS, as many as 25,000 students from around 200 affiliated colleges will be trained annually, enabling them to provide emergency aid during cardiac arrests, accidents, and deliveries, potentially saving lives even before professional help arrives.

In the launch ceremony of the faculty training workshops at UHS's Jinnah Campus, noted paediatrician Prof Sajid Maqbool was the chief guest.

WHO's Ellen Mpangananji Thom and UNICEF's Dr Safina Abdullah addressed the event virtually. Thom called Pakistan's neonatal mortality rate the world's highest and praised UHS for taking essential steps to reverse it. Dr Abdullah termed the programme a "reunion of heart and mind" and a potential game-changer for the health sector. UNICEF Punjab's Dr Quratulain Ahmed noted neonatal deaths in Punjab had dropped from 41 to 38 per 1,000 live births, crediting UHS's long-term commitment.

Prof Maqbool called the initiative a "moment of pride." VC Prof Rathore announced training for

3,000 faculty members and projected 50,000 neonatal lives could be saved annually. Prof Masood Sadiq called the initiative "unprecedented," while PPA's Prof Sohail Salat praised the shift from ad hoc to standardized training. Former Health Minister Dr Saeed Elahi and others also attended.

## UHS opens 10th batch of MHPE program

July 8: The University of Health Sciences (UHS) inaugurated the 10th batch of its Master in Health Professions Education (MHPE) programme. At the orientation, Vice Chancellor Prof. Dr. Ahsan Waheed Rathore emphasized the need for medical education to deliver real-world impact, stating that good clinicians stem from quality education. He criticized flawed assessment systems and cautioned against adopting unsuitable foreign concepts like unchecked self-directed learning. Prof. Rathore also urged participants to focus on indigenous research rather than chasing international validation. Pro-Vice Chancellor Prof. Dr. Nadia Naseem guided candidates—many of whom are faculty members from medical and dental institutions—on conducting relevant, action-oriented research.





## Empowering Future Researchers!

The WISER Workshop Series on Scientific Writing in Science for Early Career Researchers has been successfully conducted by the UHS Research & Development Centre under the leadership of Vice Chancellor Professor Ahsan Waheed Rathore. A total of 5 interactive workshops were held from June 16 to July 18, covering the essentials of scientific writing:

1. Formulating Research Questions, Hypotheses & Objectives
2. Research Design & Manuscript Structure
3. Data Analysis & Reference Management
4. Data Collection & Result Write-up
5. Ethical Considerations & Journal Selection

Designed specifically for early career researchers, the series was facilitated by:

Prof Nadia Naseem, Prof Sidrah Saleem, Prof Asif Naveed, Prof Uruj Zahra, Prof Sarah Ghafoor, Prof Sumera Ehsan, Prof Shahzad, Prof Allah Rakha, Mr. Waqas Lateef & Ms. Shagufta Naseem.

## 4th Year MBBS MCQ Bank Development Workshop

July 18: More than 100 senior professors and faculty members from all affiliated medical colleges

participated in the 4th Year MBBS MCQ Bank Development Workshop held at the City Campus. The workshop was organized by the UHS Examination Department and focused on training, query resolution, and collaborative MCQ development to standardize assessments. The session was virtually chaired by the Vice Chancellor Professor Ahsan Waheed Rathore, who appreciated the overwhelming participation and



valuable contributions of the faculty. Pro Vice Chancellor Professor Nadia Naseem also spoke on the occasion. Participants gave positive feedback on the training and collaborative process.





## UHS to launch PhD and evening MSN programs for nurses

July 16: The University of Health Sciences (UHS) will soon launch a PhD in Nursing and an evening Master of Science in Nursing (MSN) program at the College of Nursing, Allama Iqbal Medical College (AIMC), recently declared a constituent college of UHS.

This was announced by UHS Vice Chancellor Prof Ahsan Waheed Rathore during his first formal meeting with the 26-member faculty of the newly merged college. He called the merger a landmark move to elevate nursing education nationally, aiming to make the institution a model nursing college. "This is a leap toward international standards," he said.

Prof Rathore assured faculty that professional development would not be affected; instead, new opportunities would emerge. All UHS allowances and benefits will now apply to the merged faculty. He stressed capacity building, quality assurance, and the elimination of stigma around nursing. The immediate focus will be implementing the new COMPASS curriculum to set national benchmarks.

Pro VC Prof Nadia Naseem, Registrar Kiran Fatima, Director Prof Sumaira Ehsan, and Principal Prof Farzana Iqbal attended. Prof Farzana thanked UHS leadership, calling the merger a step forward for the profession. "The future of nursing is bright," Prof Rathore concluded.



