



UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Psychiatry for review of MD synopses to be held on **Monday, 25th May 2026** at **10:00 a.m.** in University of Health Sciences, Lahore.

Agenda Of Meeting

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Raiha Ashraf	Dr. Faiza Ather Postgraduate Medical Institute, Lahore	24-Apr-25	Comparison of the efficacy of antipsychotic monotherapy and antipsychotic combined with celecoxib in managing drug-naïve schizophrenia: A prospective comparative study
2.	Dr. Ayesha Qaiser	Dr. Faiza Ather Postgraduate Medical Institute, Lahore	11-Nov-25	Comparison of efficacy and safety of pregabalin and velafaxine -XR in the treatment of generalized anxiety disorder
3.	Dr. Bushra Shahid	Dr. Faiza Ather Postgraduate Medical Institute, Lahore	12-Nov-25	Comparison of outcomes of olanzapine and aripiprazole augmentation with selective serotonic reuptake inhibitors in treatment resistant major depressive disorder
4.	Dr. Mohsin Ali	Professor Dr. Sadia Yasir Allama Iqbal Medical College/ Jinnah Hospital, Lahore	15-Apr-26	Effectiveness of Mindfulness-Based Intervention in Reducing Psychosocial Distress Among Medical Students Residing in Hostel: A Randomized Controlled Trial
5.	Dr. Mahnoor Fatima	Dr. Owais Kareem Associate Prof. of Psychiatry, Nishtar Medical University & Hospital, Multan	22-Apr-26	A Comparative Study of the Efficacy of Risperidone and Aripiprazole in First Episode Psychosis
6.	Dr. Sadaf Sardar	Dr. Ghulam Hassan Associate Prof. of Psychiatry Punjab Institute of Mental Health, Lahore	5-Mar-26	Impact of Brief Psychological Intervention Adjunctive with Ongoing Pharmacotherapy in Patients with Common Mental Disorders. A Randomized Control Trial.
7.	Dr. Yumna Naeem	Dr. Sadia Yasir Associate Prof. Head of Dept. Psychiatry Allama Iqbal Medical College/ Jinnah Hospital, Lahore	13-Feb-26	Effect of Treatment as usual Plus Problem Management Plus versus Treatment as Usual Alone in Improving Quality of Life of Patients with Depressive Illness

Note:

*All proposed Supervisors who do not have Supervisory Certificate as per UHS eligibility criteria are requested to complete their deficiencies mandatorily within **six months**, failure of which may lead to deferral of synopsis of their candidate(s) in the subsequent submission.*



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Agenda of the Meeting of Speciality Advisory Committee in Psychiatry for review of MD synopses to be held on **Thursday, 10th April 2025 at 10:30 a.m.** in University of Health Sciences, Lahore.

Agenda Of Meeting

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Amna Riaz 2020-21	Dr. Rana Mozammil Shamsheer Khan Assistant Professor of Psychiatry Khawaja Muhammad Safdar Medical College, Sialkot	11-Jun-24 Count: 01	Comparative efficacy of cognitive behaviour therapy versus usual care in patients with substance use disorder
2.	Dr. Awais Manzoor 2021-22	Dr. Sumira Qambar Bokhari Associate Professor of Psychiatry Services Institute of Medical Sciences, Lahore	24-Oct-24 Count: 02	Comparison of efficacy and safety of olanzapine and haloperidol in the treatment of substance induced psychosis
3.	Dr. Nawal Tariq 2022-23	Dr. Nauman Mazhar Associate Professor of Psychiatry Punjab Institute of Mental Health, Lahore	19-Nov-24 Count: 01	Comparison of clozapine with combination of two antipsychotic drugs in treatment resistant schizophrenia
4.	Dr. Bushra Shahid 2023-24	Dr. Faiza Ather Associate Professor of Psychiatry Postgraduate Medical Institute, Lahore	3-Dec-24 Count: 01	Comparison of outcomes of olanzapine and aripiprazole augmentation with selective serotonin reuptake inhibitors in treatment-resistant major depressive disorder



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Agenda of the Meeting of Speciality Advisory Committee in Psychiatry for review of MD synopses to be held on **Monday, 30th January 2023** at **11:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Title
1.	Dr. Shoaib Ahmed	Prof. Niaz Maqsood Head, Department of Psychiatry Quaid-e-Azam Medical College Bahawalpur	Impact of family counselling to reduce caregiving burden in care givers of schizophrenic patient
2.	Dr. Iqra Naeem	Dr. Rizwan Farooq Assistant Professor, Department of Psychiatry & Behavioural Sciences Postgraduate Medical Institute Lahore	Comparison of efficacy of quetiapine alone versus quetiapine plus lamotrigine in the treatment of depressive episode of bipolar I and II disorder
3.	Dr. Huma Kanwal (Revised)	Dr. Altaf Qadir Khan Ex-Head, Department of Psychiatry & Behavioural Sciences Postgraduate Medical Institute Lahore	Comparison of efficacy of aripiprazole versus risperidone augmentation of selective serotonin reuptake inhibitors for treatment of resistant obsessive compulsive disorder-: A randomized controlled trial
4.	Dr. Rida Aslam	Prof. Abdul Shakoor, Head, Head, Department of Psychiatry Shaikh Zayed Postgraduate Medical Institute, Lahore	Comparison of efficacy of olanzapine with haloperidol in terms of symptomatic improvement in patients with treatment naïve schizophrenia



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Agenda of the Meeting of Speciality Advisory Committee in Psychiatry for review of MD synopses to be held on **Wednesday, 20th April 2022** at **11:00 a.m.** in University of Health Sciences, Lahore.