## UHS Faculty Recognized Internationally

Dr. Uruj Zehra, Professor of Anatomy at UHS Lahore, has been recognized by the Orthopaedic Research Society for her pioneering spine research, including the CEDS tool and MRI-based phenotypes. Her global academic journey and leadership in musculoskeletal research highlight UHS's commitment to world-class, Pakistan-originated scientific excellence.





## UHS Forms Faculty Forums for Academic Integration

July 24: The University of Health Sciences (UHS) has launched Inter-Institutional Coordination Committees to strengthen academic collaboration among its over 200 affiliated medical, dental, nursing, and allied health institutions. Structured by subject, these committees—termed “Faculty of Disciplines”—bring together faculty in fields such as Anatomy, Surgery, Medicine, and Pathology. Chairing the inaugural meeting, UHS Vice Chancellor Prof. Ahsan Waheed Rathore called the initiative a “bold and transformative step” towards academic unity and innovation. “UHS is entering a phase that prioritizes collaboration, cohesion, and academic progress,” he said.

The committees will hold monthly meetings at UHS, featuring journal clubs, faculty workshops, CPCs, and curriculum reviews. Faculty members will gain access to UHS labs, research centers, and virtual classrooms, and be eligible for research funding, professional development, and international exchange opportunities.

Pro-Vice Chancellor Prof. Nadia Naseem noted that

these forums will serve as structured platforms for addressing academic challenges, sharing ideas, and advancing curriculum, research, and assessment practices. “They will become problem-solving spaces for faculty across institutions,” she said.

Prof. Rathore added that an activities calendar for the forums will be compiled and notified after Syndicate approval.



## UHS bids farewell to two faculty members

July 22: UHS bid farewell to two long-serving faculty members, Dr Farhat Bano and Ms Ayesha Ghazal, in a ceremony during the AAAC meeting. Dr Bano, former Head of Biochemistry, was praised for her academic contributions, while Ms Ghazal was recognized for her work in Microbiology and examinations. Both received shields and warm wishes.





## UHS awards certificates to summer elective participants

July 3: The University of Health Sciences (UHS) held a certificate distribution ceremony to mark the conclusion of its flagship summer electives program, Medi-Sum 2025. A total of 39 students from various institutions across Punjab were awarded certificates for completing 10-day intensive modules designed to provide hands-on experience and interdisciplinary learning beyond the confines of traditional curricula.

The program, now in its latest edition, featured electives across a diverse range of departments including Anatomy, Microbiology, Pharmacology, Biochemistry, Haematology, Human Genetics & Molecular Biology, Forensic Medicine, Allied Health Sciences, the Research &

Development Centre, and the Professional Skills Development Centre.

Medi-Sum 2025 aimed to enhance students' clinical and professional competencies through laboratory-based learning, interactive workshops, expert mentorship, and exposure to research methodologies. The initiative, according to university spokesperson, was designed to nurture inquiry, critical thinking, and collaborative learning—skills deemed essential for emerging healthcare professionals.

Speaking at the ceremony, UHS Vice Chancellor Prof. Dr. Ahsan Waheed Rathore reaffirmed the university's focus on student-centered learning. "Real learning extends beyond textbooks," he said. "Through programs like Medi-Sum, we aim to instill the values of curiosity, innovation, and teamwork among future health leaders."

Pro-Vice Chancellor Prof. Dr. Nadia Naseem, in her remarks, highlighted the reciprocal value of such initiatives. "These programs are not just educational for students, they're also a learning experience for us as educators," she noted, expressing the university's commitment to expanding such academic engagements in future editions. Students shared positive feedback, lauding the program and urging UHS to consider longer modules in the future.







## UHS Intensive Hematology Training to Boost Diagnostic and Clinical Skills

July 4: The University of Health Sciences (UHS) Lahore concluded its four-day hematology course titled "Core Concepts in Hematology", aimed at enhancing diagnostic expertise among medical professionals. Launched on July 1, the course combined expert-led lectures with daily hands-on lab training, covering key topics such as bone marrow reporting, CBC interpretation, immunohematology, coagulation testing, and pediatric transfusion thresholds.

UHS Vice Chancellor Prof. Dr. Ahsan Waheed Rathore, inaugurating and later closing the course, emphasized restoring clinical credibility through structured, competency-based training. He criticized gaps in fundamental diagnostic skills and called for integrating ethical and technical rigor into academic programs. Over 30 participants from across Pakistan attended.

Sessions were conducted by senior faculty, including Prof. Dr. Shabnam Basheer, Prof. Dr. Nisar Ahmed, Prof. Dr. Ayisha Imran, and others. Topics spanned flow cytometry, hemoparasite detection, bleeding assessment tools, and ethical practices. Hands-on training was led by Prof. Dr. M. Asif Naveed and his team in the UHS Hematology Lab. Participants praised the structured format and personalized feedback.