Sr. No.	Name of Candidate	Supervisor	Title
	Dr. Farhana Ashraf		Comparison of efficacy of minocycline and celecoxib as adjunctive treatment in treatment resistant cases of major depressive disorder: A Randomized Controlled Trial
2.	Dr. Huma Kanwal	Prof. Altaf Qadir Khan Professor of Psychiatry Postgraduate Medical Institute/ Lahore General hospital, Lahore	Comparison of efficacy of aripiprazole versus quetiapine augmentation of selective serotonin reuptake inhibitors for treatment of obsessive compulsive disorder: A Randomized Controlled Trial
3.	Dr. Syed Rafeh Ali Bokhari		Effectiveness and safety of aripiprazole versus bupropion augmentation in patients with treatment resistant depression: A Randomized Control Trial
4.	Dr. Maria Butt	Dr. Rana Mozamml Shamsheer Khan Assistant Professor of Psychiatry Khawaja Muhammad Safdar Medical College/Allama Iqbal Memorial Teaching Hospital, Sialkot	Comparing the influence of antidepressant treatment on glycemic control in patients with comorbid depression and diabetes



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Agenda of the Meeting of Speciality Advisory Committee in Psychiatry for review of MD synopses to be held on **Monday, 4th March 2024 at 11:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
1.	Dr. Momina Sheikh 2019-20	Dr. Syed Muntazir Mehdi Assist Prof of Psychiatry Sahiwal Medical College, Sahiwal	02-Feb-23	Comparison of improvement in aggression in the patients of conduct disorder treated with haloperidol vs risperidone
2.	Dr. Maham Iqbal 2020-21	Dr. Nabeel Ibad Head, Dept of Psychiatry, Sheikh Zayed Medical College, Laohre	28-Aug-23	Comparative safety and effect of vortioxetine versus escitalopram on cognitive functions and depressive symptoms in adult patients with major depressive disorder
3.	Dr. Awais Manzoor 2021-22	Dr. Sumira Qambar Bukhari Head, Dept of Psychiatry Services Institute of Medical Sciences, Lahore	31-Aug-23	Comparison of efficacy and safety of olanzapine and haloperidol in the treatment of substance induced psychosis
4.	Dr. Sadia Iqbal 2022-23	Dr. Faiza Ather Assist Prof of Psychiatry Postgraduate Medical Institute, Lahore	09-Feb-24	Comparsion of efficacy of vortioxetine and escitalopram in improving cognitive function in patients with major depressive disorder



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Agenda Of Meeting

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Amna Riaz 2020-21	Dr. Rana Mozammil Shamsheer Khan Assistant Professor of Psychiatry Khawaja Muhammad Safdar Medical College, Sialkot	11-Jun-24 Count: 01	Comparative efficacy of cognitive behaviour therapy versus usual care in patients with substance use disorder
2.	Dr. Awais Manzoor 2021-22	Dr. Sumira Qambar Bokhari Associate Professor of Psychiatry Services Institute of Medical Sciences, Lahore	24-Oct-24 Count: 02	Comparison of efficacy and safety of olanzapine and haloperidol in the treatment of substance induced psychosis
3.	Dr. Nawal Tariq 2022-23	Dr. Nauman Mazhar Associate Professor of Psychiatry Punjab Institute of Mental Health, Lahore	19-Nov-24 Count: 01	Comparison of clozapine with combination of two antipsychotic drugs in treatment resistant schizophrenia
4.	Dr. Bushra Shahid 2023-24	Dr. Faiza Ather Associate Professor of Psychiatry Postgraduate Medical Institute, Lahore	3-Dec-24 Count: 01	Comparison of outcomes of olanzapine and aripiprazole augmentation with selective serotonin reuptake inhibitors in treatment-resistant major depressive disorder



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Agenda of the Meeting of Speciality Advisory Committee in Psychiatry for review of MD synopses to be held on **Friday, 5th July 2024 at 10:00 a.m.** in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Date of Submission	Title
	Dr. Asif Ali 2022-23	Dr. Hafiz Shafique Ahmad Associate Professor of Psychiatry Nishtar Medical University, Multan	5-Mar-24 Count: 01	Efficacy of escitalopram versus venlafaxine in treatment naïve patients with depression presenting at a tertiary care hospital: A comparative study
2.	Dr. Hafsa Tasleem 2022-23	Dr. Hafiz Shafique Ahmad Associate Professor of Psychiatry Nishtar Medical University, Multan	6-May-24 Count: 01	Comparison of efficacy of sertraline versus desvenlafaxine in treatment of patients with depression presenting at a tertiary care hospital
3.	Dr. Anees Fatima 2022-23	Dr. Nauman Mazhar Associate Professor of Psychiatry Punjab Institute of Mental Health, Lahore	24-Apr-24 Count: 01	To compare the efficacy of carbamazepine and valproate in treatment of bipolar mania
4.	Dr. Maham Haroon 2022-23	Dr. Nauman Mazhar Associate Professor of Psychiatry Punjab Institute of Mental Health, Lahore	13-Jun-24 Count: 01	A comparative study of impact of factors among patients with substance abuse who relapsed vs those who maintained abstinence among patients treated at Punjab Institute of Mental Health
5.	Dr. Aina Sajid 2022-23	Dr. Farasat Ali Dogar Associate Professor of Psychiatry Punjab Institute of Mental Health, Lahore	24-Apr-24 Count: 01	Comparative efficacy of escitalopram versus cognitive behavior therapy in treating generalized anxiety disorder: a randomized clinical trial
6.	Dr. Mona Ali 2021-22	Dr. Ammara Butt Associate Professor of Psychiatry Allama Iqbal Medical Hospital, Lahore	11-Jun-24 Count: 01	Comparison of efficacy of escitalopram versus bupropion in patients with major depressive disorder